

JOHANN CHRISTIAN HEINROTH'S CLASSIFICATION OF DEPRESSIONS OF THE EMOTIONAL FACULTY

1. DEPRESSED MOOD/ DYSPHORIA

Present, proceed to 2
Absent, proceed to 28

Possible Delusional Melancholia
Possible Melancholic Temperament

2. DELUSIONS/ HALLUCINATIONS

Absent, proceed 3
Present, proceed to 13

Possible Melancholia with Retardation
(Idiocy)
Possible Delusional Melancholia

3. RESTRICTED THINKING/ RETARDED THINKING

4. MOTOR RETARDATION/ STUPOR

Less than 2 present, proceed to 5
Both present, proceed to 15

Possible Apathetic Melancholia
Possible Melancholia with Retardation

5. ABULIA

6. APATHETIC INDIFFERENCE

7. INDECISIVENESS

Less than 3 of 3 present, proceed to 8
All 3 present, proceed to 17

Possible Melancholia Anglica
Possible Apathetic Melancholia

8. SUICIDAL TENDENCIES

Absent, proceed to 9
Present, proceed to 19

Possible Melancholia Catholica
Possible Melancholia Anglica

9. ANXIETY

10. MOTOR RESTLESSNESS/ WITHDRAWAL

11. RUMINATION

All 3 present, proceed to 12
Less than 3 present, proceed to 22

Probable Melancholia Catholica
Possible Melancholic Temperament

12. MANIA/

HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
MELANCHOLIA CATHOLICA

13. ANGLICA MELANCHOLIA SYNDROME/
APATHETIC MELANCHOLIA SYNDROME/
RETARDED MELANCHOLIA SYNDROME

Absent, proceed to 14
Present, proceed to 21

Probable Delusional Melancholia
Probable Mixed Melancholia

14. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
DELUSIONAL MELANCHOLIA

15. ANGLICA MELANCHOLIA SYNDROME/
APATHETIC MELANCHOLIA SYNDROME/
DELUSIONAL MELANCHOLIA SYNDROME

Absent, proceed to 16
Present, proceed to 21

Probable Melancholia with Retardation
Probable Mixed Melancholia

16. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
MELANCHOLIA WITH
RETARDATION

17. ANGLICA MELANCHOLIA SYNDROME/
DELUSIONAL MELANCHOLIA SYNDROME/
MELANCHOLIA WITH RETARDATION
SYNDROME/

Absent, proceed to 18
Present, proceed to 21

Probable Apathetic Melancholia
Probable Mixed Melancholia

18. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
APATHETIC MELANCHOLIA

19. APATHETIC MELANCHOLIA SYNDROME/

DELUSIONAL MELANCHOLIA SYNDROME/
MELANCHOLIA WITH RETARDATION SYNDROME

Absent, proceed to 20 Present, proceed to 21	Probable Melancholia Anglica Probable Mixed Melancholia
20. MANIA/ HYPOMANIA	
Present, stop Absent, stop	PSYCHIATRIC DISORDER MELANCHOLIA ANGLICA
21. MANIA/ HYPOMANIA	
Present, stop Absent, stop	PSYCHIATRIC DISORDER MIXED MELANCHOLIA
22. FEELING OF UNHAPPINESS/ LACK OF JOY/ LACK OF PLAY/ PESSIMISTIC OUTLOOK	
Present, proceed to 23 Absent, proceed to 24	Possible Melancholic Temperament Possible Grief Reaction
23. LIFE-LONG DURATION	
Absent, proceed to 24 Present, proceed to 33	Possible Grief Reaction Probable Melancholic Temperament
24. LOSS OF LOVED ONE 25. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH LOSS OF LOVED ONE	
Both present, proceed to 26 Less than 2 present, proceed to 27	Possible Grief Reaction Probable Melancholia Simplex
26. DECREASED APPETITE/ INSOMNIA/ WEIGHT LOSS/ WITHDRAWAL	
Present, proceed to 40 Absent, proceed to 27	Probable Grief Reaction Probable Melancholia Simplex

27. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
MELANCHOLIA SIMPLEX

28. FEELING OF UNHAPPINESS
29. LACK OF JOY
30. LACK OF PLAY
31. PESSIMISTIC OUTLOOK

At least 2 of 4 present, proceed to 32
Less than 2 of 4 present, proceed to 34

Possible Melancholic Temperament
Possible Grief Reaction

32. LIFE-LONG DURATION

Present, proceed to 33
Absent, proceed to 34

Probable Melancholic Temperament
Possible Grief Reaction

33. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
MELANCHOLIC TEMPERAMENT

34. LOSS OF LOVED ONE
35. DEPRESSIVE SYNDROME IN
TEMPORAL CONNECTION
WITH LOSS OF LOVED ONE

Both present, proceed to 36
Less than 2 present, stop

Possible Grief Reaction
PSYCHIATRIC DISORDER

36. DECREASED APPETITE
37. INSOMNIA
38. WEIGHT LOSS
39. WITHDRAWAL

At least 2 of 4 present, proceed to 40
Less than 2 of 4 present, stop

Probable Grief Reaction
PSYCHIATRIC DISORDER

40. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
GRIEF REACTION

It consists of a total number of 68 digits, based on 32 codes included in 40 variables, organized into 27 decision clusters, yielding to 9 diagnoses.

It is based on Johann Christian Heinroth's *Lehrbuch der Storungen des Seelenlebens oder der Seelenstorungen und ihrer Behandlung vom rationalen Standpunkt aus entworfen*, published in 1818, in which depressions of the emotional faculty were divided into melancholic illness, melancholic temperament and grief reaction; melancholic illness was subdivided into delusional melancholia, apathetic melancholia, melancholia with retardation, melancholia anglica, melancholia catholica and melancholia simplex. In revised CODE-DD melancholic illness also has a mixed form for those with depressed mood (dysphoria) who fit more than one diagnoses. Delusional melancholia is characterised by depressed mood (dysphoria) with delusions (hallucinations); melancholia with retardation by depressed mood (dysphoria) with constricted thinking (retarded thinking) and motor retardation (stupor); apathetic melancholia by depressed mood (dysphoria) with abulia, apathetic indifference and indecisiveness; melancholia anglica by depressed mood (dysphoria) with suicidal propensity, melancholia catholica by depressed mood (dysphoria) with anxiety, motor restlessness (withdrawal) and rumination; melancholic temperament by feeling of unhappiness, lack of joy, lack of play and pessimistic outlook which is of life-long duration; and grief reaction by decreased appetite, insomnia, weight loss, withdrawal in temporal connection with loss of loved one.

HEINROTH JC (1818) *LEHRBUCH DER STORUNGEN DES SEELENLEBENS ODER DER SEELENSTORUNGEN, UND IHRER BEHANDLUNG VOM RATIONALEN STANDPUNKT AUS ENTWORFEN*. VOGEL, LEIPZIG

JOHANN CHRISTIAN HEINROTH'S CLASSIFICATION OF DEPRESSIONS OF THE EMOTIONAL FACULTY

MELANCHOLIA CATHOLICA
 DELUSIONAL MELANCHOLIA
 MELANCHOLIA WITH RETARDATION
 APATHETIC MELANCHOLIA
 MELANCHOLIA ANGLICA
 MIXED MELANCHOLIA
 MELANCHOLIA SIMPLEX
 MELANCHOLIC TEMPERAMENT
 GRIEF REACTION