

ICD-10 CLASSIFICATION OF DEPRESSIVE DISORDERS (CLINICAL)

1. DEPRESSED MOOD/
UNMOTIVATED DEPRESSED MOOD
2. ANHEDONIA/
LACK OF INTEREST
3. ASTHENIA/
LACK OF DRIVE/
FEELINGS OF LOSS OF VITALITY

2 of 3 present, proceed to 4
All 3 present, proceed to 8
1 of 3 present, proceed to 77
None present, stop

Possible Mild Depressive Episode
Possible Severe Depressive Episode
Possible Dysthymia
PSYCHIATRIC DISORDER

4. MEDICAL ILLNESS
5. DEPRESSIVE SYNDROME IN TEMPORAL
CONNECTION WITH MEDICAL
ILLNESS

Less than 2 present, proceed to 6
Both present, stop

Possible Mild Depressive Episode
PSYCHIATRIC DISORDER

6. SUBSTANCE USE
7. DEPRESSIVE SYNDROME IN TEMPORAL
CONNECTION WITH SUBSTANCE USE

Less than 2 present, proceed to 12
Both present, stop

Possible Mild Depressive Episode
PSYCHIATRIC DISORDER

8. MEDICAL ILLNESS
9. DEPRESSIVE SYNDROME IN TEMPORAL
CONNECTION WITH
MEDICAL ILLNESS

Less than 2 present, proceed 10
Both present, stop

Possible Severe Depressive Episode
PSYCHIATRIC DISORDER

10. SUBSTANCE USE
11. DEPRESSIVE SYNDROME IN TEMPORAL
CONNECTION WITH SUBSTANCE USE

Less than 2 present, proceed to 13
At least 2 present, stop

Possible Severe Depressive Episode
PSYCHIATRIC DISORDER

12. MINIMAL DURATION

Present, proceed to 14
Absent, proceed to 67

Possible Mild Depressive Episode
Possible Recurrent Brief Depressive
Disorder

13. MINIMAL DURATION

Present, proceed to 21
Absent, proceed to 74

Possible Severe Depressive Episode
Possible Recurrent Brief Depressive
Disorder

14. DISTURBANCE OF CONCENTRATION

15. FEELING OF INADEQUACY

16. FEELINGS OF GUILT/ FEELING OF WORTHLESSNESS

17. FEELING OF HOPELESSNESS PESSIMISTIC OUTLOOK

18. LOSS OF DESIRE TO LIVE/ RECURRENT THOUGHTS OF DEATH/ SUICIDAL TENDENCIES

19. HYPERSOMNIA/ INSOMNIA

20. DECREASED APPETITE

At least 2 but less than 4 of 7
present, proceed to 28
At least 4 of 7 present,
proceed to 42
Less than 2 of 7 present,
proceed to 77

Possible Mild Depressive Episode with
Somatic Syndrome
Possible Moderate Depressive Episode
with Somatic Syndrome
Possible Dysthymia

21. DISTURBANCE OF CONCENTRATION

22. FEELING OF INADEQUACY

23. FEELINGS OF GUILT/ FEELING OF WORTHLESSNESS

24. FEELING OF HOPELESSNESS/ PESSIMISTIC OUTLOOK

25. LOSS OF DESIRE TO LIVE/ RECURRENT THOUGHTS OF DEATH/ SUICIDAL TENDENCIES

26. HYPERSOMNIA/ INSOMNIA

27. DECREASED APPETITE

At least 1 but less than 3 of 7
present, proceed to 28
At least 3 but less than 5 of 7

Possible Mild Depressive
Episode with Somatic Syndrome
Possible Moderate

present, proceed to 42	Depressive Episode with Somatic Syndrome
At least 5 of 7 present, proceed to 56	Possible Severe Depressive Episode with Mood Congruent Psychotic Symptoms
None present, proceed to 77	Possible Dysthymia
28. ANHEDONIA/ LACK OF INTEREST	
29. ABSENCE OF REACTIVE MOOD CHANGES/ APATHETIC INDIFFERENCE	
30. LATE INSOMNIA	
31. WORSE IN THE MORNING	
32. AGITATION/ MOTOR RESTLESSNESS/ MOTOR RETARDATION	
33. DECREASED APPETITE	
34. WEIGHT LOSS	
35. DECREASED SEX DRIVE	
At least 4 of 8 present, proceed to 36	Possible Recurrent Depressive Disorder, Current Episode Mild With Somatic Syndrome
Less than 4 of 8 present, proceed to 39	Possible Recurrent Depressive Disorder, Current Episode Mild Without Somatic Syndrome
36. FIRST EPISODE	
Present, proceed to 37	Probable Mild Depressive Episode with Somatic Syndrome
Absent, proceed to 38	Probable Recurrent Depressive Disorder, Current Episode Mild with Somatic Syndrome
37. MANIA/ HYPOMANIA	
Present, stop	PSYCHIATRIC DISORDER
Absent, stop	MILD DEPRESSIVE EPISODE WITH SOMATIC SYNDROME
38. MANIA/ HYPOMANIA	
Present, stop	PSYCHIATRIC DISORDER

Absent, stop	RECURRENT.DEPRESSIVE DISORDER, CURRENT EPISODE MILD WITH SOMATIC SYNDROME
39. FIRST EPISODE	
Present, proceed to 40	Probable Mild Depressive Episode without Somatic Syndrome
Absent, proceed to 41	Probable Recurrent Depressive Disorder, Current Episode Mild Without Somatic Syndrome
40. MANIA/ HYPOMANIA	
Present, stop	PSYCHIATRIC DISORDER MILD DEPRESSIVE EPISODE WITHOUT SOMATIC SYNDROME
Absent, stop	
41. MANIA/ HYPOMANIA	
Present, stop	PSYCHIATRIC DISORDER RECURRENT DEPRESSIVE DISORDER, CURRENT EPISODE MILD WITHOUT SOMATIC SYNDROME
Absent, stop	
42. ANHEDONIA/ LACK OF INTEREST	
43. ABSENCE OF REACTIVE MOOD CHANGES/ APATHETIC INDIFFERENCE	
44. LATE INSOMNIA	
45. WORSE IN THE MORNING	
46. AGITATION/ MOTOR RESTLESSNESS/ MOTOR RETARDATION	
47. DECREASED APPETITE	
48. WEIGHT LOSS	
49. DECREASED SEX DRIVE	
At least 4 of 8 present, proceed to 50	Possible Recurrent Depressive Disorder, Current Episode Moderate With Somatic Syndrome
Less than 4 of 8 present, proceed to 53	Possible Recurrent Depressive Disorder, Current Episode Moderate Without Somatic Syndrome

50. FIRST EPISODE

Present, proceed to 51

Probable Moderate Depressive Episode
with Somatic Syndrome

Absent, proceed to 52

Probable Recurrent Depressive Disorder,
Current Episode Moderate with Somatic
Syndrome51. MANIA/
HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER
MODERATE DEPRESSIVE EPISODE
WITH SOMATIC SYNDROME

Absent, stop

52. MANIA/
HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER
RECURRENT.DEPRESSIVE
DISORDER, CURRENT EPISODE
MODERATE WITH SOMATIC
SYNDROME

Absent, stop

53. FIRST EPISODE

Present, proceed to 54

Probable Moderate Depressive Episode
without Somatic Syndrome

Absent, proceed to 55

Probable Recurrent Depressive Disorder,
Current Episode Moderate without
Somatic Syndrome54. MANIA/
HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER
MODERATE DEPRESSIVE EPISODE
WITHOUT SOMATIC SYNDROME

Absent, stop

55. MANIA/
HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER
RECURRENT.DEPRESSIVE
DISORDER, CURRENT EPISODE

Absent, stop

MODERATE WITHOUT SOMATIC
SYNDROME

56. DELUSIONS/
HALLUCINATIONS/
STUPOR

Absent, proceed to 57

Possible Severe Depressive Episode
Without Psychotic Symptoms

Present, proceed to 60

Possible Severe
Depressive Episode
With Mood Congruent
Psychotic Symptoms

57. FIRST EPISODE

Present, proceed to 58

Probable Severe Depressive
Episode without
Psychotic Symptoms

Absent, proceed to 59

Probable Recurrent
Depressive Disorder,
Current Episode Severe
without Psychotic
Symptoms

58. MANIA/
HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER
SEVERE DEPRESSIVE
EPISODE WITHOUT
PSYCHOTIC SYMPTOMS

Absent, stop

59. MANIA/
HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER
RECURRENT DEPRESSIVE
DISORDER, CURRENT
EPISODE SEVERE
WITHOUT PSYCHOTIC
SYMPTOMS

Absent, stop

60. MOOD-CONGRUENT PSYCHOTIC SYMPTOMS

Present, proceed to 61

Possible Severe
Depressive Episode

Absent, proceed to 64	With Mood Congruent Psychotic Symptoms Possible Severe Depressive Episode With Mood Incongruent Psychotic Symptoms
61. FIRST EPISODE	
Present, proceed to 62	Probable Severe Depressive Episode with Mood Congruent Psychotic Symptoms
Absent, proceed to 63	Probable Recurrent Depressive Disorder, Current Episode Severe with Mood Congruent Psychotic Symptoms
62. MANIA/ HYPOMANIA	
Present, stop Absent, stop	PSYCHIATRIC DISORDER SEVERE DEPRESSIVE EPISODE WITH MOOD CONGRUENT PSYCHOTIC SYMPTOMS
63. MANIA/ HYPOMANIA	
Present, stop Absent, stop	PSYCHIATRIC DISORDER RECURRENT DEPRESSIVE DISORDER, CURRENT EPISODE SEVERE WITH MOOD CONGRUENT PSYCHOTIC SYMPTOMS
64. FIRST EPISODE	
Present, proceed to 65	Probable Severe Depressive Episode with Mood Incongruent Psychotic Symptoms
Absent, proceed to 66	Probable Recurrent Depressive Disorder, Current Episode Severe

with Mood Incongruent
Psychotic Symptoms

65. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
SEVERE DEPRESSIVE
EPISODE WITH MOOD
INCONGRUENT PSYCHOTIC
SYMPTOMS

66. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
RECURRENT DEPRESSIVE
DISORDER, CURRENT
EPISODE SEVERE WITH
MOOD INCONGRUENT
PSYCHOTIC SYMPTOMS

67. FEELING OF INADEQUACY/
FEELING OF WORTHLESSNESS

68. FEELINGS OF GUILT/
SELF-INCRIMINATION

69. LOSS OF DESIRE TO LIVE/
RECURRENT THOUGHTS OF DEATH/
SUICIDAL TENDENCIES

70. DISTURBANCE OF CONCENTRATION/
INDECISIVENESS/
RETARDED THINKING

71. AGITATION/
MOTOR RESTLESSNESS/
MOTOR RETARDATION

72. HYPERSOMNIA/
INSOMNIA

73. DECREASED APPETITE/
EXCESSIVE APPETITE/
WEIGHT GAIN/
WEIGHT LOSS

At least 2 of 7 present,
proceed to 75
Less than 2 of 7 present, stop

Possible Recurrent Brief
Depressive Disorder
PSYCHIATRIC DISORDER

74. DISTURBANCE OF CONCENTRATION/
 DECREASED APPETITE/
 EXCESSIVE APPETITE/
 FEELINGS OF GUILT/
 FEELING OF HOPELESSNESS/
 FEELING OF INADEQUACY/
 FEELING OF WORTHLESSNESS/
 HYPERSOMNIA/
 INDECISIVENESS/
 INSOMNIA/
 LOSS OF DESIRE TO LIVE/
 RETARDED THINKING/
 SELF-INCRIMINATION/
 SUICIDAL TENDENCIES

Present, proceed to 75

Possible Recurrent Brief
 Depressive Disorder
 PSYCHIATRIC DISORDER

Absent, stop

75. FREQUENT RECURRENCE

Present, proceed to 76

Probable Recurrent Brief
 Depressive Disorder
 Possible Brief Depressive
 Reaction

Absent, proceed to 96

76. MANIA/
 HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER
 RECURRENT BRIEF DEPRESSIVE
 DISORDER

Absent, stop

77. DEPRESSED MOOD/
 UNMOTIVATED DEPRESSED MOOD

Present, proceed to 78

Possible Dysthymia
 PSYCHIATRIC DISORDER

Absent, stop

78. MEDICAL ILLNESS
 79. DEPRESSIVE SYNDROME IN TEMPORAL
 CONNECTION WITH MEDICAL ILLNESS

Less than 2 present, proceed to 81

Possible Dysthymia
 PSYCHIATRIC DISORDER

Both present, stop

80. SUBSTANCE USE

81. DEPRESSIVE SYNDROME IN TEMPORAL
CONNECTION WITH SUBSTANCE USE

Less than 2 present, proceed to 83
Both present, stop

Possible Dysthymia
PSYCHIATRIC DISORDER

82. PROLONGED DURATION

Present, proceed to 84
Absent, proceed to 96

Possible Dysthymia
Possible Brief Depressive
Reaction

83. ASTHENIA/
FEELINGS OF LOSS OF VITALITY/
MOTOR RETARDATION
84. INSOMNIA
85. FEELING OF INADEQUACY/
FEELING OF WORTHLESSNESS
86. DISTURBANCE OF CONCENTRATION
87. TEARFUL
88. ANHEDONIA/
DECREASED SEX DRIVE
89. FEELING OF HOPELESSNESS
90. IMPAIRMENT OF ADAPTATION AT WORK/
IMPAIRMENT OF SOCIAL ADAPTATION
91. PESSIMISTIC OUTLOOK/
RUMINATION
92. WITHDRAWAL
93. RETARDED THINKING (LESS TALKATIVE)

At least 3 of 11 present,
proceed to 95
Less than 3 of 11 present, stop

Probable Dysthymia
PSYCHIATRIC DISORDER

94. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
DYSTHYMIA

95. PRECIPITATING FACTOR
96. DEPRESSIVE SYNDROME IN TEMPORAL
CONNECTION WITH PRECIPITATING
FACTOR

Both present, proceed to 98

Possible Brief
Depressive Reaction

Less than 2 present, stop	PSYCHIATRIC DISORDER
97. DECREASED APPETITE/ DISTURBANCE OF CONCENTRATION/ EXCESSIVE APPETITE/ FEELINGS OF GUILT/ FEELING OF HOPELESSNESS/ FEELING OF INADEQUACY/ FEELING OF WORTHLESSNESS/ HYPERMOMNIA/ INDECISIVENESS/ INSOMNIA/ LOSS OF DESIRE TO LIVE/ RETARDED THINKING/ SELF-INCRIMINATION/ SUICIDAL TENDENCIES	
Present, proceed to 99	Possible Brief Depressive Reaction
Absent, stop	PSYCHIATRIC DISORDER
98. TRANSIENT DURATION	
Present, proceed to 100	Probable Brief Depressive Reaction
Absent, proceed to 101	Possible Prolonged Depressive Reaction
99. MANIA/ HYPOMANIA	
Present, stop	PSYCHIATRIC DISORDER
Absent, stop	BRIEF DEPRESSIVE REACTION
100. EXTENDED DURATION	
Present, proceed to 102	Probable Prolonged Depressive Reaction
Absent, stop	PSYCHIATRIC DISORDER
102. MANIA/ HYPOMANIA	
Present, stop	PSYCHIATRIC DISORDER
Absent, stop	PROLONGED DEPRESSIVE REACTION

It consists of a total number of 188 digits, based on 56 codes, included in 102 variables and organised into 50 decision clusters, yielding 18 diagnoses.

It is based on *The ICD-10 Classification of Mental and Behavioral Disorders Diagnostic Criteria for Research*, in which depressive disorders are divided into mild, moderate and severe depressive episodes (first episode) and disorders (recurrent episode), recurrent brief depressive disorder, brief and prolonged depressive reaction and dysthymia; mild and moderate depressive episodes and disorders are subdivided into episodes and disorders with or without somatic symptoms; and severe depressive disorders are subdivided into episodes and disorders with or without mood-congruent or mood-incongruent psychotic symptoms. In revised CODE-DD depressive disorders are characterized by depressed mood (unmotivated depressed mood), anhedonia (lack of interest), asthenia (lack of drive, or feeling of loss of vitality) with disturbance of concentration (indecisiveness or retarded thinking), feeling of inadequacy, feeling of guilt (feeling of worthlessness or self-incrimination), feeling of hopelessness, loss of desire to live (suicidal tendencies), hypersomnia (insomnia) and decreased appetite (excessive appetite) with a minimal duration; recurrent brief depressive disorder by frequent recurrence; dysthymia by asthenia (lack of drive or feeling loss of vitality), insomnia, feeling of inadequacy, disturbance of concentration, tearfulness, anhedonia (lack of interest), feeling of hopelessness, feelings of helplessness, displeasure (rumination), impairment of adaptation at work (impairment of social adaptation) and retarded thinking with prolonged duration; and brief depressive reaction by depressed mood (unmotivated depressed mood, anhedonia, lack of interest, asthenia, lack of drive or feeling of loss of vitality) with decreased appetite (disturbance of concentration, excessive appetite, feeling of guilt, feeling of hopelessness, feeling of inadequacy, feeling of worthlessness, hypersomnia, indecisiveness, insomnia, loss of desire to live, retarded thinking, self-incrimination, suicidal tendencies) in temporal connection with precipitating factor.

WORLD HEALTH ORGANISATION (1993) *The ICD-10 CLASSIFICATION OF MENTAL AND BEHAVIOURAL DISORDERS. DIAGNOSTIC CRITERIA FOR RESEARCH*> GENEVA, WORLD HEALTH ORGANISATION, pp 77-90

ICD-10 Classification of Mental and Behavioural Disorders. Clinical descriptions and diagnostic guidelines. Geneva, World Health Organization, pp. 119-149