

KAPLAN AND SADOCK'S CRITERIA OF UNCOMPLICATED BEREAVEMENT

1. DEPRESSED MOOD

Present, proceed to 2	Possible Uncomplicated Bereavement
Absent, stop	PSYCHIATRIC DISORDER

2. LOSS OF LOVED ONE

3. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH LOSS OF LOVED ONE

Both present, proceed to 4	Possible Uncomplicated Bereavement
Less than 2 present, stop	PSYCHIATRIC DISORDER

4. SUICIDAL TENDENCIES

5. FEELING OF WORTHLESSNESS/ SELF-INCRIMINATION

6. IMPAIRMENT OF ADAPTATION AT WORK/ IMPAIRMENT OF SOCIAL ADAPTATION

7. MOTOR RETARDATION

Less than 3 of 4 present, proceed to 8	Possible Uncomplicated Bereavement
At least 3 of 4 present, stop	PSYCHIATRIC DISORDER

8. ASTHENIA/ DECREASED APPETITE/ DECREASED SEX DRIVE/ MOTOR RESTLESSNESS/ MOTOR RETARDATION/ TEARFUL/ WEIGHT LOSS/ WITHDRAWAL

Present, proceed to 9	Probable Uncomplicated Bereavement
Absent, stop	PSYCHIATRIC DISORDER

9. MANIA/ HYPOMANIA

Present, stop	PSYCHIATRIC DISORDER
Absent, stop	UNCOMPLICATED BEREAVEMENT

It consists of a total of 18 digits, based on 17 codes included in 9 variables organized into 5 decision clusters, yielding 1 diagnosis.

It is based on the 5th edition of Kaplan and Saddock's *Synopsis of Psychiatry, Behavioral Sciences, Clinical Psychiatry* published in 1988, in which the diagnostic concept of uncomplicated bereavement is formulated on the basis with consideration of Freud's (1917), Lindemann's (1945), Bowlby's (1961) and Park's (1983) contributions. In revised CODE-DD uncomplicated bereavement is characterized by depressed mood in temporal connection with loss of loved one with asthenia (decreased appetite, decreased sex drive, motor restlessness, motor retardation, tearfulness, weight loss and withdrawal) in the absence of suicidal tendencies, feeling of worthlessness (self-incrimination), impairment of adaptation at work (impairment of social adaptation) and motor retardation.

KAPLAN HI, SADOCK BJ (1988) SYNOPSIS OF PSYCHIATRY BEHAVIORAL SCIENCES CLINICAL PSYCHIATRY. FIFTH EDITION. WILLIAMS & WILKINS, BALTIMORE, pp.51-55

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Lindemann E (1945) Symptomatology and management of acute grief. *Amer J Psychiatry* 101: 141-48

Bowlby J (1961) Process of mourning. *Internat J Psychoanalysis* 42: 317-40

Parkes CM (1983) *Recovery from Bereavement*. Basic Books, New York

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UNCOMPLICATED BEREAVEMENT