

JUDD, RAPAPORT, PAULUS AND BROWN'S CRITERIA OF SUBSYNDROMAL SYMPTOMATIC DEPRESSION

1. DEPRESSED MOOD
2. ANHEDONIA/
LACK OF INTEREST

Both present, proceed to 3

Possible Subsyndromal Symptomatic
Depression With Mood Disturbance

1 present, proceed to 10

Possible Subsyndromal Symptomatic
Depression With Mood Disturbance

None present, proceed to 28

Possible Subsyndromal Symptomatic
Depression Without Mood Disturbance

3. DECREASED APPETITE/
EXCESSIVE APPETITE
4. HYPERSOMNIA/
INSOMNIA
5. AGITATION/
MOTOR RESTLESSNESS/
MOTOR RETARDATION/
STUPOR
6. ASTHENIA/
LACK OF DRIVE
7. FEELINGS OF GUILT/
FEELING OF INADEQUACY/
FEELING OF WORTHLESSNESS
8. RESTRICTED THINKING/
DISTURBANCE OF CONCENTRATION/
INDECISIVENESS
RETARDED THINKING
9. RECURRENT THOUGHTS OF DEATH/
SUICIDAL TENDENCIES

Less than 3 of 7 present, proceed to 18

Possible Subsyndromal Symptomatic
Depression With Mood Disturbance

At least 3 of 7 present, stop

PSYCHIATRIC DISORDER

10. DECREASED APPETITE/
EXCESSIVE APPETITE
11. HYPERSOMNIA/
INSOMNIA
12. AGITATION/
MOTOR RESTLESSNESS/
MOTOR RETARDATION/
STUPOR

13. ASTHENIA/
LACK OF DRIVE
14. FEELINGS OF GUILT/
FEELING OF INADEQUACY/
FEELING OF WORTHLESSNESS
15. RESTRICTED THINKING/
DISTURBANCE OF CONCENTRATION/
INDECISIVENESS/
RETARDED THINKING
16. RECURRENT THOUGHTS OF DEATH/
SUICIDAL TENDENCIES

Less than 4 of 7 present, proceed to 17

Possible Subsyndromal Depression with
Mood Disturbance
PSYCHIATRIC DISORDER

At least 4 of 7 present, stop

17. DEPRESSED MOOD

Present, proceed to 18

Possible Subsyndromal Depression with
Mood Disturbance

Absent, proceed to 28

Possible Subsyndromal Depression
without Mood Disturbance

18. DECREASED APPETITE/
EXCESSIVE APPETITE
19. HYPERSOMNIA/
INSOMNIA
20. ASTHENIA/
LACK OF DRIVE
21. FEELING OF INADEQUACY/
FEELING OF WORTHLESSNESS
22. DISTURBANCE OF CONCENTRATION/
INDECISIVENESS
23. FEELING OF HOPELESSNESS

At least 2 of 6 present, proceed to 24

Possible Subsyndromal Depression with
Mood Disturbance

Less than 2 of 6 present, proceed to 25

Possible Subsyndromal Depression with
Mood Disturbance

24. PROLONGED DURATION

Absent, proceed to 25

Possible Subsyndromal Depression with
Mood Disturbance

Present, stop

PSYCHIATRIC DISORDER

25. AGITATION/

ANHEDONIA/
 ASTHENIA/
 RESTRICTED THINKING/
 DECREASED APPETITE/
 DISTURBANCE OF CONCENTRATION/
 EXCESSIVE APPETITE/
 FEELING OF INADEQUACY/
 FEELING OF EMPTINESS/
 FEELING OF WORTHLESSNESS/
 HYPERSOMNIA/
 INDECISIVENESS/
 INSOMNIA/
 LACK OF DRIVE/
 MOTOR RESTLESSNESS/
 MOTOR RETARDATION/
 RECURRENT THOUGHTS OF DEATH/
 RETARDED THINKING/
 SUICIDAL TENDENCIES
 STUPOR

Present, proceed to 26

Absent, stop

Possible Subsyndromal Symptomatic
 Depression with Mood Disturbance
 PSYCHIATRIC DISORDER

26. MINIMAL DURATION

Present, proceed to 27

Absent, stop

Probable Subsyndromal Symptomatic
 Depression with Mood Disturbance
 PSYCHIATRIC DISORDER

27. MANIA/ HYPOMANIA

Present, stop

Absent, stop

PSYCHIATRIC DISORDER
 SUBSYNDROMAL SYMPTOMATIC
 DEPRESSION WITH MOOD
 DISTURBANCE

28. EARLY INSOMNIA

29. MIDDLE INSOMNIA

30. LATE INSOMNIA

31. HYPERSOMNIA

32. ASTHENIA

33. LACK OF DRIVE

34. RECURRENT THOUGHTS OF DEATH/ SUICIDAL TENDENCIES

35. EXCESSIVE APPETITE

- 36. DECREASED APPETITE
- 37. DISTURBANCE OF CONCENTRATION
- 38. RETARDED THINKING
- 39. RESTRICTED THINKING
- 40. INDECISIVENESS
- 41. FEELINGS OF INADEQUACY/
FEELING OF WORTHLESNESS
- 42. ANHEDONIA
- 43. FEELING OF EMPTINESS
- 44. MOTOR RESTLESSNESS
- 45. AGITATION
- 46. MOTOR RETARDATION
- 47. STUPOR

At least 2 of 20 present, proceed to 48

Possible Subsyndromal Symptomatic
Depression Without Mood Disturbance
PSYCHIATRIC DISORDER

Less than 2 of 20 present, stop

48. MINIMAL DURATION

Present, proceed to 49

Probable Subsyndromal Symptomatic
Depression without Mood Disturbance
PSYCHIATRIC DISORDER

Absent, stop

49. MANIA/ HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER
SUBSYNDROMAL SYMPTOMATIC
DEPRESSION WITHOUT MOOD
DISTURBANCE

Absent, stop

It consists of a total number of 102 digits, based on 31 codes included in 49 variables organized into 12 decision clusters, yielding 2 diagnoses.

It is based on Judd, Rapaport, Paulus and Brown's paper on "Subsyndromal symptomatic depression: A new mood disorder," published in a supplement of the *Journal of Clinical Psychiatry* in 1994, in which subsyndromal depression was first described and separated into subsyndromal depression with mood disturbance and subsyndromal depression without mood disturbance. In revised CODE-DD subsyndromal depression is diagnosed on the basis of the presence of depressive symptoms with at least two weeks duration in the absence of major depression and dysthymia.

JUDD LL, RAPAPORT MH, PAULUS, MP, BROWN JL (1994) SUBSYNDROMAL SYMPTOMATIC DEPRESSION: A NEW MOOD DISORDER. J CLIN PSYCHIATRY 55 (4 SUPPL): 18 - 28

Judd LL, Akiskal HS, Maser JD, Zeller PJ, Endicott J, Coryell W, Paulus MP, Kunovac JL, Leon AC, Mueller TI, Rice JA, Keller MB (1998) A prospective 12-year study of subsyndromal and syndromal depressive symptoms in unipolar major depressive disorders. *Arch Gen Psychiatry* 55: 694-700

JUDD, RAPAPORT, PAULUS AND BROWN'S CRITERIA OF SUBSYNDROMAL SYMPTOMATIC DEPRESSION

SUBSYNDROMAL SYMPTOMATIC DEPRESSION WITH MOOD DISTURBANCE
SUBSYNDROMAL SYMPTOMATIC DEPRESSION WITHOUT MOOD
DISTURBANCE