

## GALEN'S CLASSIFICATION OF MELANCHOLIA

### 1. UNMOTIVATED DEPRESSED MOOD

Present, proceed to 2

Absent, proceed to 9

Possible General Melancholia

Possible Constitutional Melancholia

### 2. AGITATION/ MOTOR RETARDATION/ MOTOR RESTLESSNESS/ STUPOR

Present, proceed to 3

Absent, proceed to 4

Probable General Melancholia

Possible Brain Melancholia

### 3. MANIA/ HYPOMANIA

Present, stop

Absent, stop

PSYCHIATRIC DISORDER

GENERAL MELANCHOLIA

### 4. RESTRICTED THINKING/ DISTURBANCE OF CONCENTRATION/ RETARDED THINKING

Present, proceed to 5

Absent, proceed to 6

Probable Brain Melancholia

Possible Hypochondriacal Melancholia

### 5. MANIA/ HYPOMANIA

Present, stop

Absent, stop

PSYCHIATRIC DISORDER

BRAIN MELANCHOLIA

### 6. HYPOCHONDRIASIS

Present, proceed to 7

Absent, proceed to 8

Probable Hypochondriacal Melancholia

Possible Constitutional Melancholia

### 7. MANIA/ HYPOMANIA

Present, stop

Absent, stop

PSYCHIATRIC DISORDER

HYPOCHONDRIACAL MELANCHOLIA

8. FEELING OF HELPLESSNESS/  
FEELING OF HOPELESSNESS/  
PESSIMISTIC OUTLOOK

Present, proceed to 13  
Absent, stop

Probable Constitutional Melancholia  
PSYCHIATRIC DISORDER

9. DEPRESSED MOOD  
10. FEELING OF HELPLESSNESS  
11. FEELING OF HOPELESSNESS  
12. PESSIMISTIC OUTLOOK

At least 2 of 4 present, proceed to 13  
Less than 2 of 4 present, stop

Probable Constitutional Melancholia  
PSYCHIATRIC DISORDER

13. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
CONSTITUTIONAL MELANCHOLIA

It consists of a total number of 24 digits, based on 15 codes included in 13 variables and organized into 10 decision clusters, yielding to 4 diagnoses.

It is based on Galen's treatise *On Melancholy*, written in the 2<sup>nd</sup> century, in which constitutional melancholia (melancholic temperament) is separated from melancholic illness, and melancholic illness is divided into general melancholia, brain melancholia and hypochondriacal melancholia. In revised CODE-DD general melancholia is characterized by unmotivated depressed mood with agitation (motor retardation, motor restlessness, or stupor); brain melancholia by unmotivated depressed mood with constricted thinking (disturbance of concentration, or retarded thinking); hypochondriacal melancholia by unmotivated depressed mood with Hypochondriasis; and constitutional melancholia by depressed mood with feeling of helplessness, feeling of hopelessness and pessimistic outlook.

DAREMBERG CH. (1854-1856) OEVRES ANATOMIQUES, PHYSIOLOGIQUES ET MEDICALES DE GALIEN. FRENCH TRANSLATION (1854). 2 VOL. J.B. BAILLIERE: PARIS. pp. 564-571.

SPIEGEL RUDOLPH E. (1973) GALEN ON PSYCHOLOGY, PSYCHOPATHOLOGY, AND FUNCTION AND DISEASES OF THE NERVOUS SYSTEM. AN ANALYSIS OF HIS DOCTRINES, OBSERVATIONES AND EXPERIMENTS. S. KARGER, BASEL. PP. 189-199.

## GALEN'S CLASSIFICATION OF MELANCHOLIA

### GENERAL MELANCHOLIA

BRAIN MELANCHOLIA  
HYPOCHONDRIACAL MELANCHOLIA  
CONSTITUTIONAL MELANCHOLIA