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# Antipsychotic Medications

## Model Curriculum

American Society for Clinical  
Psychopharmacology

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# Learning Objectives

- Residents will identify the major target symptoms of schizophrenia treatment
- Residents will become familiar with conventional and atypical antipsychotic medications
- Residents will recognize the major side effects of antipsychotic medications
- Residents will recognize the unique features of clozapine and depot antipsychotics

# Pretest



- 
1. Negative symptoms of schizophrenia include:
    - a. Auditory hallucinations
    - b. Blunted affect
    - c. Depressed mood
    - d. Persecutory delusions
    - e. Thought disorganization



# Pretest

- 
2. Clinical efficacy of antipsychotic medications is highly correlated with:
- a. Dopamine D1 binding
  - b. Dopamine D2 binding
  - c. Serotonin binding
  - d. The ratio of D1/D2 binding
  - e. The ratio of D2/serotonin binding
-

# Pretest

- 
3. Clozapine is unique among antipsychotics in that it:
- a. Has greater efficacy
  - b. Has fewer side effects
  - c. Is a dopamine D2 partial agonist
  - d. Is FDA approved for treatment of bipolar mania
  - e. Has a more favorable safety profile
-

# Pretest

- 
4. Which first-line atypical antipsychotic has the lowest risk of extrapyramidal side effects?
- a. Aripiprazole
  - b. Olanzapine
  - c. Quetiapine
  - d. Risperidone
  - e. Ziprasidone
-

# Pretest

- 
5. Which of the following atypical antipsychotics has the lowest risk of metabolic complications?
- a. Clozapine
  - b. Olanzapine
  - c. Quetiapine
  - d. Risperidone
  - e. Ziprasidone
-

# Outline

- Schizophrenia and Its Treatment
  - Clinical description and target symptoms
  - Dopamine hypothesis
- Antipsychotic medications
- Efficacy of antipsychotics
- Side effects of antipsychotics
  - Extrapyramidal symptoms
  - Metabolic syndrome
  - Cardiovascular
  - Tardive dyskinesia
  - Mortality
- Antipsychotic selection and treatment strategies



# Schizophrenia and Its Treatment



# Definition



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Schizophrenia is a chronic or recurrent disorder characterized by

- Periods of psychosis
- Long-term functional deterioration



# Symptom Subtypes in Schizophrenia

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## Positive Symptoms

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- Delusions
- Hallucinations
- Thought Disorganization
- Catatonia

## Cognitive Deficits

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- Memory
- Attention
- Language
- Executive Function

## Negative Symptoms

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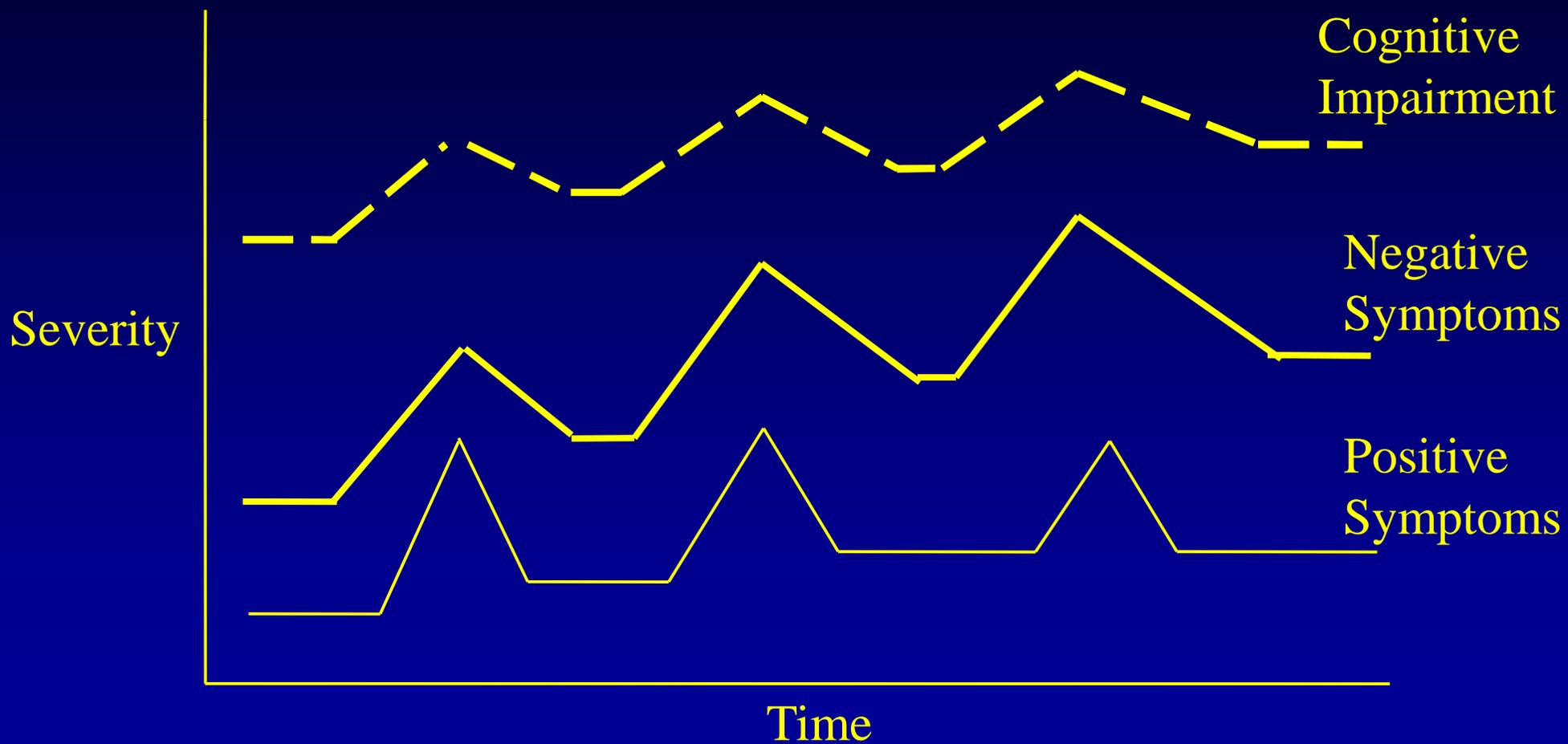
- Blunted Affect
- Anhedonia/Asociality
- Alogia
- Inattention
- Avolition/Apathy

## Mood Symptoms

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- Depression
  - Dysphoria
  - Suicidality
- 
- 

# Course of Symptom Subtypes



# Contributions to Functional Impairment

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Positive Symptoms

Negative Symptoms

Social/Occupational Dysfunction

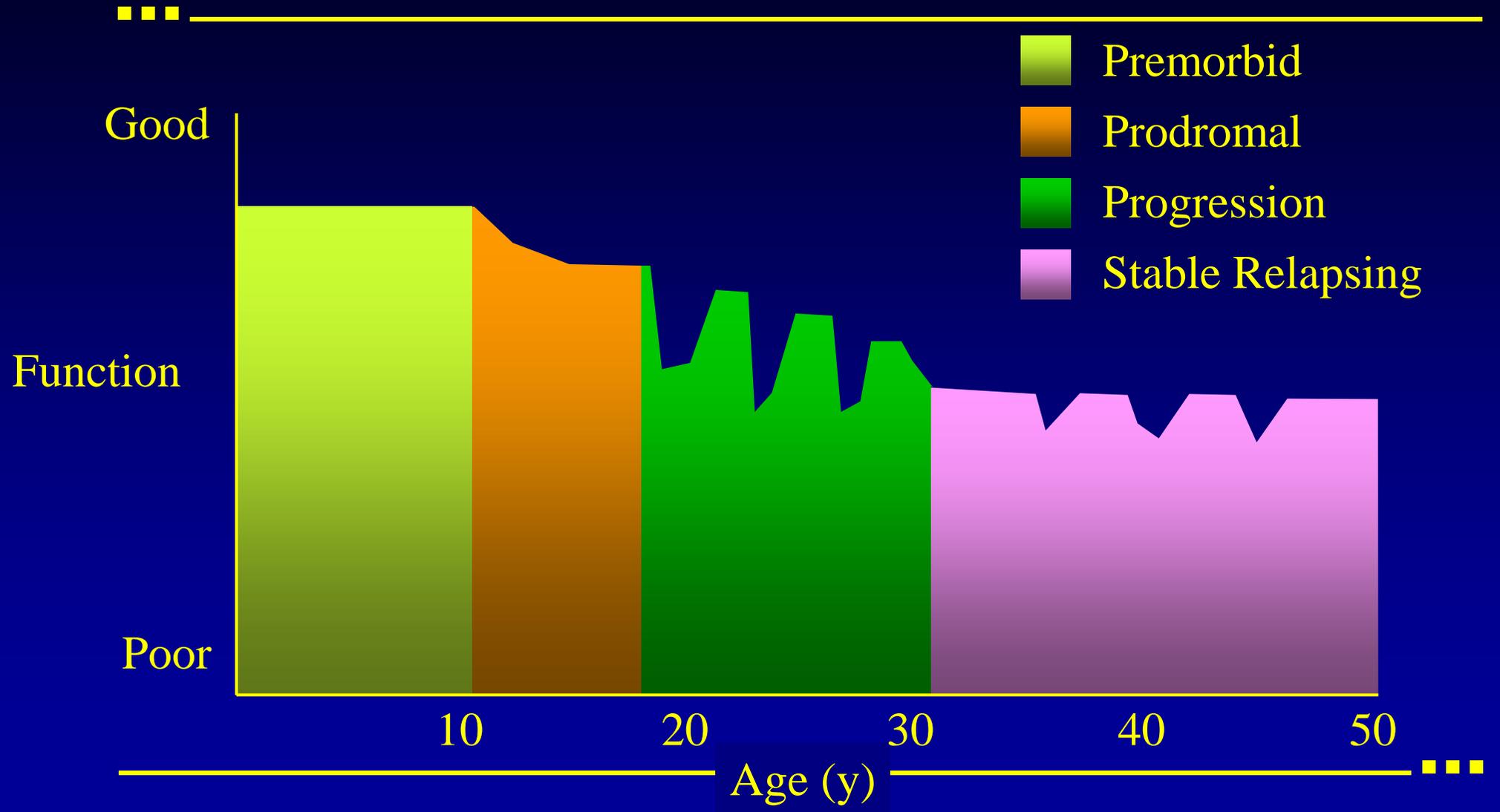
- work
- interpersonal relationships
- self care

Cognitive Symptoms

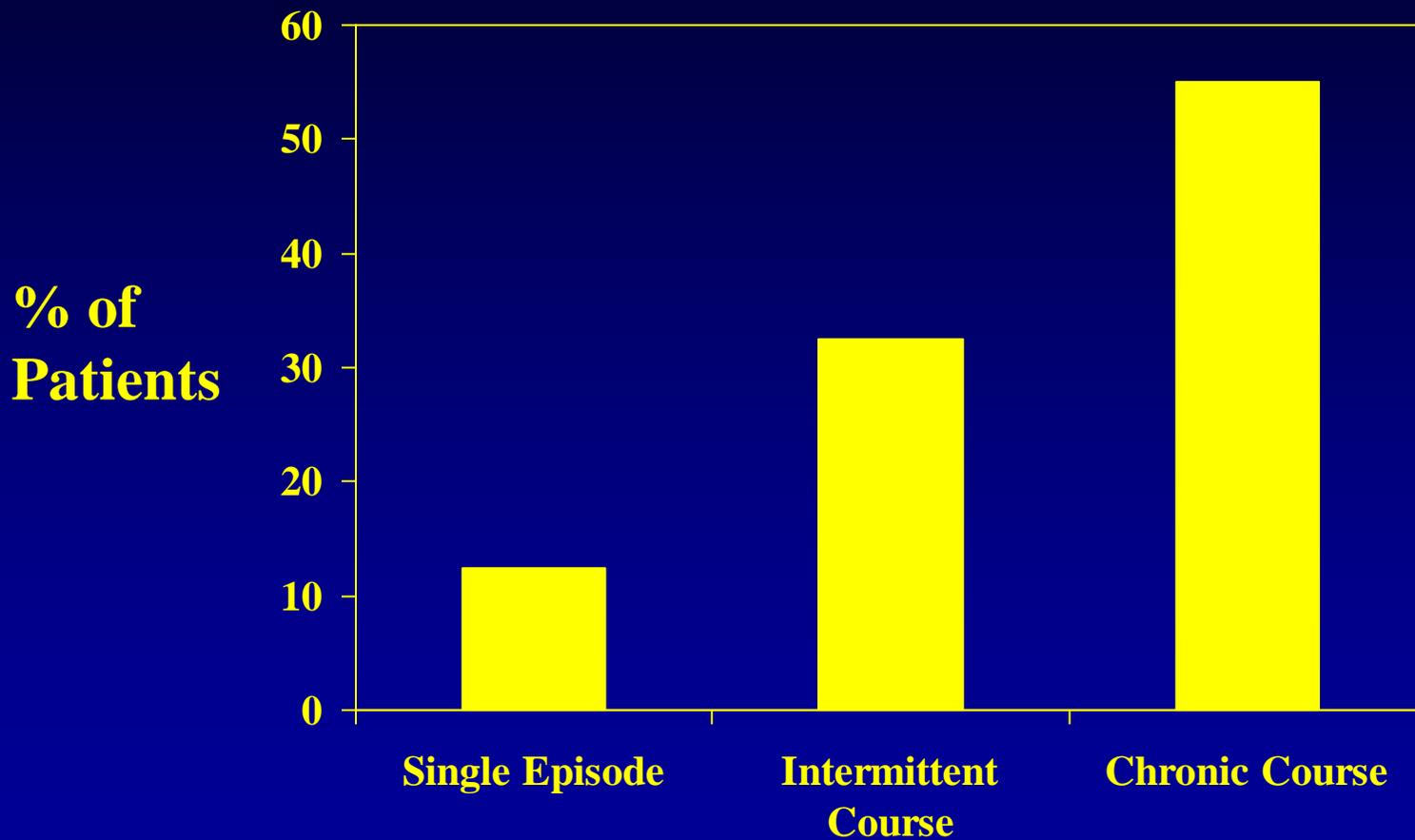
Mood Symptoms

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# Natural History of Schizophrenia

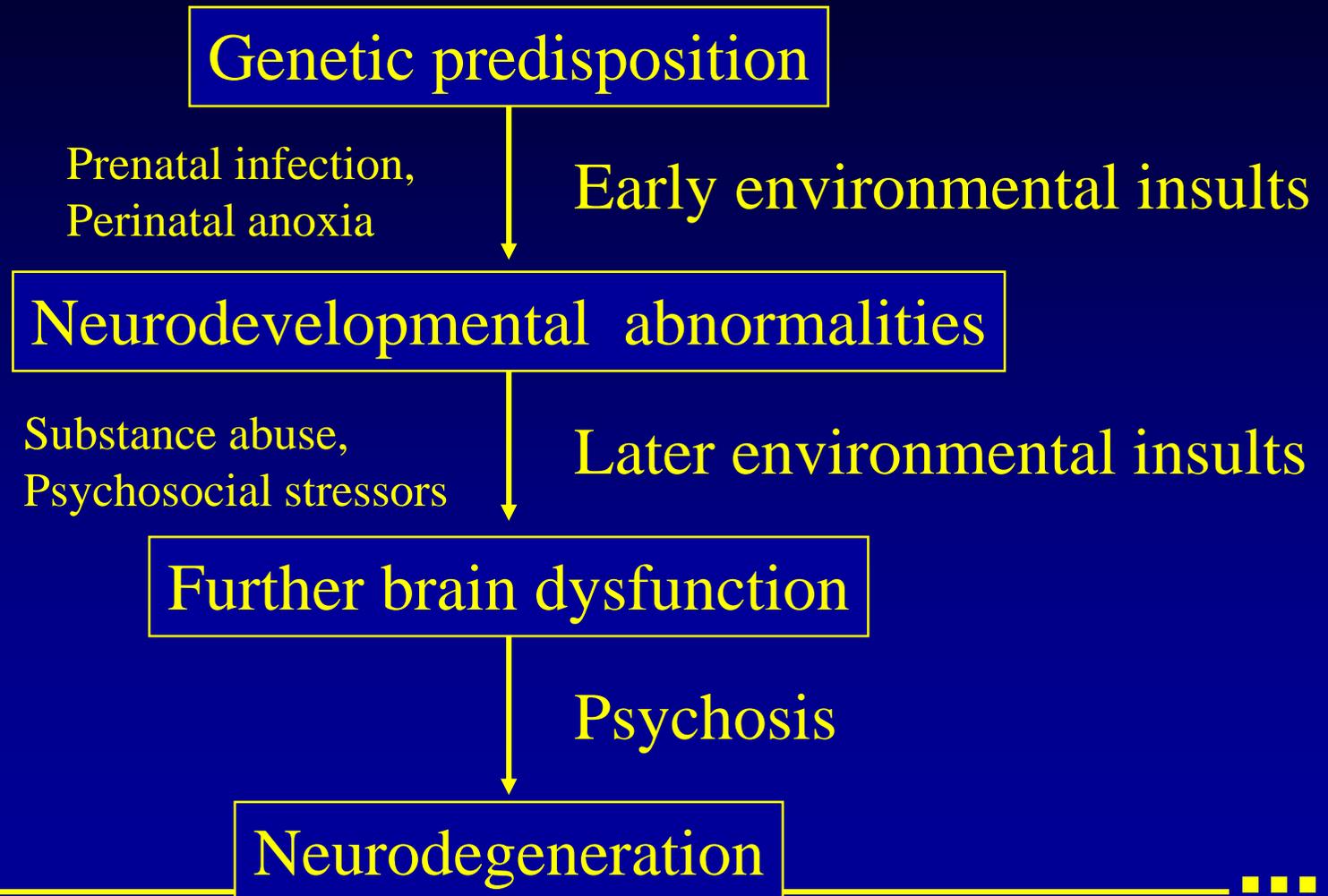


# Natural History of Schizophrenia



# Etiology of Schizophrenia

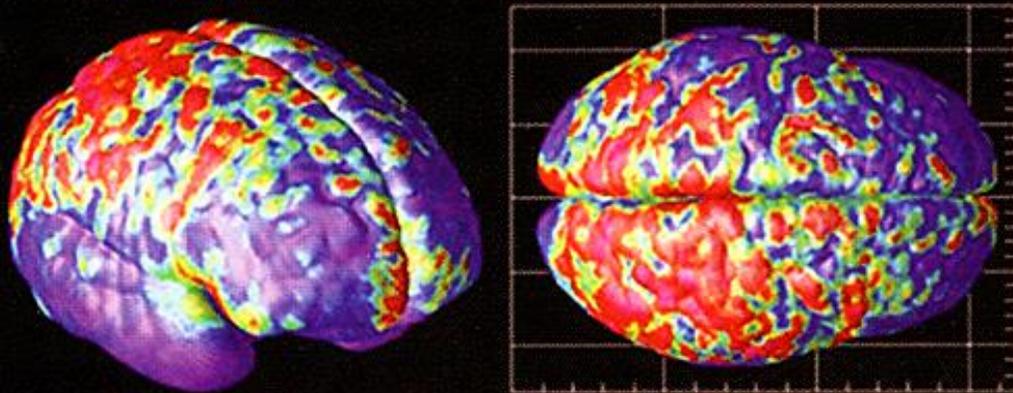
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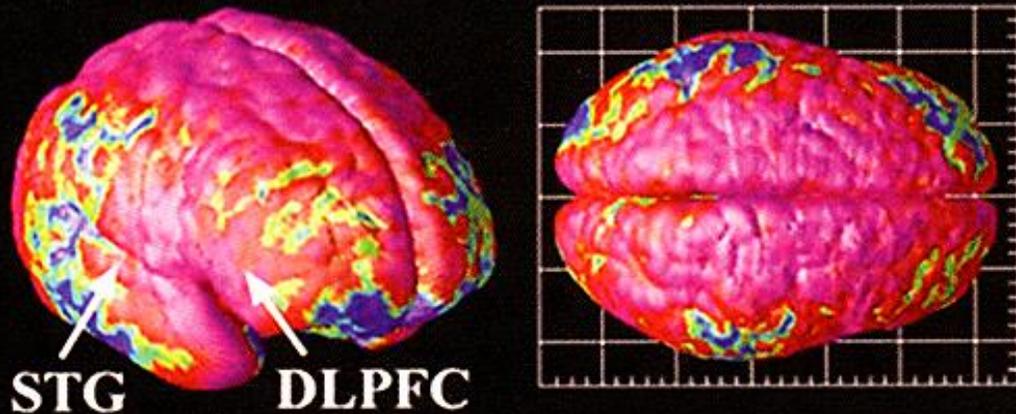
# Structural Abnormalities in Schizophrenia

## *Early and Late* Gray Matter Deficits in Schizophrenia

### EARLIEST DEFICIT



### 5 YEARS LATER (SAME SUBJECTS)



STG

DLPFC

Average  
Deficit



Thompson  
et al., 2001

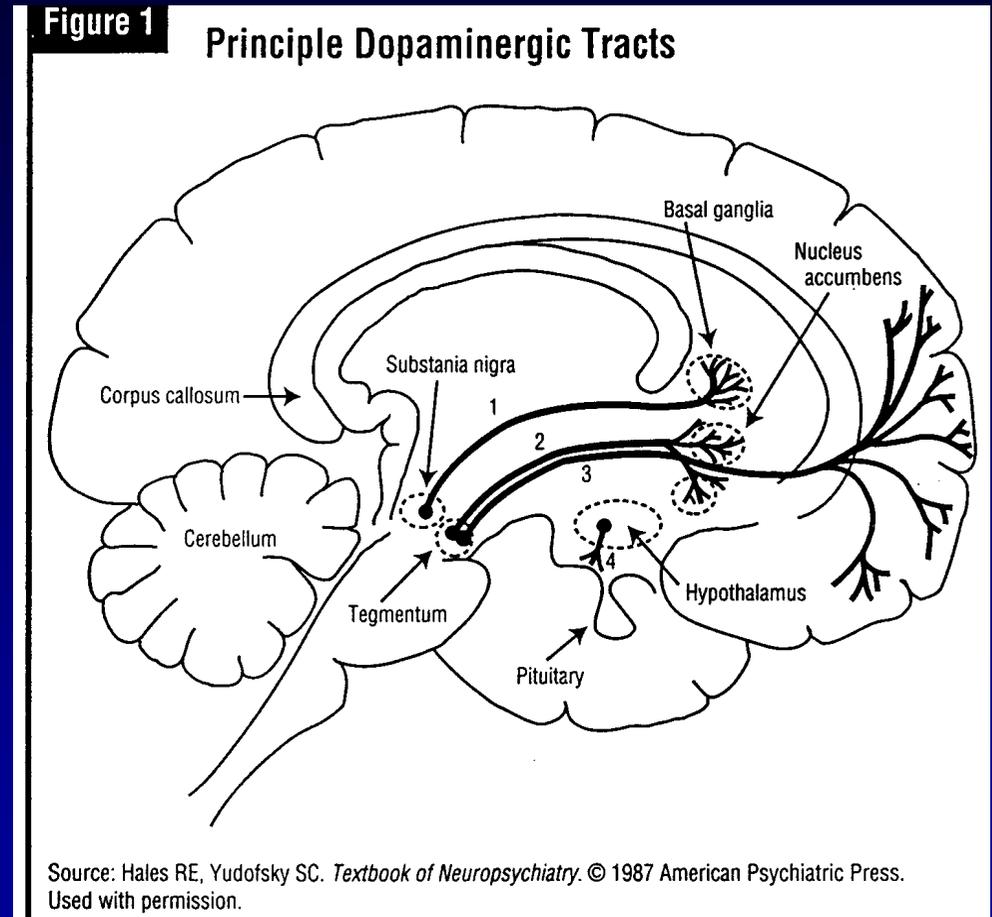
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# Dopamine Hypothesis of Schizophrenia

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# Major Dopamine Pathways

1. Nigrostriatal tract- (extrapyramidal pathway) begins in the substantia nigra and ends in the caudate nucleus and putamen of the basal ganglia
2. Mesolimbic tract - originates in the midbrain tegmentum and innervates the nucleus accumbens and adjacent limbic structures
3. Mesocortical tract - originates in the midbrain tegmentum and innervates anterior cortical areas
4. Tuberoinfundibular tract - projects from the arcuate and periventricular nuclei of the hypothalamus to the pituitary



# Dopamine Hypothesis

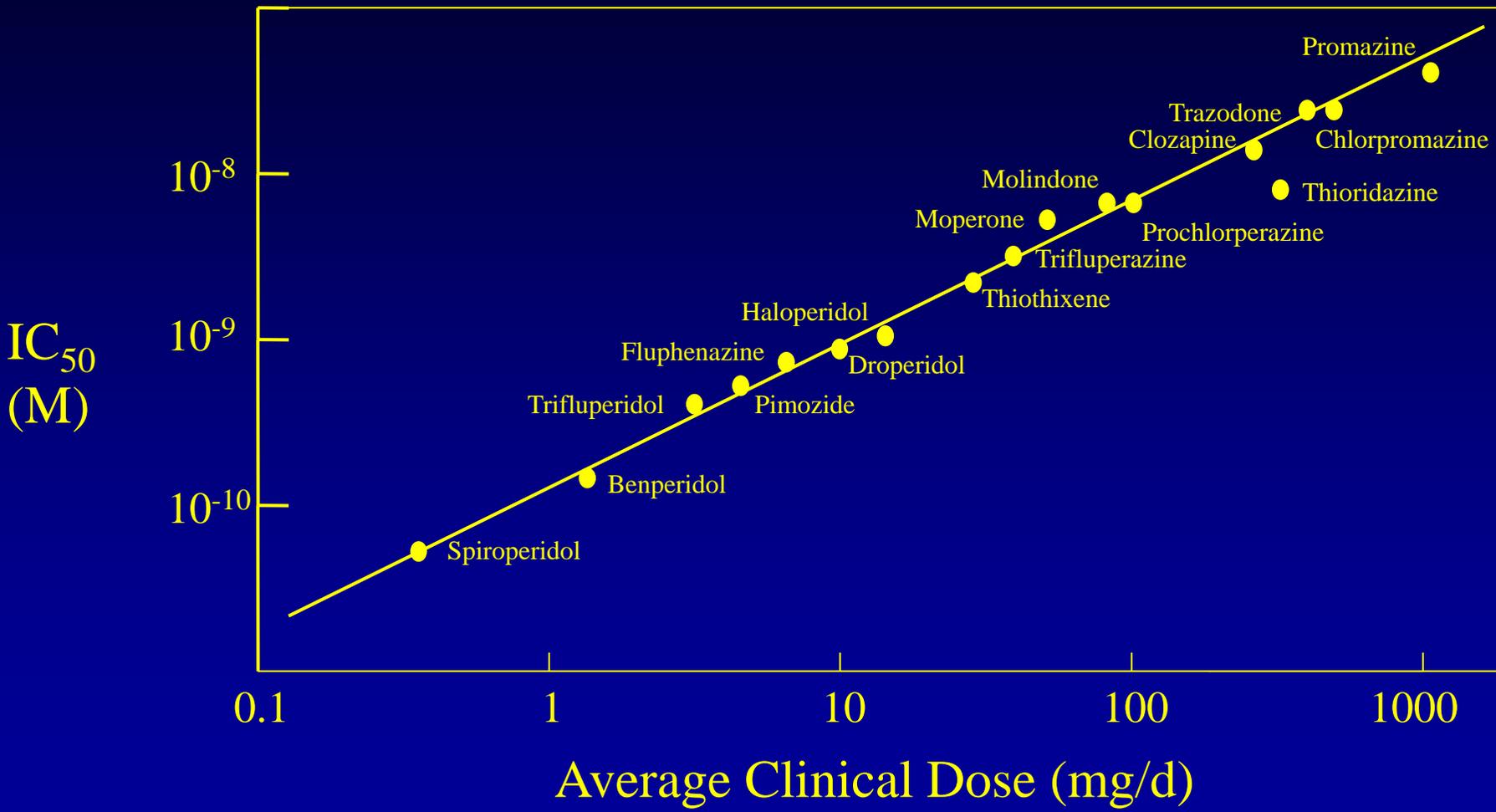


- 
- Clinical efficacy of antipsychotics correlates with dopamine D<sub>2</sub> blockade
  - Psychotic symptoms can be induced by dopamine agonists



\*

# Clinical Efficacy and Dopamine D<sub>2</sub> Blockade



Seeman P, Synapse 1987:1:133

# Dopamine Hypothesis



- 
- Normal subjects have 10% of dopamine receptors occupied at baseline
  - Schizophrenic subjects have 20% of dopamine receptors occupied at baseline



# Dopamine Receptor Subtypes

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## D<sub>1</sub> Family

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- D<sub>1</sub> and D<sub>5</sub> receptors
- Poor correlation with antipsychotic activity
- D<sub>1</sub> family may modulate effects of D<sub>2</sub> family

## D<sub>2</sub> Family

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- D<sub>2</sub>, D<sub>3</sub>, D<sub>4</sub> receptors
  - High correlation with antipsychotic activity
  - D<sub>4</sub> is prominent in limbic structures, but absent from extrapyramidal pathways
  - Atypical antipsychotics have high D<sub>4</sub> affinity
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# Dopamine D<sub>2</sub> Effects



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## Possible Benefit

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- Antipsychotic effect

## Possible Side Effects

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- EPS
  - dystonia
  - parkinsonism
  - akathisia
  - tardive dyskinesia
- Endocrine changes:
  - prolactin elevation
  - galactorrhea
  - gynecomastia
  - menstrual changes
  - sexual dysfunction



# Dopamine and Antipsychotics

- 
- 65% D<sub>2</sub> receptor occupancy is required for efficacy
  - 80% D<sub>2</sub> receptor occupancy is correlated with EPS
  - Shorter time of D<sub>2</sub> receptor occupancy is correlated with lower EPS

# Dopamine Hypothesis



Subcortical  
Dopamine  
Excess



D<sub>2</sub>  
Hyperstimulation



Positive  
Symptoms



# Dopamine Hypothesis

■ ■ ■  
Prefrontal  
Dopamine  
Deficit



D<sub>1</sub> & D<sub>2</sub>  
Hypostimulation



Cognitive  
& Negative  
Symptoms  
■ ■ ■

# Negative Symptoms

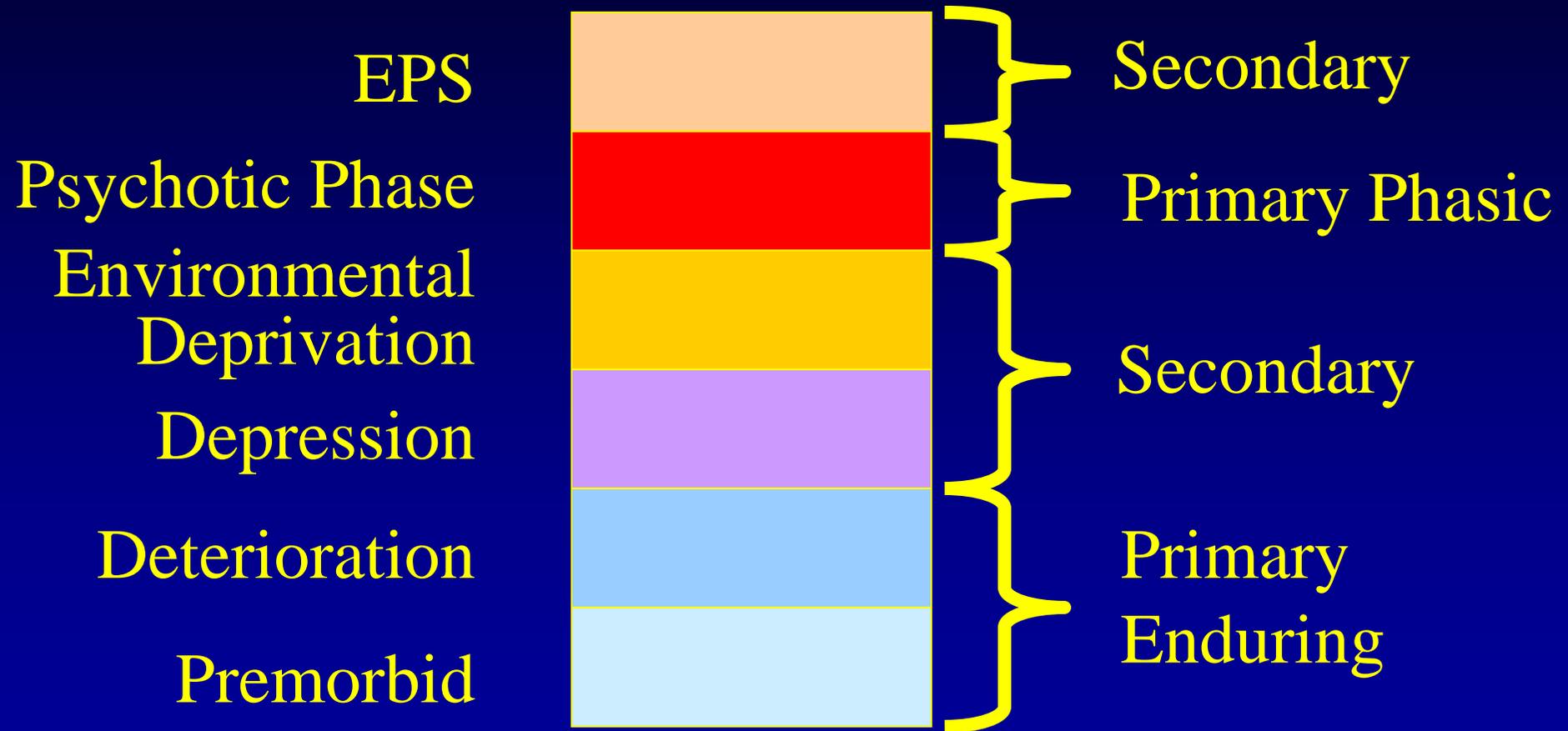


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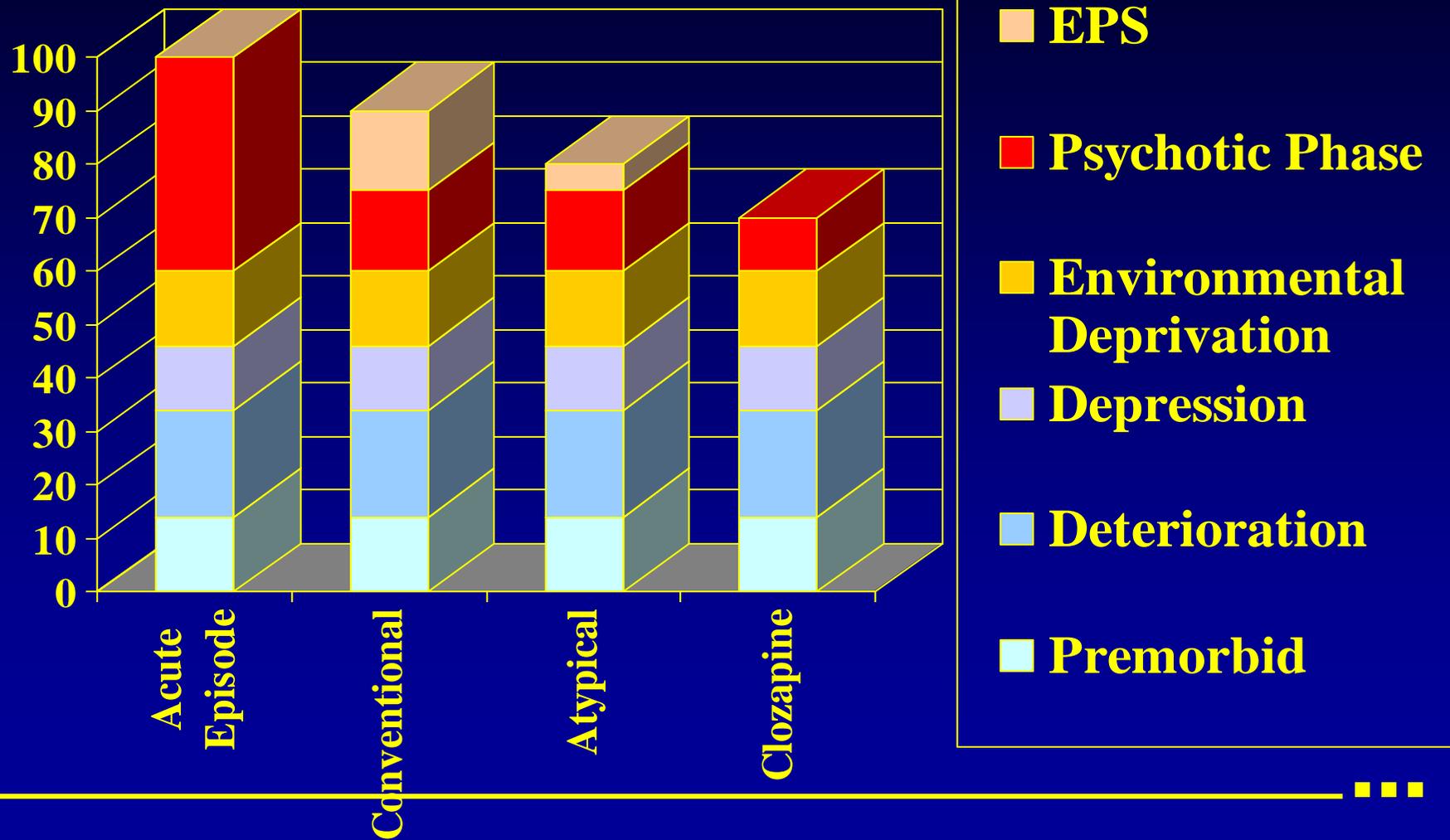
How do antipsychotics improve negative symptoms?



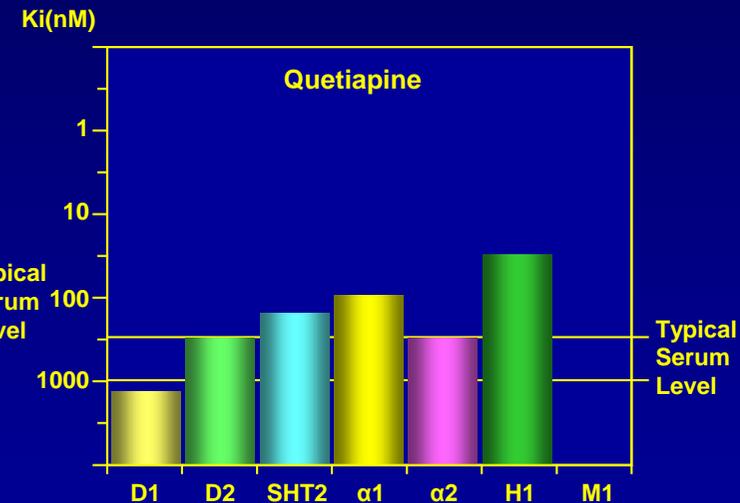
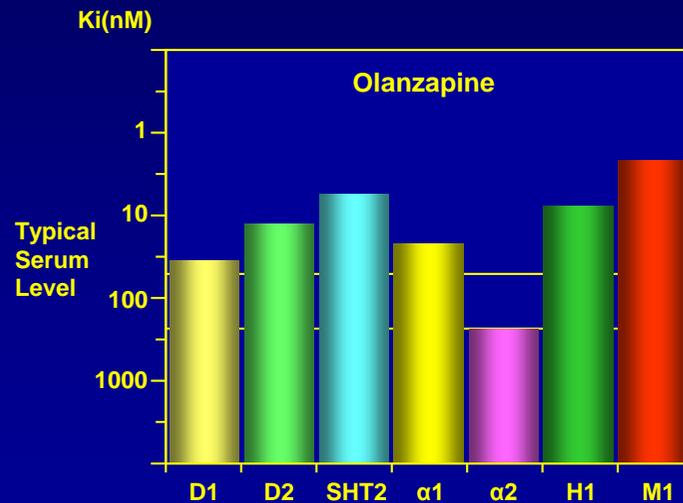
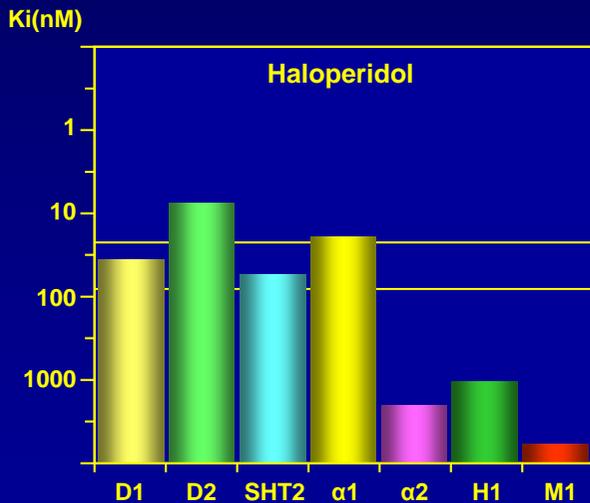
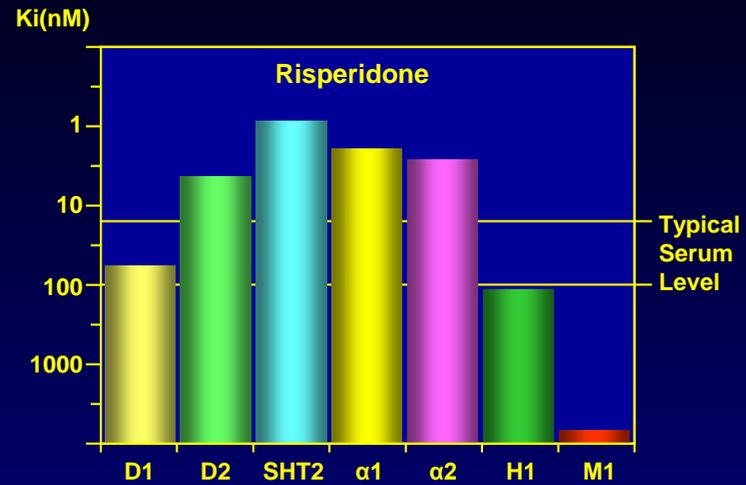
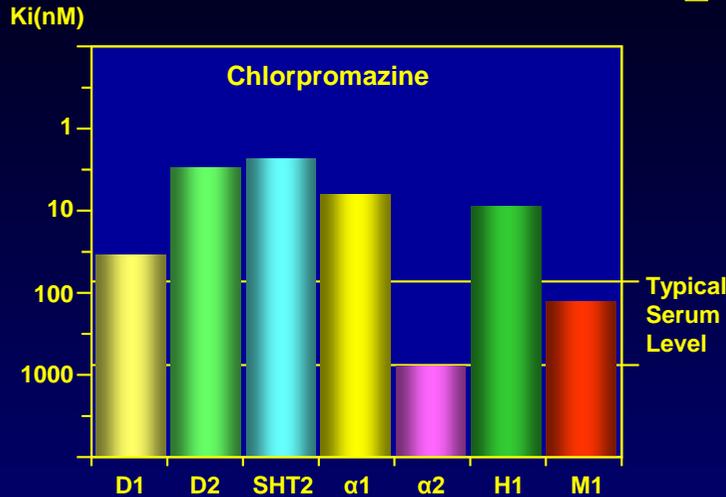
# Negative Symptom Components



# Negative Symptom Components



# Receptor Profiles



Adapted from Jibson MD & Tandon R, J Psychiatric Res 1998;32, 215. Data from Beasley et al. (1996a, 1996b), Saller and Salama (1993), Seeger et al. (1995), Baldessarini and Frankenburg (1991), Thyrum et al. (1996), Dahl (1986), Heykants et al. (1994).

# Serotonin

- Atypical antipsychotics are high in serotonin activity
  - Serotonin agonists (e.g., LSD) produce psychotic symptoms
  - Dopaminergic activity is modulated by serotonin  
*but*
  - Studies of serotonin in the brains of schizophrenic patients have been equivocal
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■ ■ ■

# Pharmacologic Treatment of Schizophrenia

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■ ■ ■

# Target Symptoms



- 
- Active psychosis
    - most common reason for hospitalization
    - most responsive to medications
  - Negative symptoms
    - poor response to medication
    - progress most rapidly during early acute phases of illness



# Target Symptoms



- 
- Cognitive impairment
    - may be improved or worsened by medications
  - Functional deterioration
    - Highly correlated with cognitive symptoms
    - Moderately correlated with negative symptoms
    - Occurs mostly during acute episodes, which can be prevented by medications





# Antipsychotic Medications



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# FDA Approved Indications for Antipsychotic Medications

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## Adults

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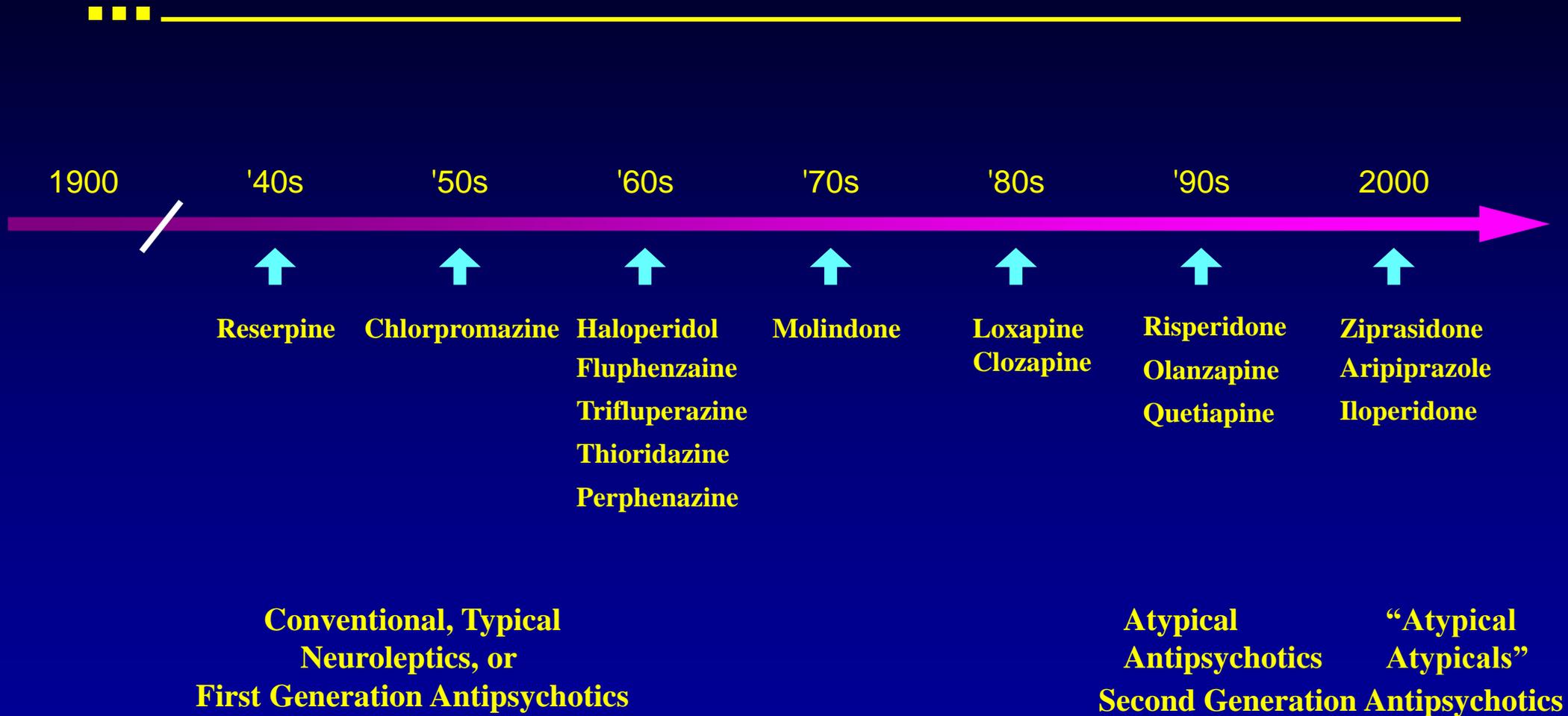
- Schizophrenia (acute and maintenance)
- Bipolar disorder (acute mania, maintenance, bipolar depression)
- Agitation associated with schizophrenia or bipolar disorder

## Children and Adolescents

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- Schizophrenia
  - Autism
- 
- ■ ■

# The Evolution of Antipsychotic Medications



# \* Conventional Antipsychotic Medications (Neuroleptics)

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- Chlorpromazine (Thorazine) introduced in 1952
  - Several classes (phenothiazines, butyrophenones, thioxanthenes, indoles, benzamides, etc) introduced in the 1950s and 1960s
  - Principal pharmacological activity is D<sub>2</sub> blockade
  - Variable activity at H<sub>1</sub>, M<sub>1</sub>, and α<sub>1</sub> receptors
  - High risk of EPS and tardive dyskinesia
-

# \* Conventional Antipsychotic Medications (Neuroleptics)

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## High Potency

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- High EPS risk
  - Weaker anticholinergic effects
  - Most common agents
    - Haloperidol (Haldol)
    - Fluphenazine (Prolixin)
    - Perphazine (Trilafon)
    - Thiothixine (Navane)
-

\*  

# Conventional Antipsychotic Medications

## High Potency

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• **Advantages**

- Injectable formulations (including IV)
- Depot formulations
- Inexpensive

• **Disadvantages**

- High risk of EPS
  - High risk of tardive dyskinesia
-

# \* Conventional Antipsychotic Medications (Neuroleptics)

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## Low Potency

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- Lower EPS risk
- Stronger anticholinergic effects
- Most common agents
  - Chlorpromazine (Thorazine)
  - Thioridazine (Mellaril)
  - Mesoridazine (Serentil)



# \* Conventional Antipsychotic Medications

## Low Potency

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- Advantages
    - Highly sedating
    - Injectable formulations
    - Inexpensive
  - Disadvantages
    - High risk of QTc prolongation
    - High risk of tardive dyskinesia
-

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# Atypical Antipsychotics (Second Generation Antipsychotics)

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- Developed on the basis of receptor activity in addition to D<sub>2</sub> blockade
  - Fewer EPS
  - Decreased incidence of tardive dyskinesia
-

# Atypical Antipsychotics

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- Broader spectrum of activity
  - Some benefit for negative and cognitive symptoms
- Beneficial for treatment-refractory patients (clozapine only)

# Atypical Antipsychotics



- 
- Aripiprazole (Abilify)
  - Olanzapine (Zyprexa)
  - Paliperidone (Invega)
  - Quetiapine (Seroquel)
  - Risperidone (Risperdal)
  - Ziprasidone (Geodon)
  
  - Clozapine (Clozaril) – Second-line use only



# Aripiprazole



- 
- Advantages
    - Unique pharmacology (partial agonist)
    - Disintegrating tablet and injectable formulations
    - Long half-life
  - Disadvantages
    - Unpredictable response when combined with dopamine antagonists
    - Moderate-high cost



# Olanzapine



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- Advantages

- Extensive clinical experience
- Superior retention in maintenance treatment (CATIE)
- Disintegrating tablet and injectable forms

- Disadvantages

- High risk of weight gain and metabolic syndrome
- High cost



# Paliperidone



- 
- Advantages
    - Does not require hepatic metabolism
    - Extended-release formulation
  - Disadvantages
    - Dose-dependent EPS
    - Moderate risk of weight gain
    - Prolactin elevation
    - Limited clinical experience



# Quetiapine



- 
- Advantages
    - Lowest EPS risk
    - Rapid onset of action
    - Sedating
  - Disadvantages
    - Longer dose titration
    - Moderate risk of weight gain
    - Moderate-high cost



# Risperidone



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- Advantages

- Extensive clinical experience
- Liquid, disintegrating tablet, and depot preparations
- Relatively low cost

- Disadvantages

- Dose-dependent EPS
- Moderate risk of weight gain
- Prolactin elevation



# Ziprasidone



- 
- Advantages
    - Low risk of weight gain
    - Low risk of sexual dysfunction
    - Relatively low cost
    - Injectable formulation
  - Disadvantages
    - Twice-daily dosing with meals
    - QTc prolongation



# Clozapine

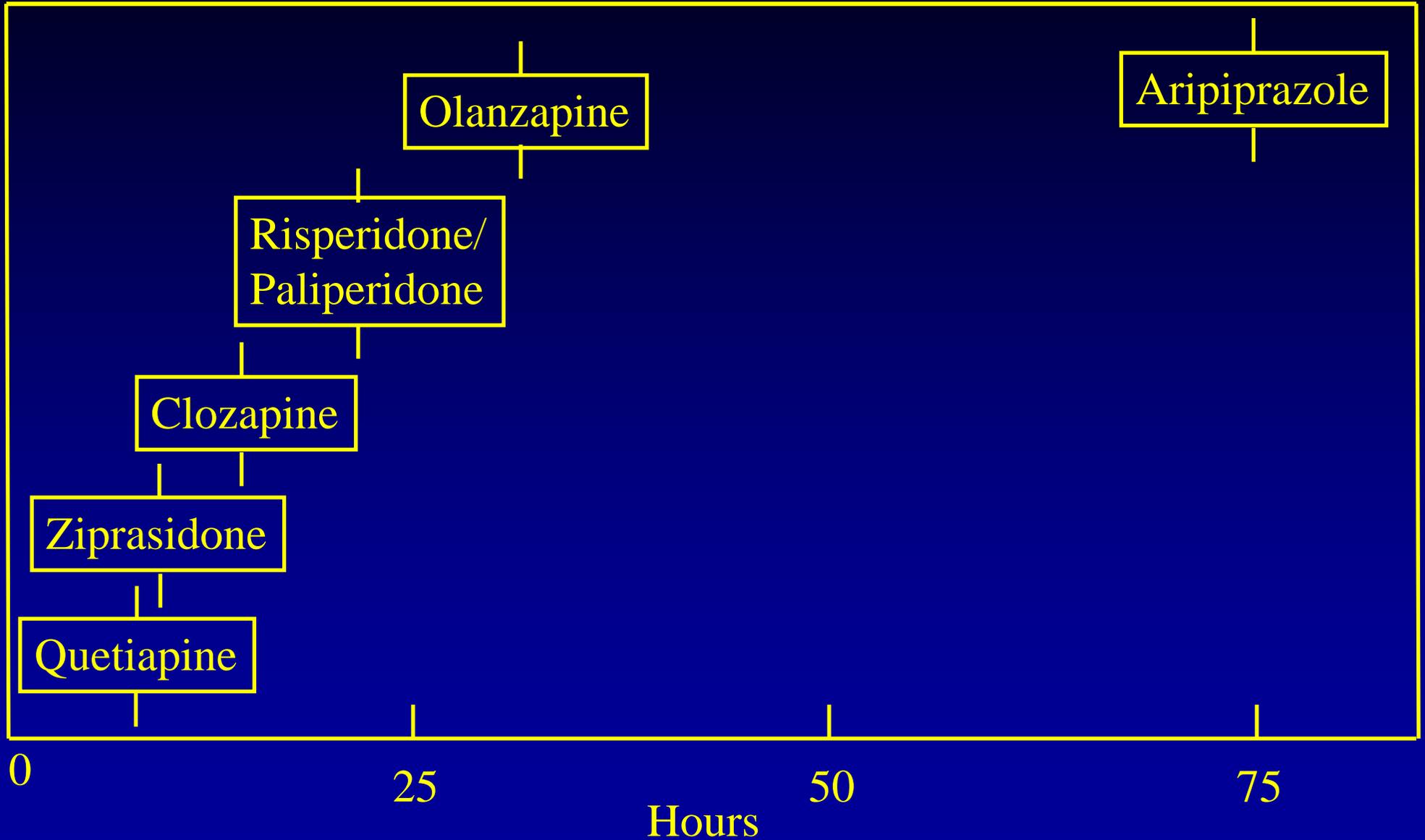
- Advantages

- Effective for 30-50% of treatment-refractory patients
- Most effective for negative symptoms
- Only proven treatment for TD

- Disadvantages

- Risk of agranulocytosis
- Weekly, biweekly, or monthly blood draws
- Unfavorable side effect profile

# Elimination Half-Times



# Depot Antipsychotics



- 
- Haloperidol (Haldol) decanoate
  - Fluphenazine (Prolixin) decanoate
  - Risperidone depot (Risperdal Consta)



# Depot Antipsychotics



- 
- Advantages
    - Ensured compliance
    - Lower total doses compared with oral medication may reduce side effects
  - Disadvantages
    - Poor patient acceptance
    - Minimal flexibility in dosing



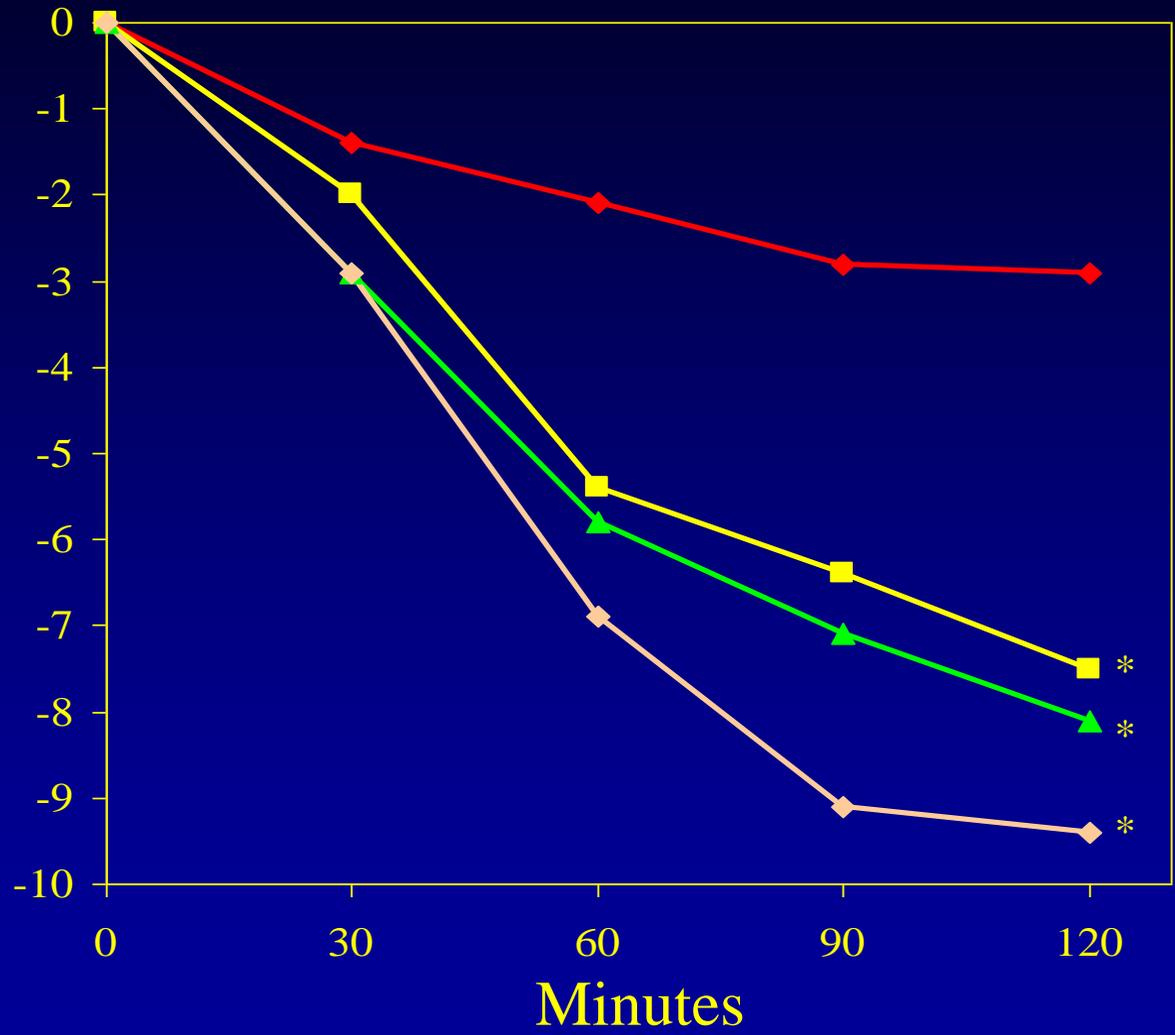


# *Efficacy of Antipsychotics*



# Injectable Olanzapine for Acute Agitation

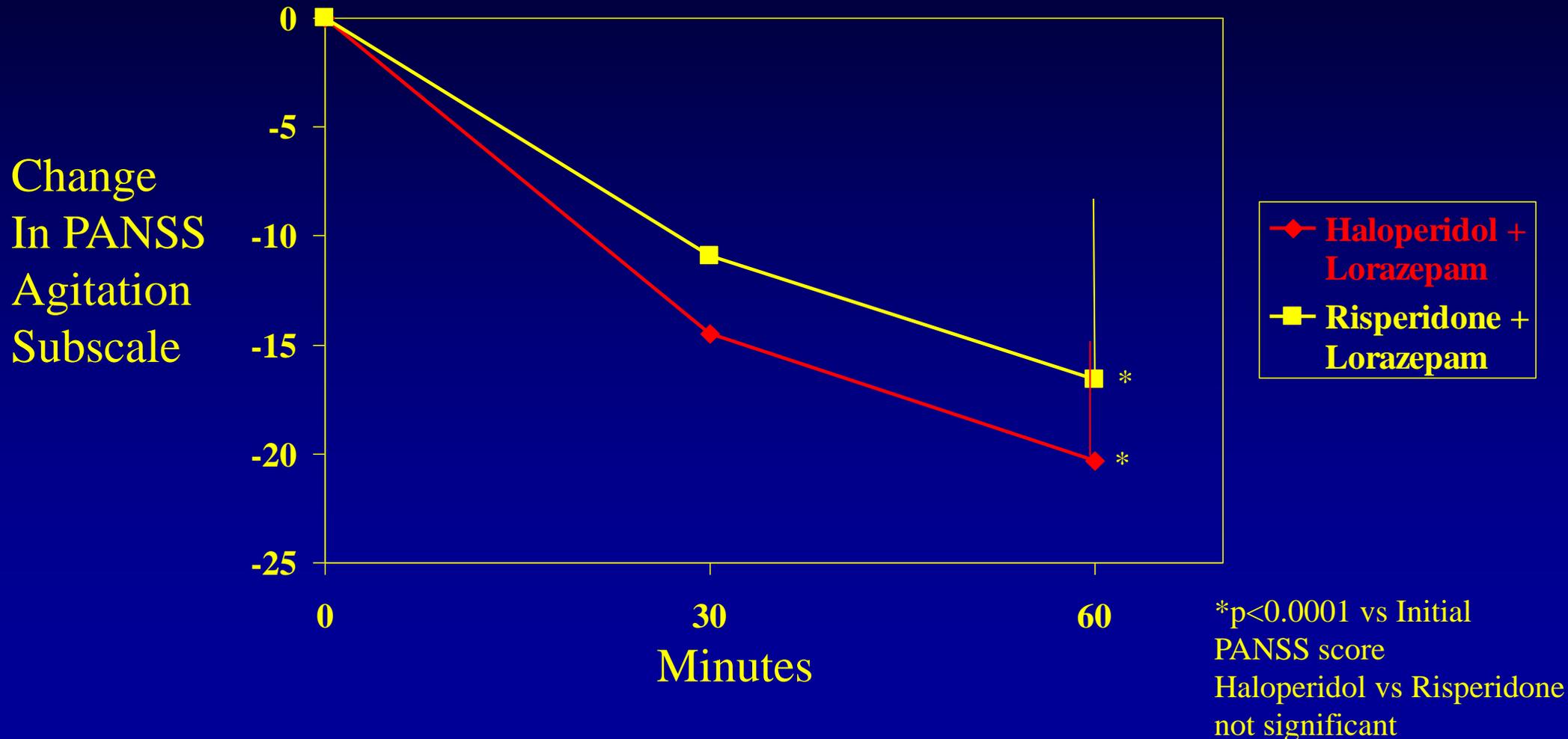
Change  
In PANSS  
Agitation  
Subscale



\*p<0.001 vs Placebo

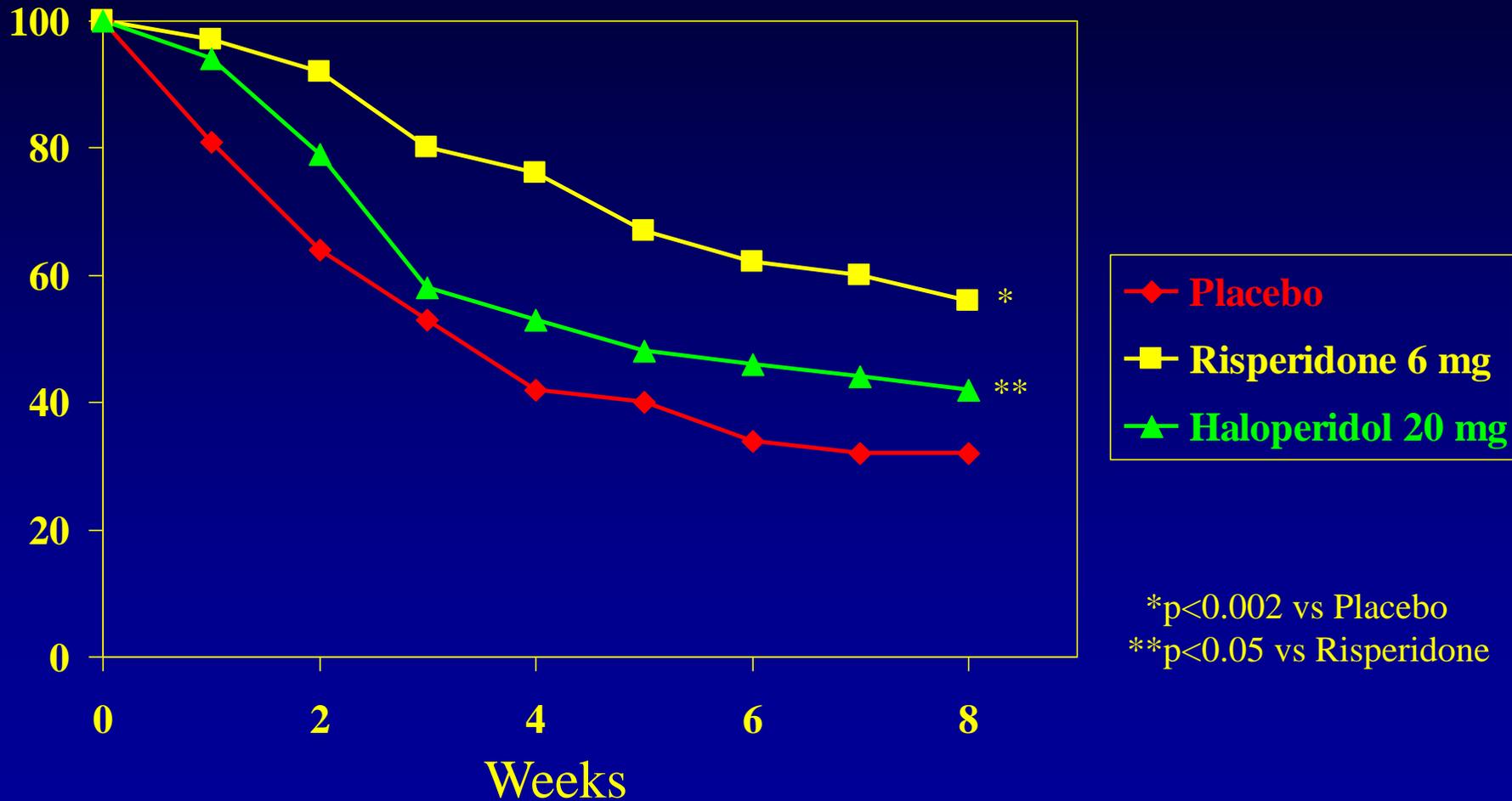
Olanzapine vs Haloperidol  
not significant

# Oral Risperidone vs IM Haloperidol for Acute Agitation



# Risperidone for Short-term Treatment

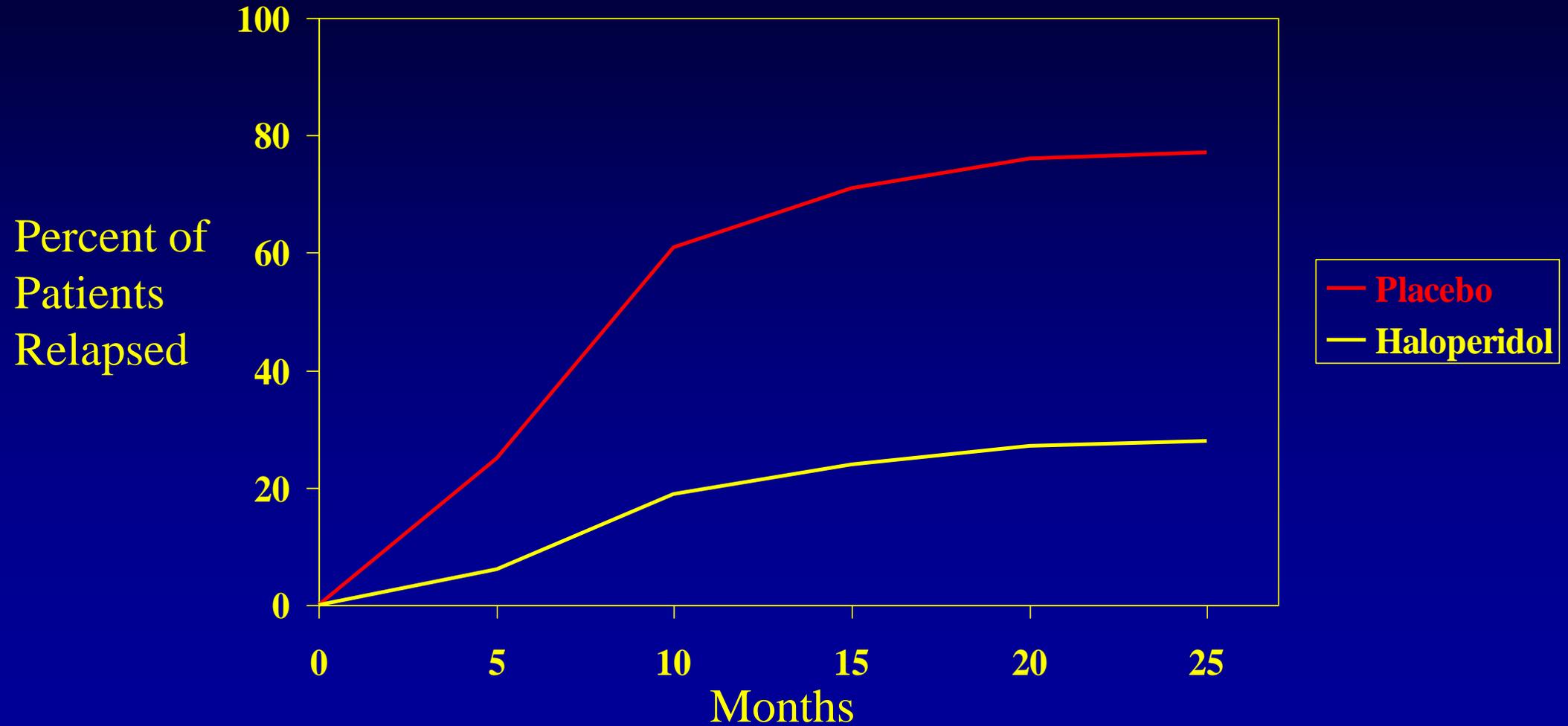
Percent of Patients Remaining In Study



\*p<0.002 vs Placebo  
\*\*p<0.05 vs Risperidone

\*

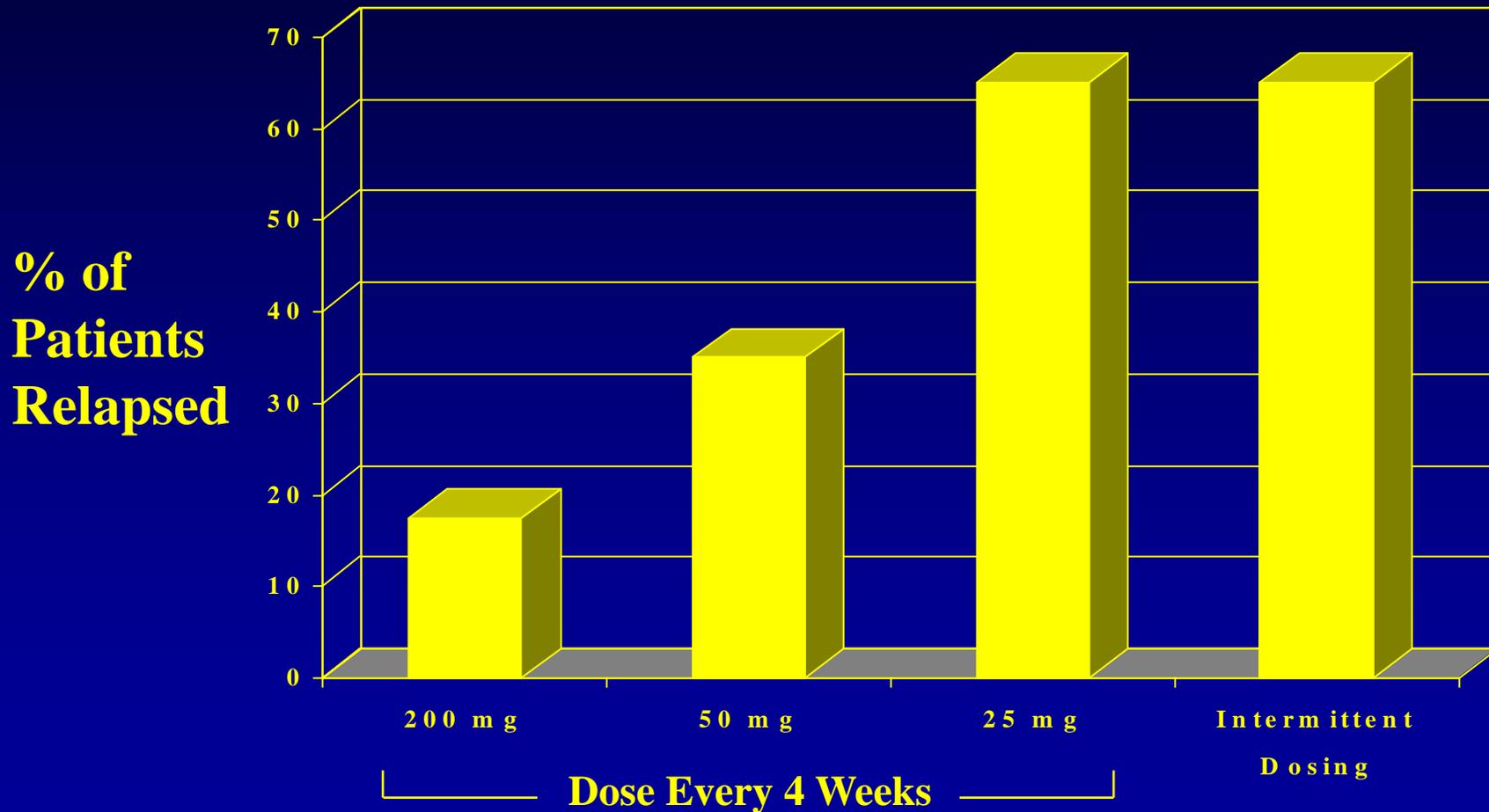
# Haloperidol for Long-term Prevention of Relapse



\*

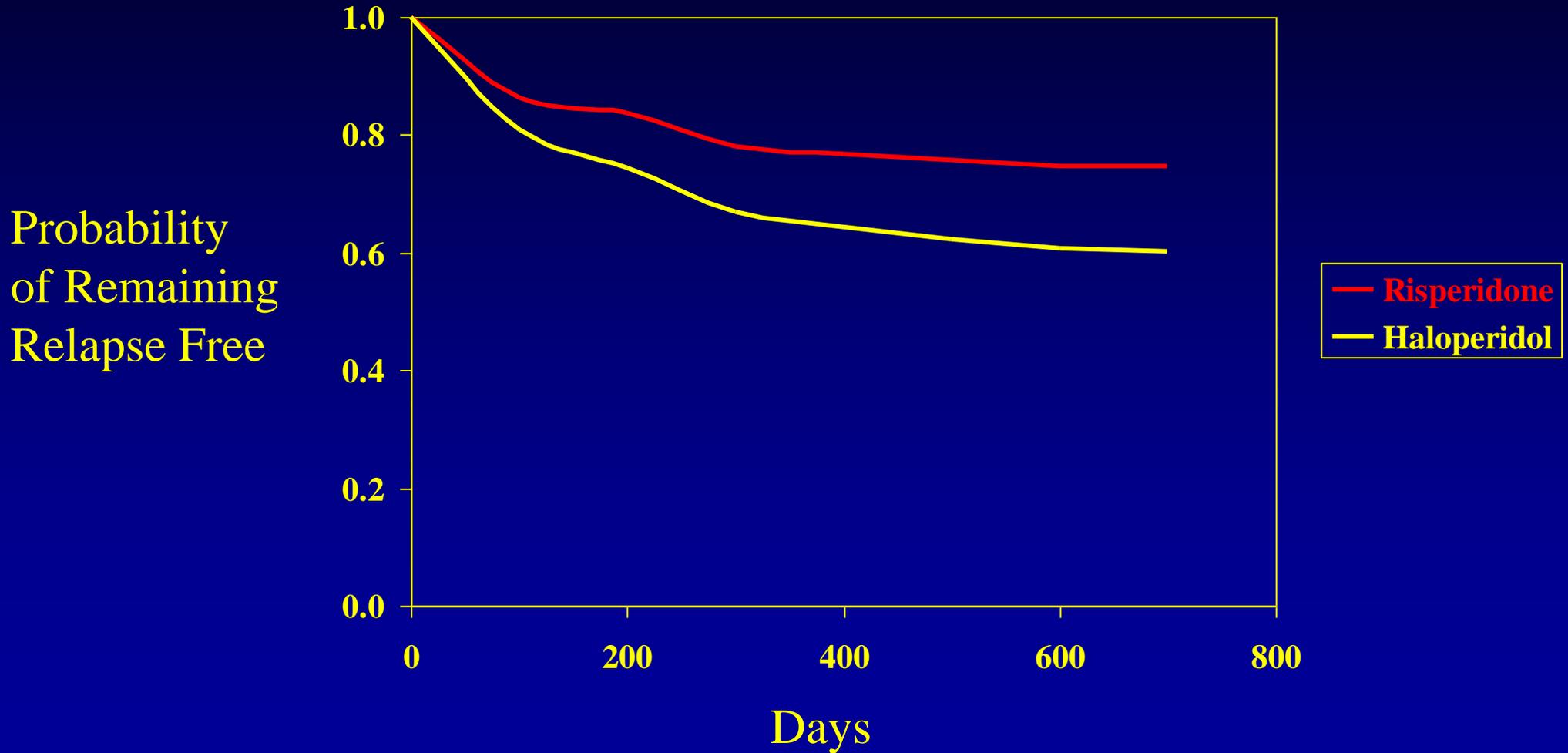
# Relationship between Medication Dose and Relapse

## 1 Year of Haloperidol Decanoate Treatment



\*

# Risperidone for Long-term Prevention of Relapse



# Mean Change in PANSS Score at 2 Years

P-Value

.001

.004

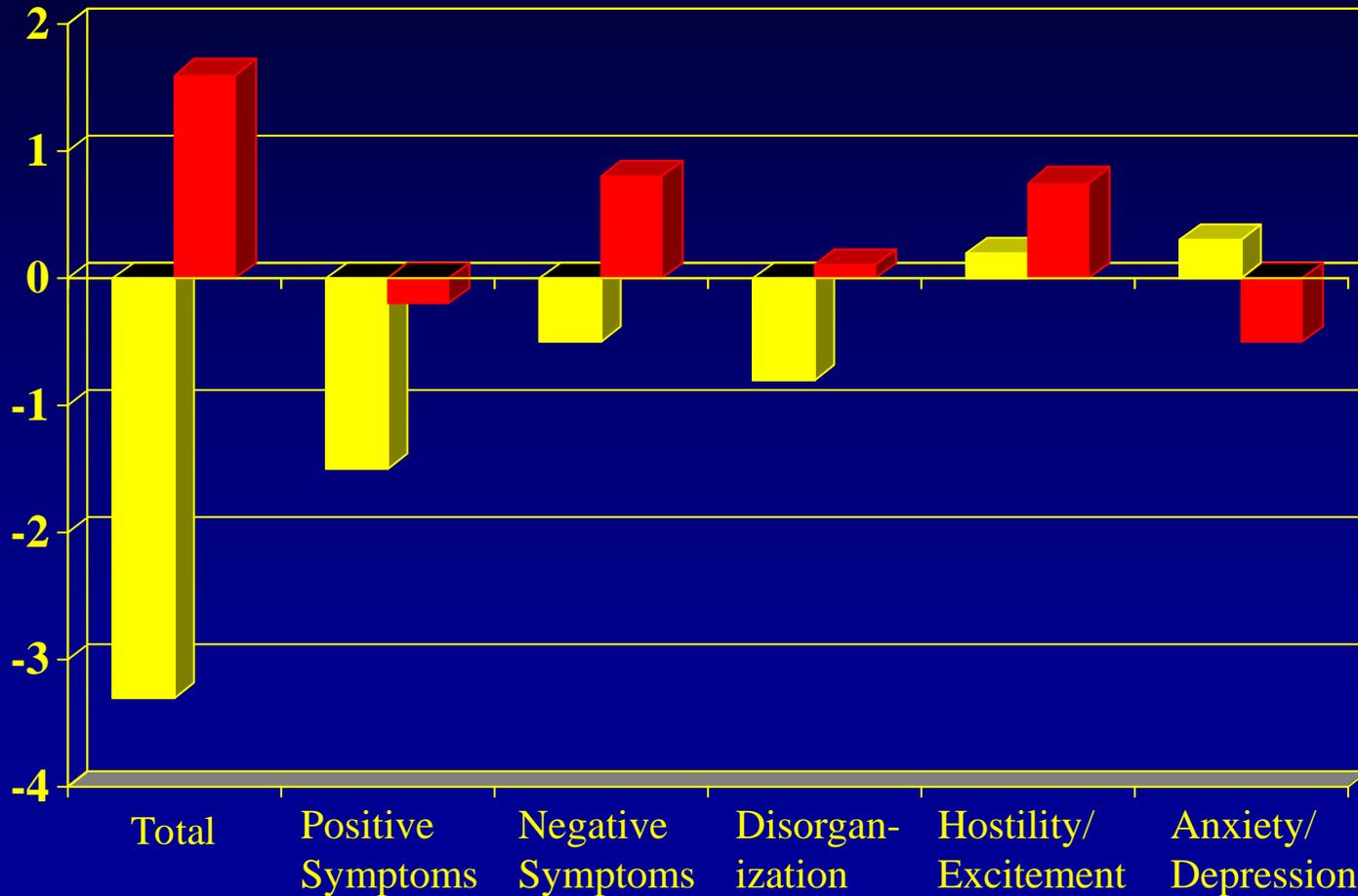
.004

.015

.076

.005

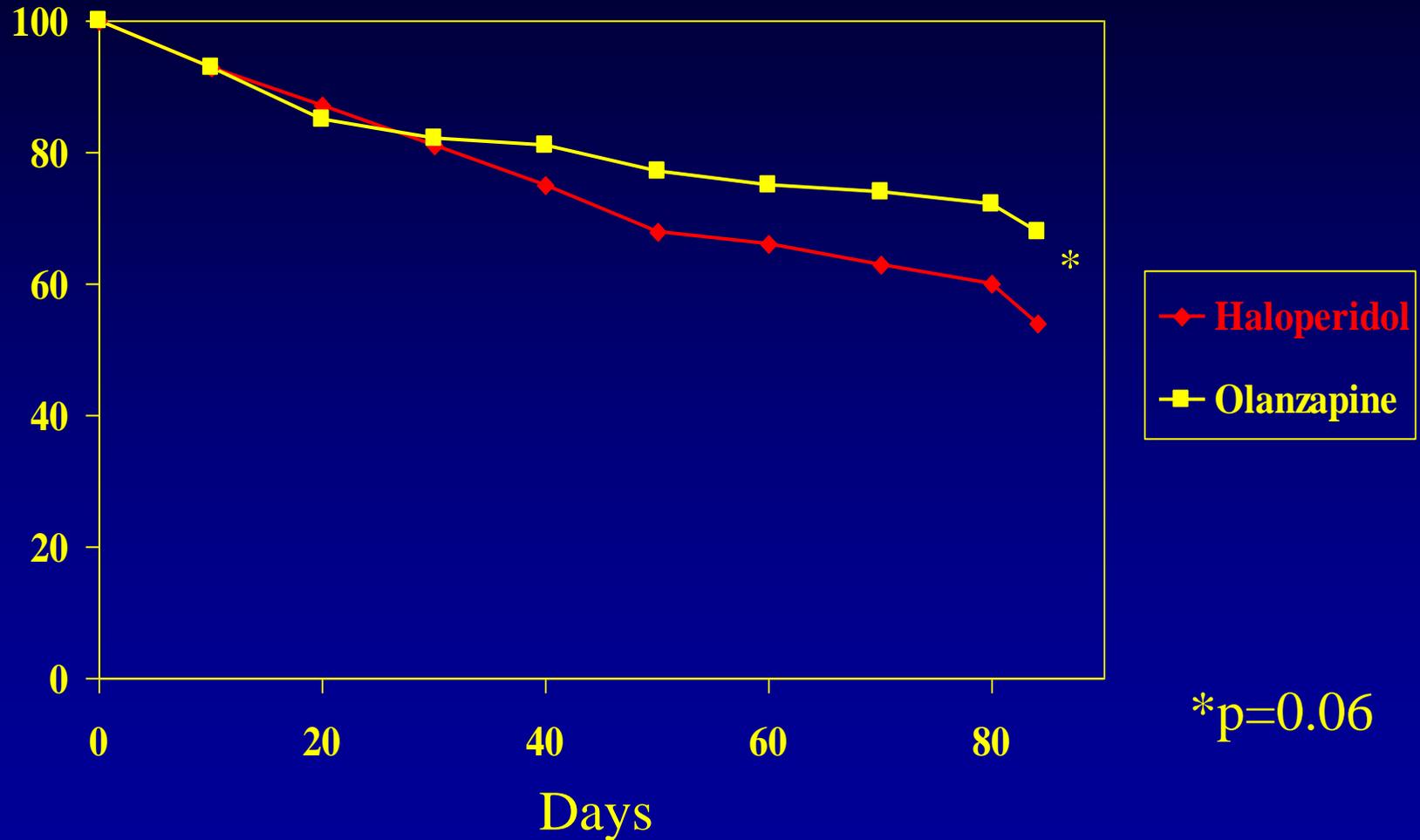
Mean  
Change  
in PANSS  
Score



■ Risperidone  
■ Haloperidol

# Olanzapine for Prevention of Relapse

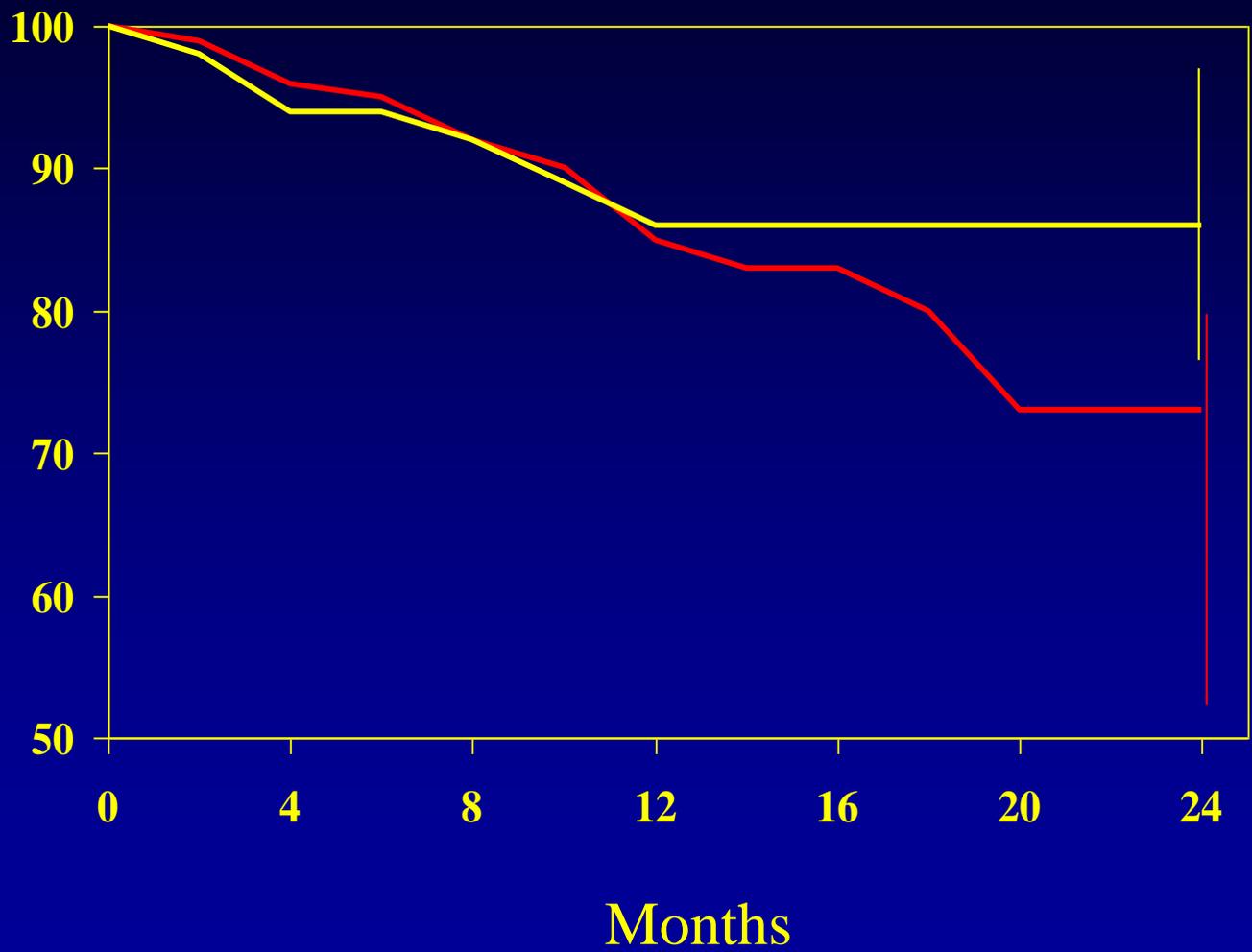
% of Patients Remaining in Study



\*

# Clozapine for Long-term Treatment

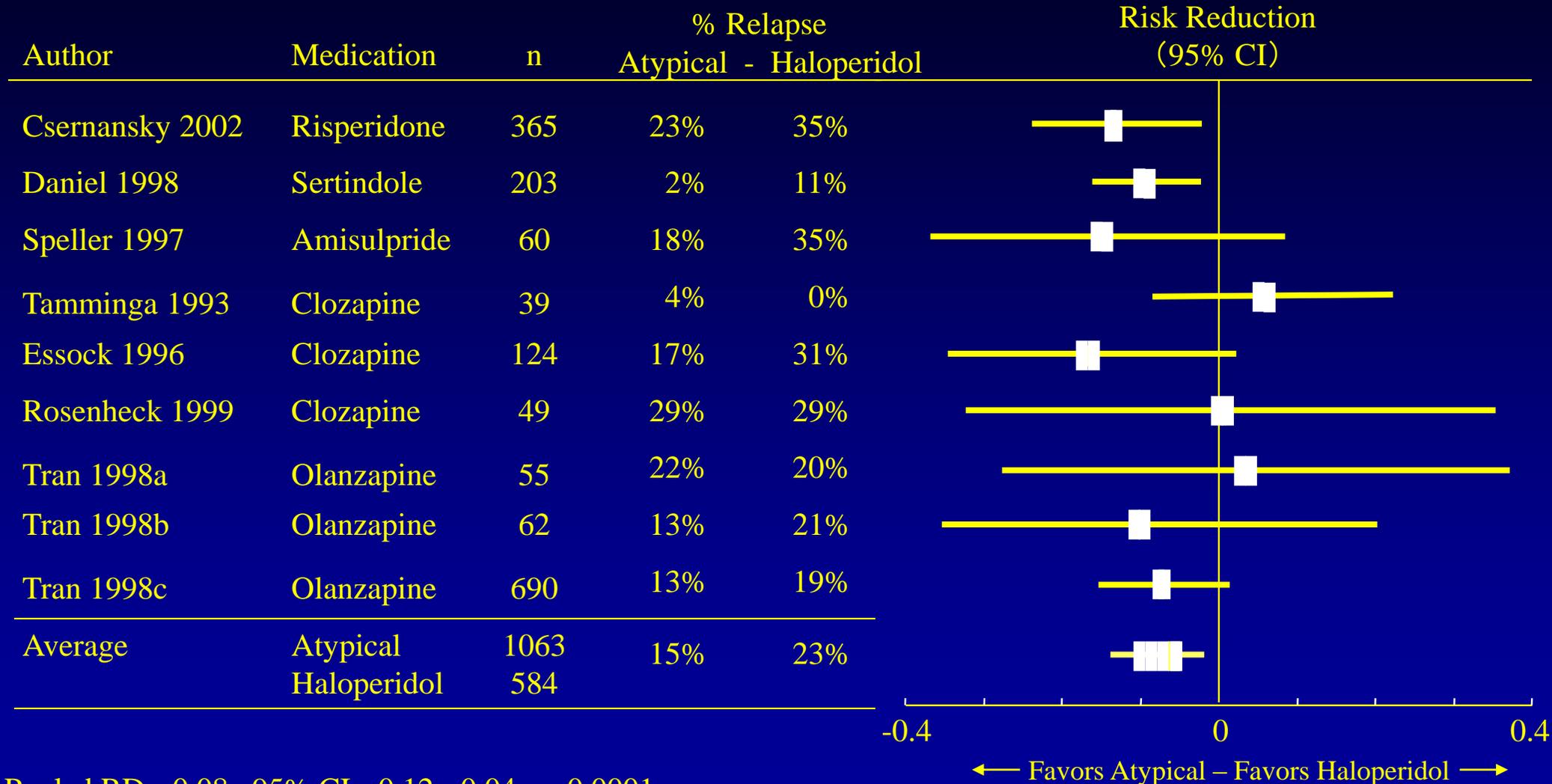
Percent of Patients Remaining Discharged



— Risperidone  
— Clozapine

95% CI:  
Clozapine 77-97  
Risperidone 52-80

# Meta-Analyses – Relapse Risk



Pooled RD: -0.08, 95% CI: -0.12, -0.04; p=0.0001

# Neurocognitive Deficits

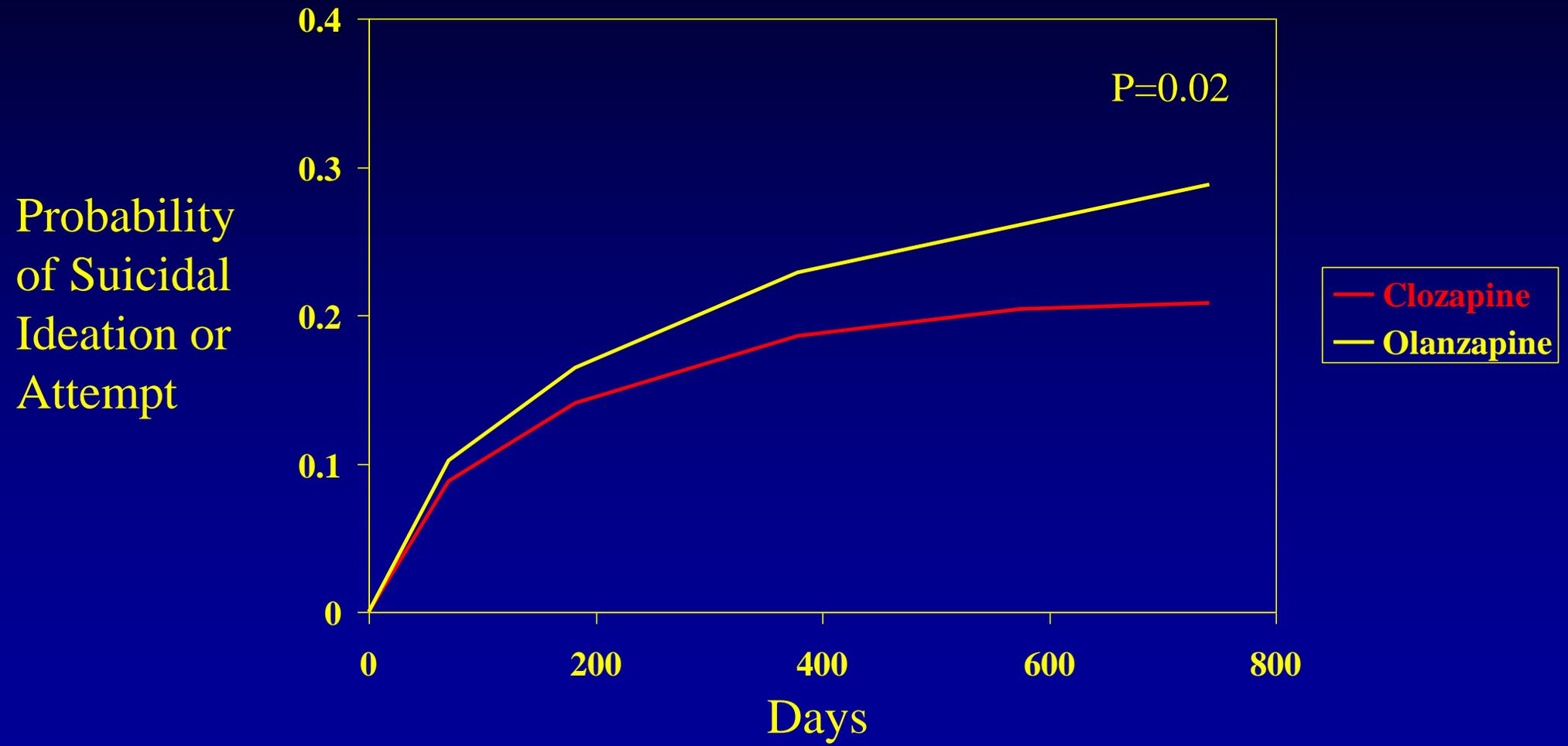


- 
- Atypical antipsychotics have better cognitive profiles than conventional agents
  - Atypical antipsychotics do not return cognitive functions to normal
  - Neurocognitive benefits of atypical antipsychotics are of minor clinical significance

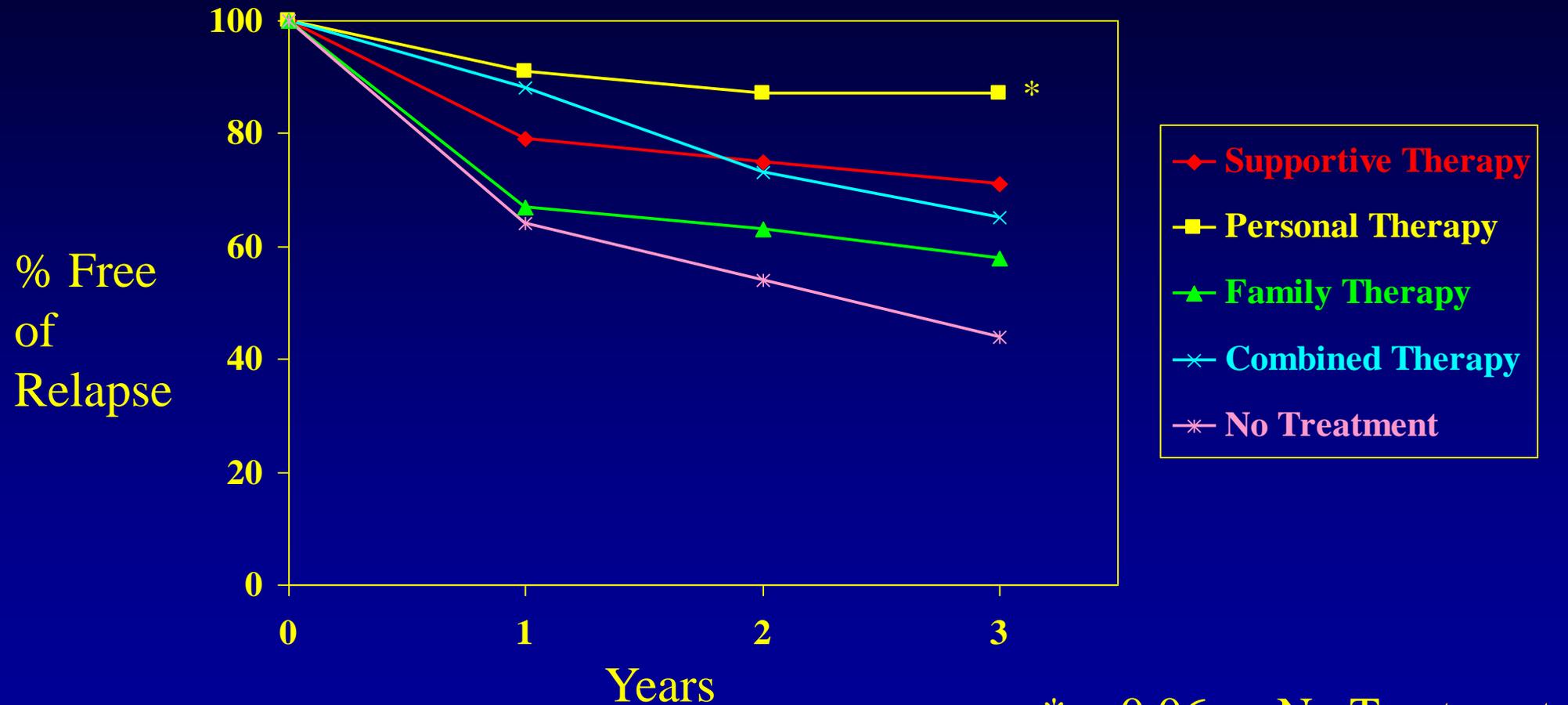


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# Prevention of Suicide



# Psychosocial Treatment



\*p=0.06 vs No Treatment



# Side Effects



# Side Effects - Overview

	EPS	Orthostatic Hypotension	Anticholinergic Symptoms	Prolactin Elevation
Aripiprazole	+/-	+/-	+/-	+/-
Clozapine	0	+++	+++	+/-
High-potency Conventional	+++	+	+/-	++
Low-potency Conventional	++	+++	+++	++
Olanzapine	+/-	+/-	+	+/-
Paliperidone	+	+	+/-	++
Quetiapine	+/-	++	++	+/-
Risperidone	+	+	+/-	++
Ziprasidone	+/-	+/-	+/-	+/-

\*

# Side Effects - Overview

	qTc Prolongation	Sedation	Weight Gain*
Aripiprazole	+/-	+/-	+/-
Clozapine	+	+++	+++
High-potency Conventional	+/-	+	+
Low-potency Conventional	++	+++	+++
Olanzapine	+/-	++	+++
Paliperidone	+/-	+	++
Quetiapine	+/-	+++	++
Risperidone	+/-	+	++
Ziprasidone	+	+/-	+/-

\*ADA et al., Diabetes Care 2004;27:596

# \* Extrapyramidal Symptoms (EPS)

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- Akathisia (subjective sense of restlessness)
  - Stiff, rigid muscles
  - Bradykinesia (slow movements)
  - Dystonia (muscle spasms)
  - Tremor
  - Cognitive dysfunction
-

# Extrapyramidal Symptoms (EPS)

## Risk by class of medication

- 
- High-potency conventional neuroleptic (20-40%)
  - Low-potency conventional neuroleptic
  - Paliperidone/Risperidone
  - Aripiprazole/Olanzapine/Ziprasidone
  - Quetiapine/Clozapine

# \* Extrapyramidal Symptoms (EPS)

## ■■■ Treatment Options

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- Reduce medication dose
- Slow down the rate of titration
- Consider alternative medication
- Adjunctive medication



# \* Extrapyramidal Symptoms (EPS)

## ■■■ Treatment – Adjunctive Medication

- Anticholinergic
  - Benztropine 1-2 mg bid-qid
  - Trihexyphenidyl 2-5 mg bid-qid
- Antihistamine
  - Diphenhydramine 25-50 mg bid-qid
- Dopaminergic
  - Amantadine 100 mg bid-tid



# Metabolic Syndrome



- 
- Prevalence of obesity and diabetes in patients with schizophrenia is 1.5-2.0 times higher than the general population
  - No studies on obesity and diabetes in drug-naïve schizophrenia patients are available



# Metabolic Syndrome

■ ■ ■ 

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Use of atypical antipsychotics is associated with metabolic dysregulation

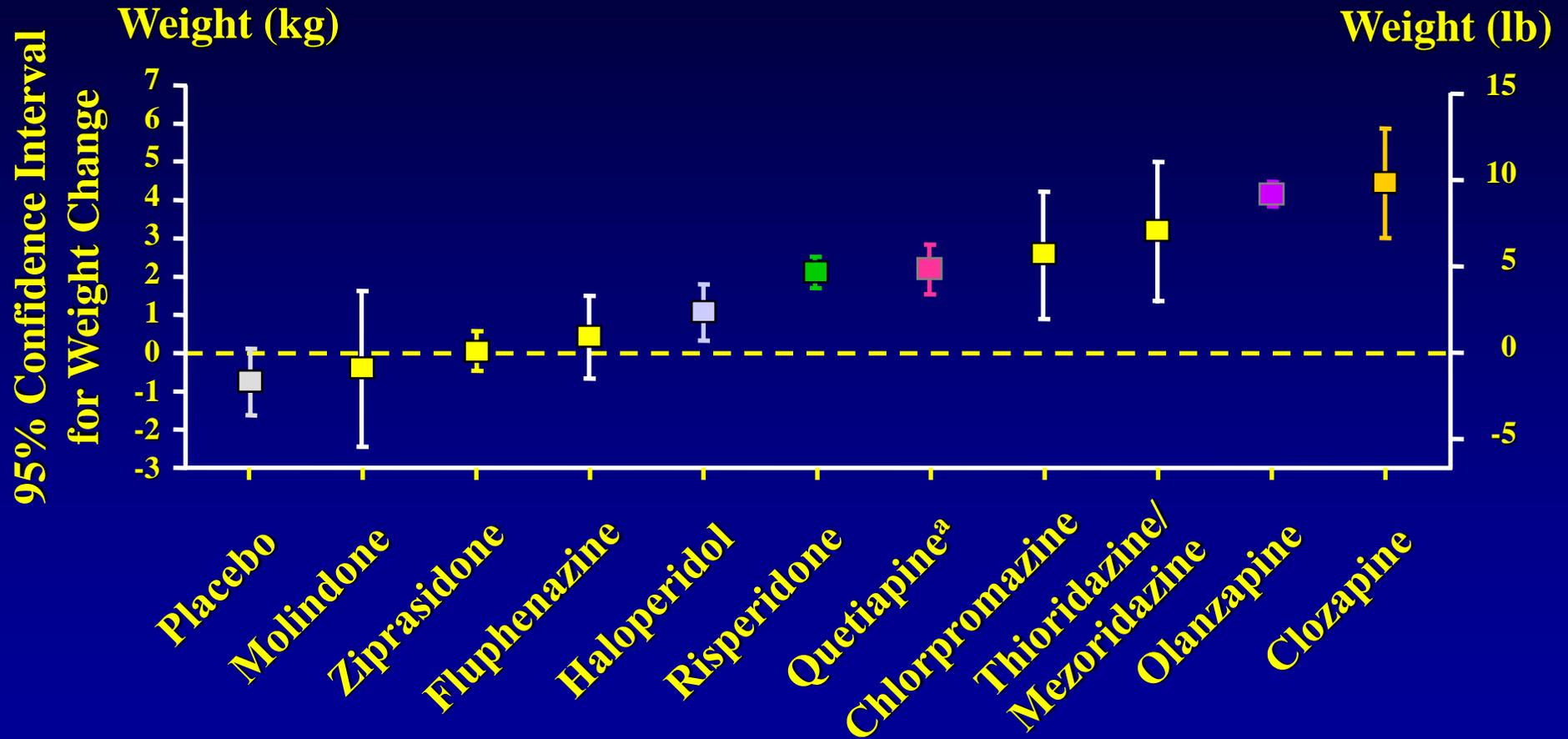
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- Weight gain
- Type 2 diabetes
- Elevated LDL cholesterol
- Elevated triglycerides
- Decreased HDL cholesterol
- Diabetic ketoacidosis

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# Meta-analysis of Antipsychotic-related Weight Gain

Estimate at 10 Weeks<sup>a</sup>



<sup>a</sup> Quetiapine weight gain estimated at 6 weeks

# Risk of Metabolic Complications

## Relative risk of medications

- 
- Clozapine/Olanzapine/Low Potency Neuroleptics
  - Paliperidone/Quetiapine/Risperidone/High Potency Neuroleptics
  - Aripiprazole/Ziprasidone

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# Metabolic Syndrome

Recommended monitoring for patients on atypical antipsychotics

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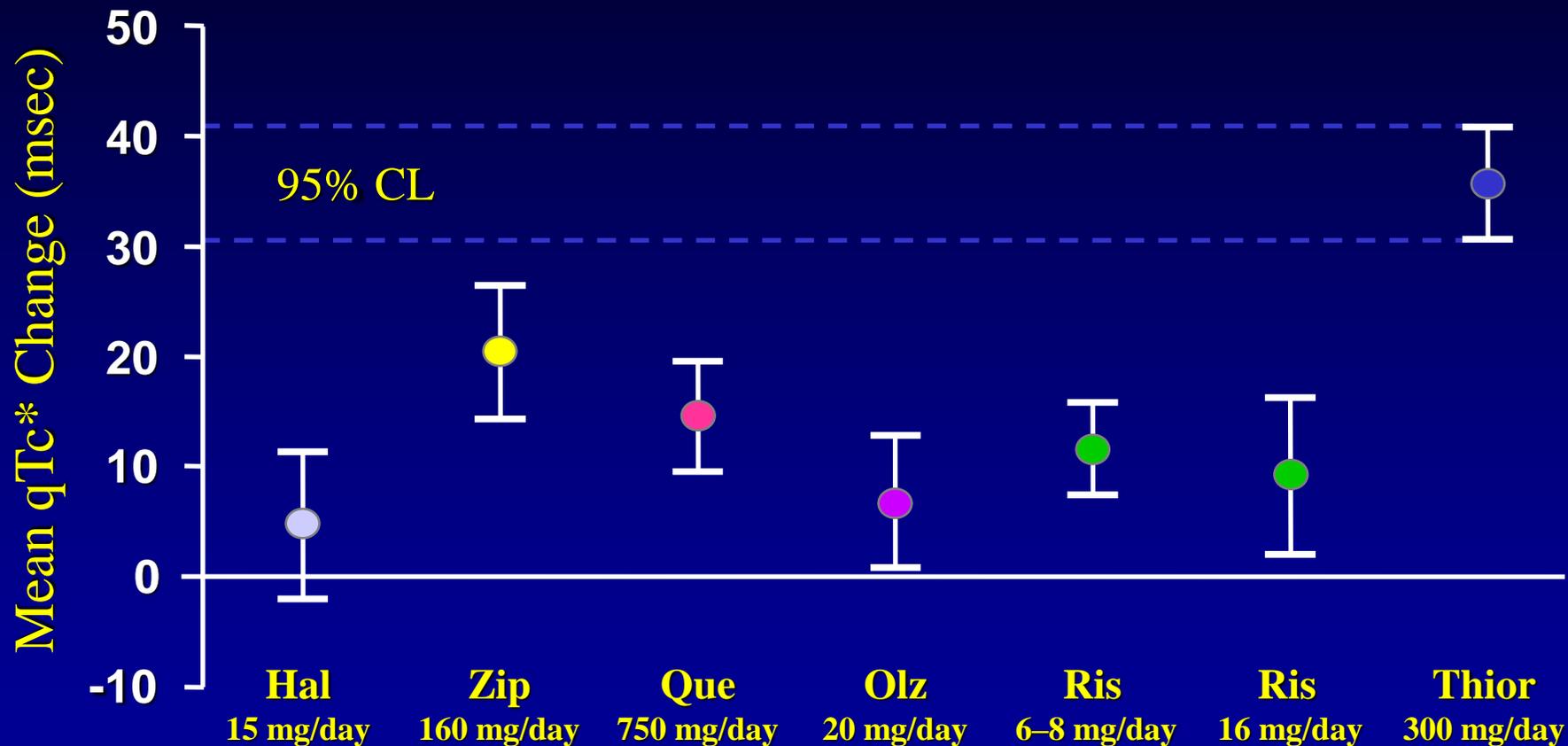
	Baseline	4 wks	8 wks	12 wks	Quarterly	Annual	5 yrs
Personal/family history	X					X	
Weight (BMI)	X	X	X	X	X		
Waist Circumference	X					X	
Blood pressure	X			X		X	
Fasting plasma glucose	X			X		X	
Fasting lipid profile	X			X			X

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# Cardiovascular Adverse Events

- Conventional low potency drugs thioridazine (Mellaril) and mesoridazine (Stelazine) are associated with qTc prolongation and increased risk of cardiac death
- Ziprasidone carries a “bold” warning regarding qTc prolongation and associated cardiac risk, but no increased incidence of cardiac mortality or morbidity has been detected with ziprasidone

# Mean qTc Change at Steady-state $C_{max}$



\*Bazett correction

Metabolic inhibition did not prolong the QTc interval with any drug studied

Data on file, Pfizer Inc. (Study 054)

## Increased Mortality



- 
- All atypical antipsychotics carry a “black box” warning of increased mortality in elderly patients with dementia-related psychosis
  - Risk is comparable among all conventional and atypical antipsychotics



## Increased Mortality

Meta-analysis of 15 studies of risk of typical and atypical antipsychotics in elderly patients

	Mortality	Odds Ratio
Controls	2.3%	
Atypical Antipsychotics	3.5%	1.54
Haloperidol	3.9%	1.68

# Increased Mortality

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Retrospective study of mortality in 22,890 elderly patients receiving antipsychotics

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- Higher risk with conventional antipsychotics  
OR = 1.37
- Higher risk with recent initiation of medicine
- Higher risk with higher doses

# Tardive Dyskinesia

- Adverse reaction to antipsychotic medications
- Irregular, choreoathetotic movements
  - Chorea - irregular, spasmodic movements
  - Athetosis - slow writhing movements
- May occur in any muscle group
- Most common in facial, oral, and truncal muscles

# Tardive Dyskinesia

## Risk by class of medication:

- 
- High potency conventional neuroleptic (7%/yr)
  - Low potency conventional neuroleptic (5%/yr)
  - Paliperidone/Olanzapine/Risperidone/Ziprasidone (0.5%/yr)
  - Quetiapine/Aripiprazole (uncertain)
  - Clozapine (none reported)

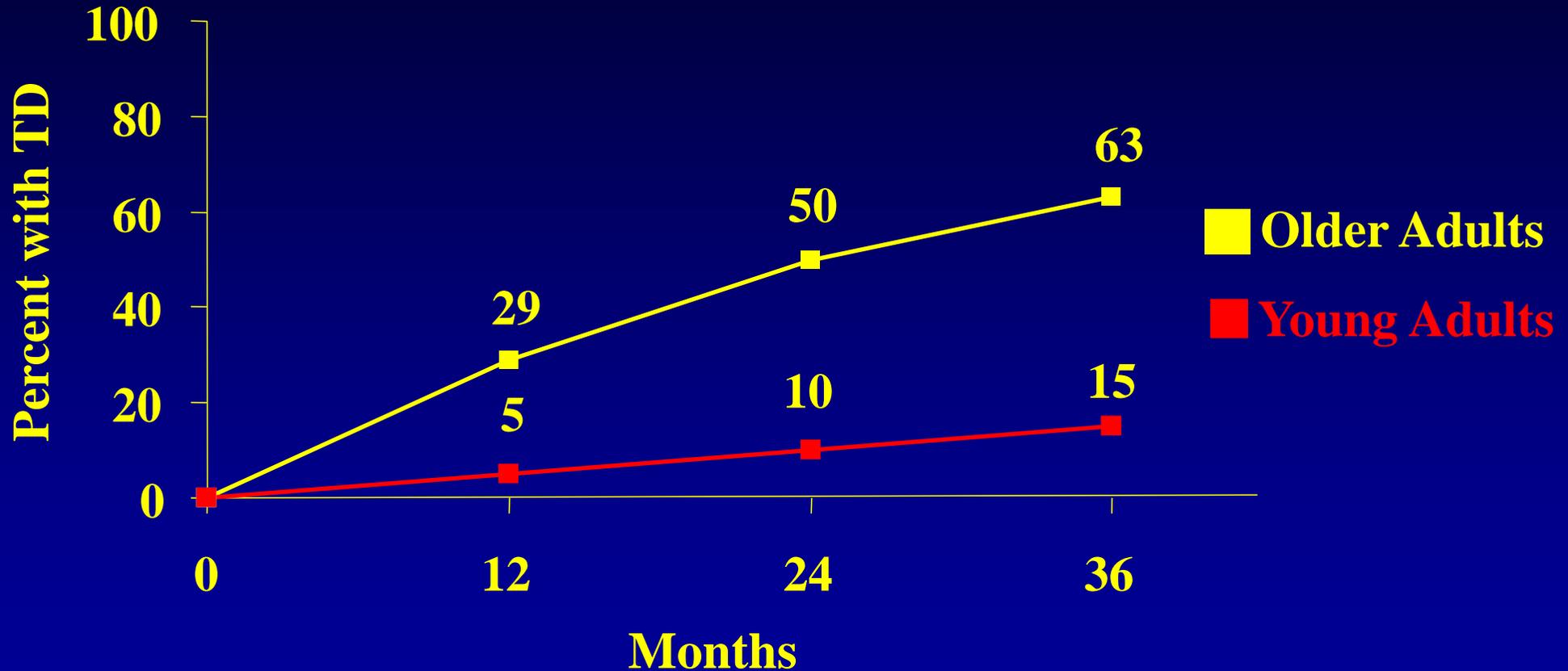
# Tardive Dyskinesia

## Cumulative Annual Risk of Tardive Dyskinesia

	Age 20	Age 70
Conventional Neuroleptic	5%	30%
Atypical Antipsychotic	0.5%	2.5-5%

Kane JM, et al., J Clin Psychopharmacol 1988;8:52S. Chakos MH, et al., Arch Gen Psychiatry 1996;53:313. Woerner MG, et al., Am J Psychiatry 1998;155:1521. Correll CU, et al., Am J Psychiatry 2004; 161:414. Glazer WM, J Clin Psychiatry 2000; 61 suppl 4:21.

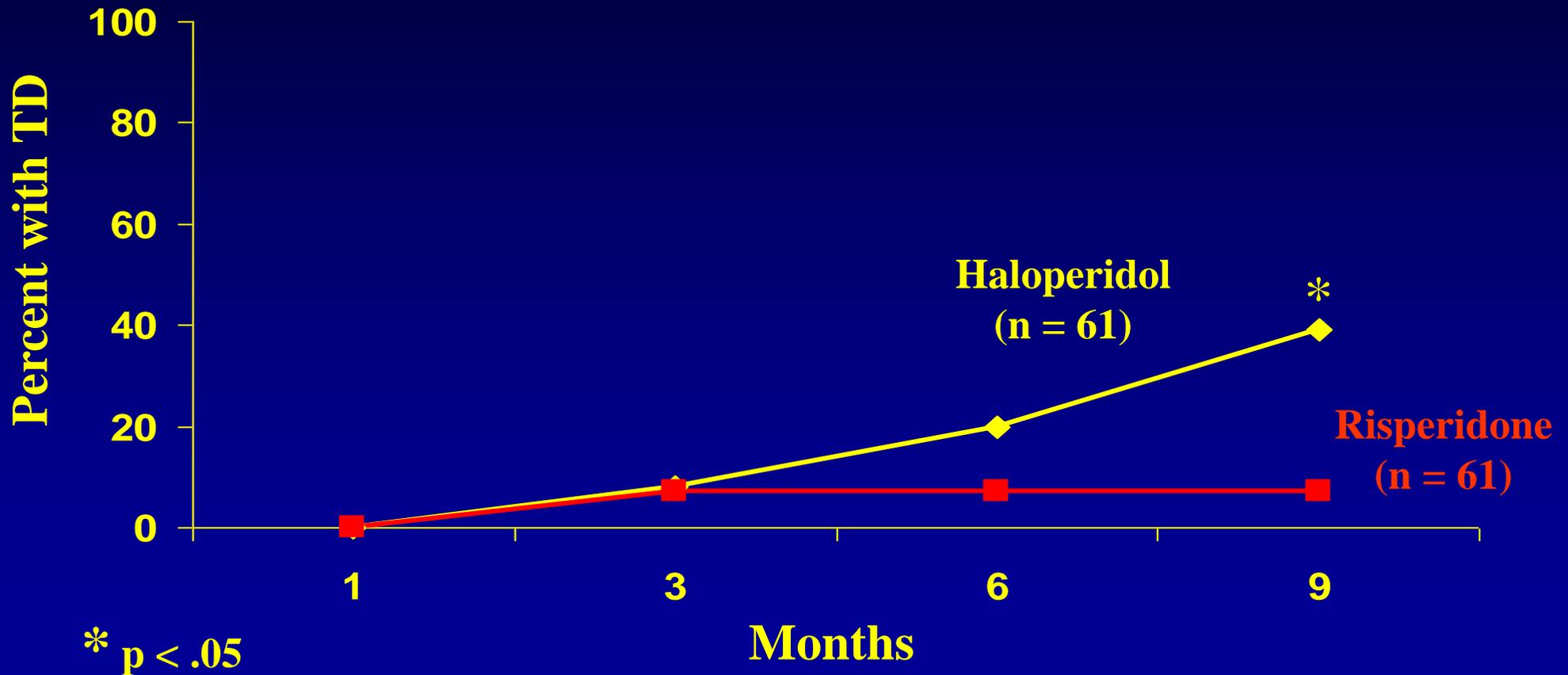
# Cumulative Incidence of TD with Conventional Antipsychotics



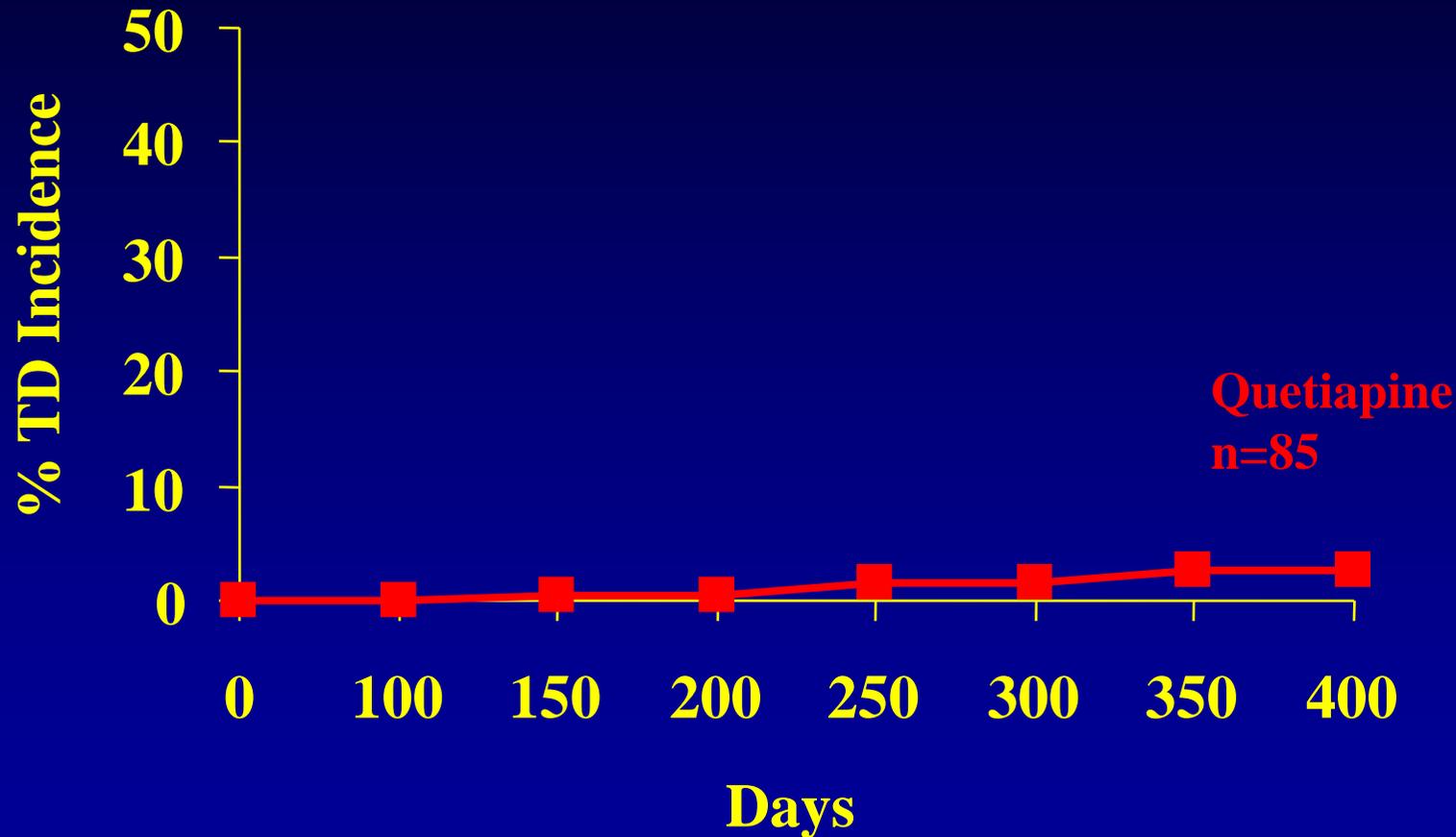
Kane JM, et al., J Clin Psychopharmacol 1988;8(4 Suppl):52S

Jeste D, et al., Am J Geriatric Psychiatry, 1999;7:70

# TD Incidence in Older Patients: Haloperidol versus Risperidone (1mg/d)



# Cumulative Incidence of Persistent TD With Quetiapine in Elderly Psychosis Patients



# Tardive Dyskinesia

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## Natural History

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- May spontaneously improve, remain static, or worsen
  - Static symptoms are most common
  - Spontaneous improvement is least common
- About half of patients experience relief of symptoms within 3 months of antipsychotic discontinuation

# Tardive Dyskinesia



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## Acute Treatment

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- Increase antipsychotic dose temporarily suppresses symptoms
- Benzodiazepine may bring about a modest reduction in symptoms



# Tardive Dyskinesia

## ■■■ \_\_\_\_\_ Maintenance Treatment \_\_\_\_\_

- Reduce antipsychotic dose and time of exposure
- Clozapine (standard dose)
  - 50% of patients show 50% reduction in movements
- Other treatments have not consistently been effective
  - Vitamin E
  - Benzodiazepine
  - Dopaminergic agents
  - Branched-chain amino acids

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Antipsychotic Selection  
and  
Treatment Strategies

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# CATIE

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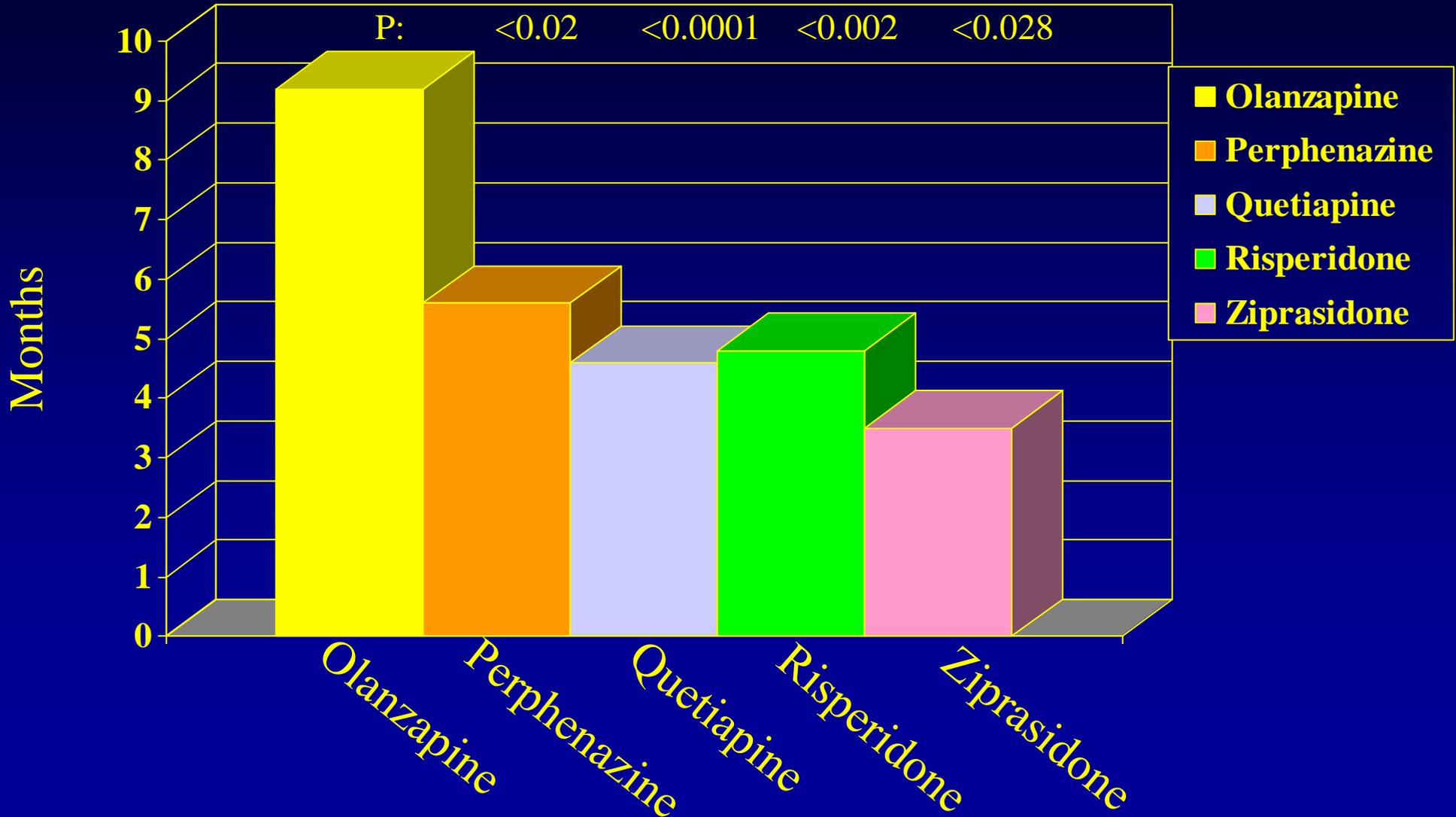
## Clinical Antipsychotic Trials of Intervention Effectiveness

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- 1493 outpatients with chronic schizophrenia
  - Randomized, double-blind design
  - NIMH sponsored
  - 18 months
  - Primary outcome was duration of treatment
-

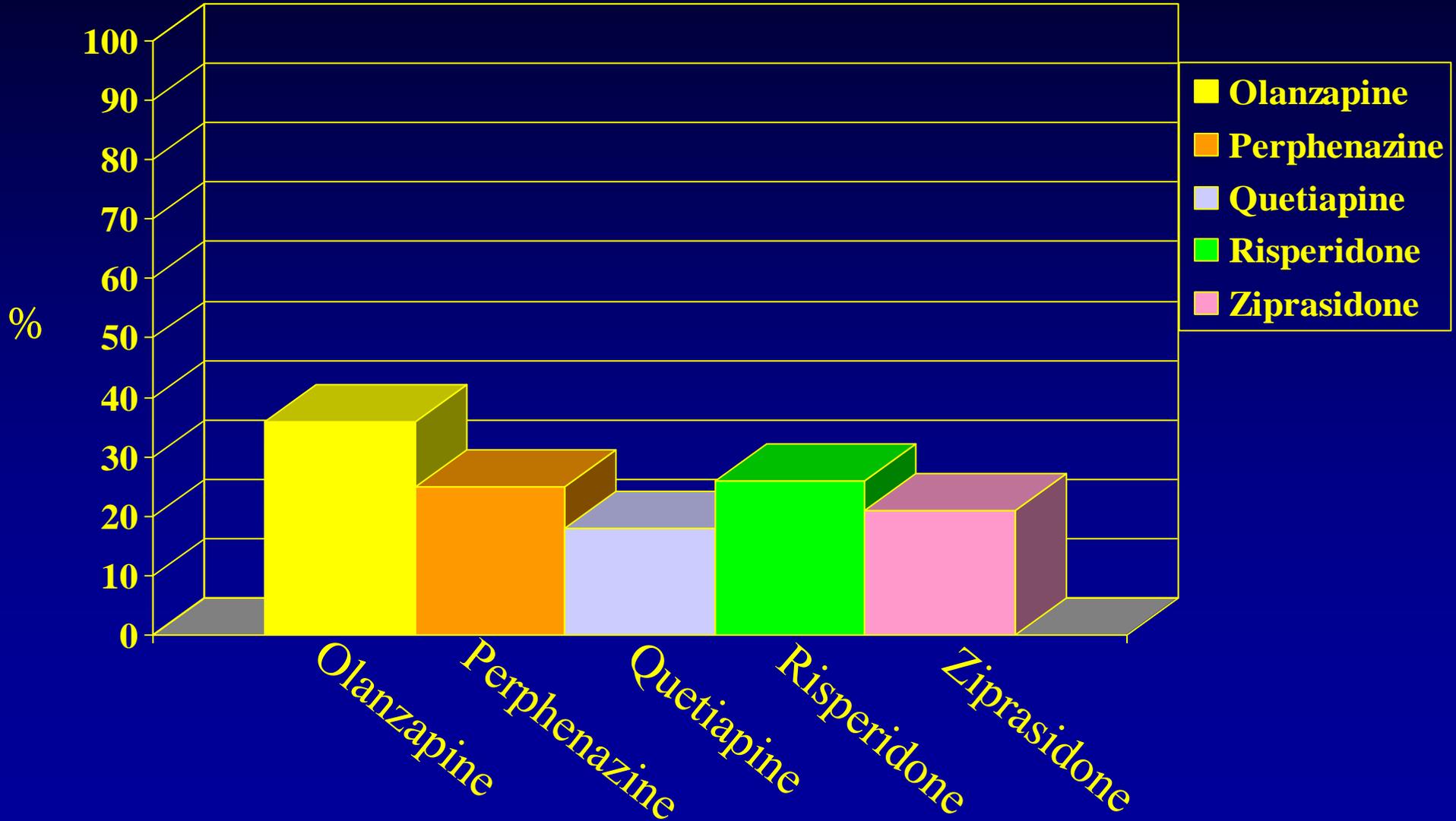
# CATIE

## Duration of Treatment



# CATIE

Patients Completing 18 Months of Treatment



# CATIE

## Conclusions

- Most patients discontinued treatment prior to 18 months, but duration of treatment differed among agents
- Tolerability of treatment was comparable among drugs, but specific side effects differed

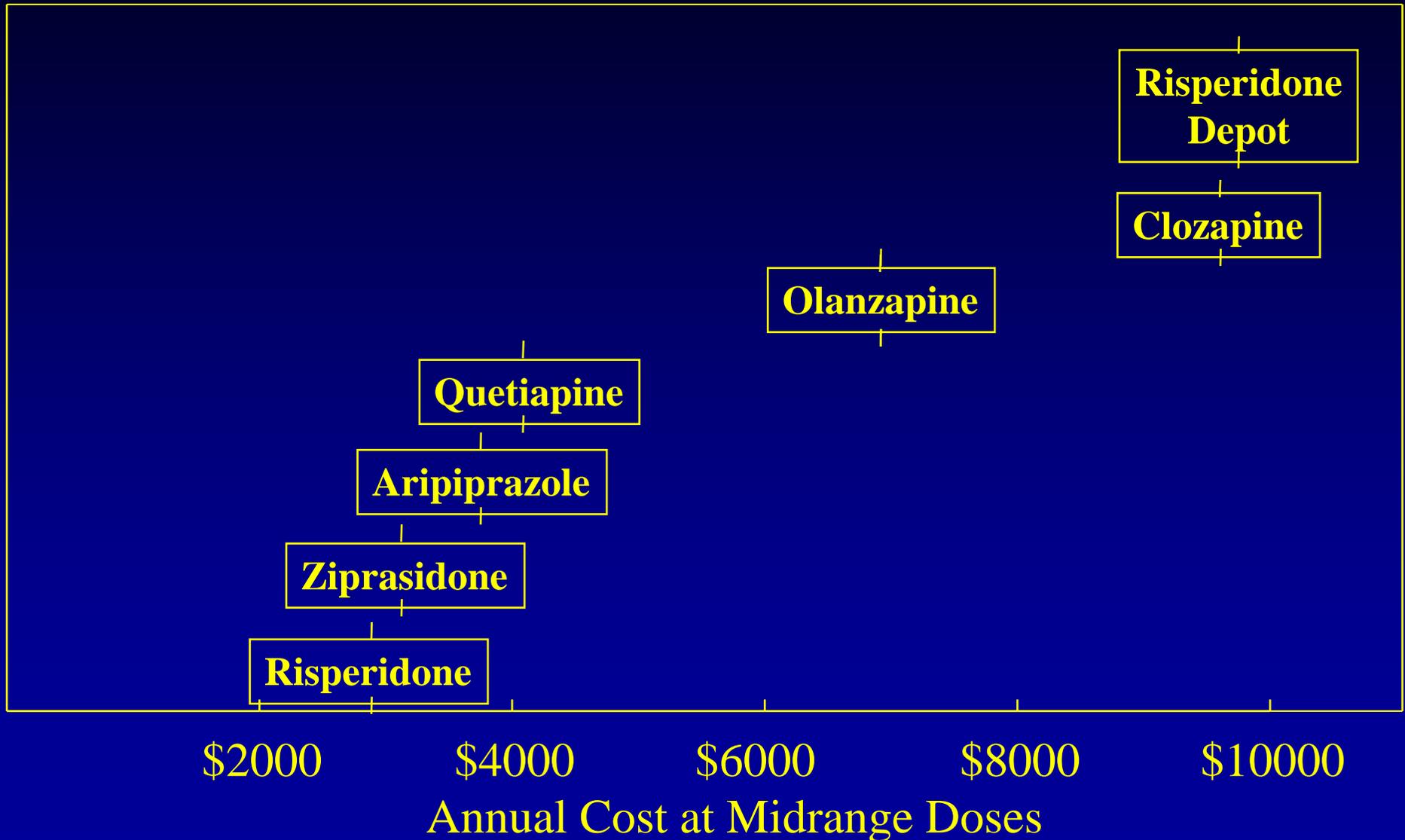
# CATIE

## Conclusions

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- Patients continued treatment with olanzapine longer than with other agents
- Olanzapine was associated with greater weight gain and metabolic problems
- Perphenazine was similar to quetiapine, risperidone, and ziprasidone in efficacy and side effects

# Relative Costs of Atypical Antipsychotic Medications



# \* Treatment Selection with Atypical Antipsychotics

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- All first-line atypical antipsychotics are effective against psychotic symptoms
  - All first-line atypical antipsychotics are equally well tolerated in large studies
  - Each medication has unique side effects
  - Each medication has unique pharmacokinetics
  - Individual patients may respond preferentially to the medications
-

# Treatment Recommendations



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- Continuous, full-dose antipsychotic treatment is the key to good outcome in schizophrenia
  - “Lowest effective dose” strategies are associated with higher relapse rates and poorer outcomes



# Antipsychotic Augmentation Strategies

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- Augmentation strategies have generally shown modest results
- No one strategy is generally accepted
  - Mood stabilizers
  - Benzodiazepines
  - Antidepressants
  - Antipsychotic combinations
  - ECT

# Antipsychotic Combinations

- 20-25% of patients receive more than one antipsychotic
- Few data are available on efficacy and safety of antipsychotic combinations
- Anecdotal accounts of specific combinations have not been supported by formal studies
- Pharmacologic justification is weak
- Side effects tend to be additive
- Costs are always additive

# Post-test



- 
1. Negative symptoms of schizophrenia include:
    - a. Auditory hallucinations
    - b. Blunted affect
    - c. Depressed mood
    - d. Persecutory delusions
    - e. Thought disorganization



# Post-test

- 
2. Clinical efficacy of antipsychotic medications is highly correlated with:
- a. Dopamine D1 binding
  - b. Dopamine D2 binding
  - c. Serotonin binding
  - d. The ratio of D1/D2 binding
  - e. The ratio of D2/serotonin binding
-

# Post-test

- 
3. Clozapine is unique among antipsychotics in that it:
- a. Has greater efficacy
  - b. Has fewer side effects
  - c. Is a dopamine D2 partial agonist
  - d. Is FDA approved for treatment of bipolar mania
  - e. Has a more favorable safety profile
-

# Post-test

- 
4. Which first-line atypical antipsychotic has the lowest risk of extrapyramidal side effects?
- a. Aripiprazole
  - b. Olanzapine
  - c. Quetiapine
  - d. Risperidone
  - e. Ziprasidone
-

# Post-test

- 
5. Which of the following atypical antipsychotics has the lowest risk of metabolic complications?
- a. Clozapine
  - b. Olanzapine
  - c. Quetiapine
  - d. Risperidone
  - e. Ziprasidone
-

# Answer Key



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1. b

2. b

3. a

4. c

5. e

