

MICHAEL LIEBOWITZ, FREDERIC M. QUITKIN, JONATHAN STEWART, PATRICK  
MC GRATH, WILMA HARRISON, JUDITH G. RABKIN AND DONALD KLEIN'S  
CRITERIA OF ATYPICAL DEPRESSION

1. ANHEDONIA/  
DEPRESSED MOOD/  
DYSPHORIA/  
LACK OF INTEREST

Present, proceed to 2  
Absent, stop

Possible Atypical Depression  
PSYCHIATRIC DISORDER

2. SHORT DURATION

Absent, proceed to 3  
Present, stop

Possible Atypical Depression  
PSYCHIATRIC DISORDER

3. DISTURBANCE OF CONCENTRATION/  
INDECISIVENESS/  
RETARDED THINKING
4. RUMINATION
5. HYPOCHONDRIASIS
6. DEPRESSED MOOD
7. ANHEDONIA/  
APATHETIC INDIFFERENCE/  
LACK OF INTEREST
8. FEELING OF INADEQUACY
9. FEELINGS OF GUILT/  
SELF-INCRIMINATION
10. FEELINGS OF IMPOVERISHMENT
11. FEELING OF HOPELESSNESS
12. HOSTILITY/  
IRRITABILITY
13. ASTHENIA/  
LACK OF DRIVE
14. COMPLAINTIVENESS/  
DRIVEN COMPLAINTIVENESS
15. LOSS OF DESIRE TO LIVE/  
SUICIDAL TENDENCIES
16. AGITATION/  
MOTOR RESTLESSNESS/  
MOTOR RETARDATION
17. HYPERSOMNIA/  
INSOMNIA
18. DECREASED APPETITE/  
EXCESSIVE APPETITE/  
WEIGHT GAIN/

## WEIGHT LOSS

At least 2 of 16 present, proceed to 19  
 Less than 2 present, stop

Possible Atypical Depression  
 PSYCHIATRIC DISORDER

19. FEELING OF ALIEN INFLUENCES/  
 INCOHERENCE/  
 INHIBITED THINKING/  
 NEGATIVISM/  
 CATATONIC MANIFESTATIONS/  
 TANGENTIAL THINKING/  
 THOUGHT BROADCASTING/  
 THOUGHT INSERTION/  
 THOUGHT WITHDRAWAL

Absent, proceed to 20  
 Present, stop

Possible Atypical Depression  
 PSYCHIATRIC DISORDER

## 20. REACTIVE MOOD CHANGES

Present, proceed to 21  
 Absent, stop

Possible Atypical Depression  
 PSYCHIATRIC DISORDER

21. EXCESSIVE APPETITE/  
 WEIGHT GAIN  
 22. CLINOPHILIA/  
 HYPERSOMNIA  
 23. ASTHENIA/  
 LEADEN PARALYSIS  
 24. REJECTION SENSITIVITY

At least 2 of 4 present, proceed to 25  
 Less than 2 of 4 present, stop

Probable Atypical Depression  
 PSYCHIATRIC DISORDER

25. MANIA/  
 HYPOMANIA

Present, stop  
 Absent, stop

PSYCHIATRIC DISORDER  
 ATYPICAL DEPRESSION

It consists of a total number of 53 digits, based on 47 codes included in 25 variables organized into 7 decision clusters, yielding 1 diagnosis.

It is based in Michael Liebowitz, Frederic M. Quitkin, Jonathan Stewart, Patrick Mc Grath, Wilma Harrison and Judith Rabkin's paper entitled "Methodological issues in developing nosological systems for chronic depressive illness," published in the *Psychopharmacology Bulletin* in 1984 in which Atypical depression was described as depression associated mood

reactivity and two or more of the following: increased appetite or weight gain, oversleeping or staying more time in bed or severe fatigue creating a leaden paralysis.

In revised CODE-DD it is characterized by depressed mood, associated with reactive mood changes, hypersomnia, excessive appetite, lethargy or asthenia

LIEBOWITZ M, QUITKIN FM, STEWART J, MC GRATH P, HARRISON W AND RABKIN J (1984) METHODOLOGICAL ISSUES IN DEVELOPING NOSOLOGICAL SYSTEMS FOR CHRONIC DEPRESSIVE ILLNESS. PSYCHOPHARMACOLOGY BULLETIN 30(3):390-392

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ATYPICAL DEPRESSION