

Archives  
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June 23, 2016

**PAUL GROF**  
**CURRICULUM VITAE**

**OFFICES**

Mood Disorders Center 202-1929 Russell Rd.  
Smyth Medical Center Ottawa, ON, Canada  
K1G 4G3

and

Mood and Anxiety Disorders Program CAMH  
1001 Queen Street West Toronto, ON, Canada  
M6J 1H4

**ADDRESS**

**PRIVATE**

Island Park Estates 46-121 Buell Street Ottawa,  
ON, Canada K1Z 7E7  
and

77 Harbour Square, Suite 2910 Toronto, ON,  
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**TELEPHONES**

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**WEBPAGE**

[www.mdco.ca](http://www.mdco.ca)

**CITIZENSHIP**

Canadian, European Union  
Director, Affective Disorders Program, Royal Ottawa Hospital, Ottawa,  
Ontario, Canada

1992 -2000

## **DEGREES**

1953 -1959 M.D. -Charles University, Prague, Czechoslovakia

1962 -1965 Ph.D. (Doctor of Philosophy in Medicine) -Czechoslovak Academy of Sciences, Prague, Czechoslovakia

1971 F.R.C.P.(C) -Fellow of the Royal College of Physicians and Surgeons (Psychiatry) Canada

## **PROFESSIONAL TRAINING AND EXPERIENCE**

1953 -1959 Student, Medical Faculty of Charles University, Prague, Czechoslovakia

1955 -1961 Training in psychoanalysis, Psychoanalytic Circle, Prague, Czechoslovakia

1956 -1958 Research Assistant, Department of Psychiatry, Charles University, Prague, Czechoslovakia

1959 Internship Equivalent (Internal Medicine, Surgery and Obstetrics Gynecology), Charles University Hospitals, Prague, Czechoslovakia

1959 -1962 Psychiatric training, State Mental Hospital, Horni Berkovice near Prague, Czechoslovakia

1962 Psychiatric Postgraduate Institute Postgraduate Course, Specialty Examination and Certification in Psychiatry

1962 -1965 Research Fellow, Affective Disorders and Psychopharmacology, Psychiatric Research Institute, Prague, Czechoslovakia

1962 -1965 Postgraduate training in psychopharmacology, Czechoslovak Academy of Sciences, Prague, Czechoslovakia

1965 -1968 Research Psychiatrist, projects on affective disorders and antidepressants, Psychiatric Research Institute, Prague, Czechoslovakia

1966 Fellowship for Research in Psychoendocrinology, Pfaelz, Nervenlinik Landeck, West Germany (Director: Professor Dr. G. Mall)

1968 E.C.F.M.G., Toronto, Ontario, Canada

1968 -1972 Assistant Professor of Psychiatry, McMaster University, and Research Psychiatrist, Research Unit, Hamilton Psychiatric Hospital, Hamilton, Ontario, Canada

1972 -1976 Associate Professor of Psychiatry, McMaster University, and Director, Affective Disorders Clinic, Hamilton Psychiatric Hospital, Hamilton, Ontario, Canada

1974 -1978 Associate Professor of Psychiatry (part-time), University of Toronto, Sunnybrook Medical Centre, Toronto, Ontario, Canada

1976 -1988 Professor of Psychiatry, McMaster University, Hamilton, Ontario, Canada

1977 (January -June) Visiting Scientist, Clinical Neuropharmacology Branch, National Institute of Mental Health, Bethesda, MD, USA

1977 (July -December) Consultant, Psychobiology Branch, National Institute of Mental Health, Bethesda, MD, USA Consultant, President Carter's Commission on Mental Health, Research Section

1978 -1988 Director, Affective Disorders Program, McMaster University and Hamilton Psychiatric Hospital, Hamilton, Ontario, Canada

1981 -1988 President, Hamilton Psychiatric Research Foundation.

1982 -1988 Director of Research and Education, Hamilton Psychiatric Hospital, Hamilton, Ontario, Canada

1983 -1988 Scientific Director, Psychopharmacology Research and Training Centre, Department of Psychiatry, Faculty of Health Sciences, McMaster University and Hamilton Psychiatric Hospital, Hamilton, Ontario, Canada

1985 – 2001 Expert, World Health Organization, Geneva, Switzerland Chairman, Expert Committee on Psychotropic Substances, World Health Organization, Geneva, Switzerland (1985 -1987)

1988 -2005 Professor of Psychiatry, University of Ottawa, Ottawa, Ontario, Canada

1988 – 2004 Psychiatrist, Royal Ottawa Hospital, Ottawa, Ontario, Canada

1988 -1992 Clinical Director, Royal Ottawa Hospital, Ottawa, Ontario, Canada

1992 -2005 Board of Directors, Chair, Medical Advisory Committee, Compassion-in-Action Foundation, Ottawa.

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**PROFESSIONAL ORGANIZATIONS** Mood and Anxiety Disorders Program CAMH

Canadian Psychiatric Association Ontario Psychiatric

Association Royal College of Physicians and Surgeons

of Canada

C.I.N.P. (Collegium Internationale Neuropsychopharmacologicum)

C.C.N.P. (Canadian College of Neuropsychopharmacology),

President 1986-1988

International Society of Biological Psychiatry President, IGSLI

(International Group for the Study of Lithium-Treated Patients) (1993

-1995)

Member, United States Pharmacopeial Advisory Panel, Psychiatric  
Disorders (1993 -2003) Member, Scientific Board, Medical Faculty,

Charles University, Prague, Czech Republic (1989 -1997)

Member, World Psychiatric Association, Biological Psychiatry

Committee Honorary Member, Czech Neuropsychiatric Society

## **EDITORIAL BOARDS**

Associate Editor, Canadian Journal of Psychiatry Editorial Board,  
 Bipolar Disorders Editorial Board, Australian and New Zealand  
 Journal of Psychiatry Editorial Board, Pharmacopsychiatry Journal  
 Editorial Board, International Clinical Psychopharmacology Editorial  
 Board, European Neuropsychopharmacology Editorial Board,  
 Psychiatrie Editorial Board, Current Psychiatry Reviews Editorial  
 Board, World Psychiatry Journal Senior Advisory Board, International  
 Journal of Bipolar Disorders

## **AWARDS AND HONOURS**

1963 -1965 Research fellowship for research in psychopharmacology from the  
 Czechoslovak Academy of Sciences, Prague, Czechoslovakia

1969 Anna Monica International Award (first prize for research on mental depression  
 -jointly)

1969 Paul Martini Award (first prize for clinical pharmacology -jointly) 1975 Silver Jubilee Medal

awarded by the Queen of England for major  
 contributions to mental health in Canada 1977 Fogarty Foundation Award,

Bethesda, MD, USA 1985 Ontario Mental Health Foundation's John Dewan

Award 1991 Silver Medal, Charles University, Prague 1992 Heinz Lehmann

Award of Canadian College of

Neuropsychopharmacology

1999 Mogens Schou International Award. Lexington, Kentucky

2002 NARSAD Award for research in mood disorders (Nola Maddox Falcone Award) New York

2007 J.M.Cleghorn award of Canadian Psychiatric Association for excellence in psychiatric research

2015 The International Society for Bipolar Disorders, The Mogens Schou Award for research

### **LICENSING AND SPECIALTY BOARD STATUS**

1962 Certification in Psychiatry, Prague, Czechoslovakia 1968 E.C.F.M.F., Toronto, Ontario,

Canada 1971 Certification and Fellowship in Psychiatry, Toronto, Ontario, Canada 1978

F.L.E.X., Raleigh, NC, USA 1979 L.M.C.C., Hamilton, Ontario, Canada

### **EDUCATIONAL ACTIVITIES**

1968 – 2004 Teaching psychiatry and neurosciences to medical students, psychiatric residents and post-doctoral fellows Preparing audiovisual and printed teaching aids in psychiatry and neurosciences for medical students

Supervising graduate students in Neuroscience Program 2006-onwards

Electives for medical students and residents in psychiatry

### **RESEARCH ACTIVITIES**

463 publications and 3 books