



CURRICULUM VITAE

Dr. med. Bruno Müller-Oerlinghausen

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Bruno Müller-Oerlinghausen, born 1936 in Berlin, married, two children, obtained his training in medicine at the universities of Göttingen, Munich, Frankfurt/M., Freiburg, and Berlin (West). From 1964 to 1969 he underwent a postgraduate training in pharmacology and toxicology at the Department of Pharmacology, University of Goettingen, and qualified as a lecturer in pharmacology and toxicology with a thesis on "Hormonal influence on mechanisms of hepatic detoxification."

From 1969 to 1971 he was assigned to the Department of Medical Sciences (Ministry of Public Health) in Bangkok (Thailand) by the government of the Federal Republic of Germany as an expert in pharmacology.

In 1971 he entered the Department of Psychiatry, Freie Universität Berlin, for additional training in clinical psychiatry, and in 1974 he was appointed as Chief Scientist of the Lithium Clinic Berlin, and at the same time promoted to Professor of Clinical Psychopharmacology and Chief of the Laboratory of Clinical Psychopharmacology. For 27 years he was editor-in-chief of *Pharmacopsychiatry*, and he was/is associate editor of many other journals, such as *Bipolar Disorders*, *Journal of Psychiatry and Neuroscience*, *Int.J Bipol Dis* etc.

From 1983 to 1987 he was elected as president of AGNP (Association for Neuropsychopharmacology of the German speaking countries), and from 1982 to 1988 he served as Councillor of the Executive Board of CINP. In 2001 he retired from his academic duties at the Freie Universität Berlin. From 1994-2006 he has been re-elected three times as the acting chairman of the Drug Commission of the German Medical Association and retired from this position at the end of 2007. In 2018 he was nominated as Senior Professor for Clinical Pharmacology at the Medical Faculty Brandenburg Theodor Fontane.

His scientific interests were mainly related to the clinical pharmacology of antidepressants, neuroleptics and particularly lithium salts in humans. In particular his interest was directed to the long-term effects of lithium salts with special regard to its serotonergic action including anti-aggressive and antisuicidal effects; serotonergic mechanisms in patients with affective disorders , Together with Mogens Schou (DK) and Paul Grof (CAN) he founded the International Group for the Study of Lithium treated Patients (IGSLI ; ref. www.igsli.org)) in which a congregation of distinguished international researchers is constantly investigating all kinds of issues related to lithium treatment, forwarding new journals, initiating task forces etc. Also, within this context B. Müller-Oerlinghausen has been a principal investigator in large national and international studies on the suicide preventive effects of lithium

supported by the Federal Ministry of Research and the German Research Council (DFG).

During the last 15 years he took a special scientific interest in the effects of psychoactive massages such as the Slow-Stroke®-Massage in patients with psychiatric disorders. He is lecturing frequently for physiotherapists and is a consultant for selected high-quality spas and vocational institutions in this area.

He has been or still is a member of the Association for Neuropharmacology and Pharmacopsychiatry of the German Speaking Countries (AGNP), the European College of Neuropsychopharmacology (ECNP), Collegium Internationale Neuro-Psychopharmacologicum (C.I.N.P.), the International Society for Bipolar Disorders (ISBD), the International Group for the Study of Lithium (IGSLI) , the German Association of Pharmacology and Toxicology, the German Association of Clinical Pharmacology, the German Society of Biological psychiatry (DGBP) the Drug Commission of the German Medical Association, the German Association of Bipolar Disorders, and others. He is the President of the recently founded German Society for Touch Medicine (Deutsche Gesellschaft für Berührungsmedizin e.V.)

He has more than 700 publications as first author or co-author. Ref. Publication list in BMOes personal website: www.bruno-mueller-oerlinghausen.de) and has 26 monographies as editor or co-editor.

Honours: Research Award 2004 by the American Foundation for Suicide Prevention New York; 2006 Ernst-von-Bergmann-Awarding by the President of German Medical Association; 2007 Paracelsus-Medal conferred by the Deutsche Ärztetag (The annual assembly of German doctors. Münster May 2007), 2022 Hans-Rost-Award of the German Society for the Prevention of Suicide (DGSP).

Conflicts of interest: none to be declared.

Addendum: The scientific and personal development of prof. Müller-Oerlinghausen has already been documented in:

- a) Müller-Oerlinghausen B: Destination and serendipity in the career of a clinical psychopharmacologist. In: Ban T, Healy D, Shorter E (eds): The triumph of psychopharmacology and a story of CINP. ANIMULA Publishing House Budapest (Hungary) pp 164-168 (2000)
- b) Müller-Oerlinghausen B: A professional life dedicated to lithium. In: Ban T (Ed.): Lithium in psychiatry in historical perspective. INHN Publisher, Cordoba; 2021.