

## DSM-III CLASSIFICATION OF DEPRESSIVE DISORDERS

1. ANHEDONIA/  
DEPRESSED MOOD/  
DYSPHORIA/  
IRRITABILITY/  
LACK OF INTEREST

Present, proceed to 2

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms

Absent, proceed to 73

Possible Major Depressive  
Disorder in Remission

2. LOSS OF LOVED ONE
3. DEPRESSIVE SYNDROME IN TEMPORAL  
CONNECTION WITH LOSS OF LOVED  
ONE

Both present, proceed to 4

Possible Uncomplicated  
Bereavement

Less than 2 of 2 present,  
proceed to 6

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms

4. FEELING OF WORTHLESSNESS  
IMPAIRMENT OF ADAPTATION AT WORK/  
IMPAIRMENT OF ADAPTATION AT HOME/  
IMPAIRMENT OF SOCIAL ADAPTATION  
PROLONGED DURATION  
MOTOR RETARDATION/  
STUPOR

Absent, proceed to 5

Probable Uncomplicated  
Bereavement

Present, proceed to 6

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms

5. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
UNCOMPLICATED BEREAVEMENT

6. DECREASED APPETITE/  
EXCESSIVE APPETITE/  
WEIGHT GAIN/  
WEIGHT LOSS
7. HYPERSOMNIA/  
INSOMNIA
8. AGITATION/  
MOTOR RESTLESSNESS/  
MOTOR RETARDATION/
9. ANHEDONIA/  
DECREASED SEX DRIVE/  
LACK OF INTEREST
10. ASTHENIA/  
LACK OF DRIVE
11. FEELINGS OF GUILT/  
FEELING OF WORTHLESSNESS/  
SELF-INCRIMINATION
12. DISTURBANCE OF CONCENTRATION/  
INDECISIVENESS/  
RETARDED THINKING
13. RECURRENTS THOUGHTS OF DEATH/  
LOSS OF DESIRE TO LIVE/  
SUICIDAL TENDENCIES

At least 4 of 8 present,  
proceed to 14

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms  
Possible Dysthymic Disorder

Less than 4 of 8 present,  
proceed to 16

14. PRECIPITATING FACTOR
15. DEPRESSIVE SYNDROME IN TEMPORAL  
CONNECTION WITH PRECIPITATING  
FACTOR

Both present, proceed to 18

Possible Adjustment  
Disorder with Depressed  
Mood

Less than 2 present,  
proceed to 25

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms

16. PRECIPITATING FACTOR  
 17. DEPRESSIVE SYNDROME IN TEMPORAL  
 CONNECTION WITH PRECIPITATING  
 FACTOR

Both present, proceed to 21

Possible Adjustment  
 Disorder with Depressed  
 Mood

Less than 2 present,  
 proceed to 46

Possible Dysthymic Disorder

18. DEPRESSED MOOD/  
 FEELING OF HOPELESSNESS/  
 TEARFUL  
 19. IMPAIRMENT OF ADAPTATION AT WORK/  
 IMPAIRMENT OF SOCIAL ADAPTATION  
 20. LIMITED DURATION

All 3 present, proceed to 24

Probable Adjustment  
 Disorder with Depressed  
 Mood

Less than 3 present,  
 proceed to 25

Possible Major Depressive  
 Disorder with Mood  
 Congruent Psychotic  
 Symptoms

21. DEPRESSED MOOD/  
 FEELING OF HOPELESSNESS/  
 TEARFUL  
 22. IMPAIRMENT OF ADAPTATION AT WORK/  
 IMPAIRMENT OF SOCIAL ADAPTATION  
 23. LIMITED DURATION

All 3 present, proceed to 24

Probable Adjustment  
 Disorder with Depressed  
 Mood

Less than 3 present,  
 proceed to 46

Possible Dysthymic Disorder

24. MANIA/  
 HYPOMANIA

Present, stop  
 Absent, stop

PSYCHIATRIC DISORDER  
 ADJUSTMENT DISORDER WITH  
 DEPRESSED MOOD

## 25. MEDICAL ILLNESS

26. DEPRESSIVE SYNDROME IN TEMPORAL  
CONNECTION WITH MEDICAL ILLNESS

Less than 2 present,  
proceed to 27

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms

Both present, stop

PSYCHIATRIC DISORDER

## 27. SUBSTANCE USE

28. DEPRESSIVE SYNDROME IN TEMPORAL  
CONNECTION WITH SUBSTANCE USE

Less than 2 present,  
proceed to 29

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms

Both present, stop

PSYCHIATRIC DISORDER

29. NON-AFFECTIVE PSYCHOTIC PSICHIATRIC  
ILLNESS30. DEPRESSIVE SYNDROME IN TEMPORAL  
CONNECTION WITH NON-AFFECTIVE  
PSYCHOTIC PSYCHIATRIC ILLNESS

Less than 2 present,  
proceed to 31

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms

Present, stop

PSYCHIATRIC DISORDER

## 31. MINIMAL DURATION

Present, proceed to 32

Possible Major Depressive  
Disorder with Mood  
Congruent Psychotic  
Symptoms

Absent, proceed to 68

Possible Atypical Depression

32. DELUSIONS/  
HALLUCINATIONS/  
STUPOR

Present, proceed to 33

Possible Major Depressive  
Disorder with Mood

Absent, proceed to 38	Congruent Psychotic Symptoms Possible Major Depressive Disorder with Melancholia
-----------------------	---

### 33. MOOD-CONGRUENT PSYCHOTIC SYMPTOMS

Present, proceed to 34	Probable Major Depressive Disorder with Mood Congruent Psychotic Symptoms
Absent, proceed to 35	Probable Major Depressive Disorder with Mood Incongruent Psychotic Symptoms

### 34. MANIA/ HYPOMANIA

Present, stop Absent, stop	PSYCHIATRIC DISORDER, MAJOR DEPRESSIVE DISORDER WITH MOOD CONGRUENT PSYCHOTIC SYMPTOMS
-------------------------------	---

### 35. MANIA/ HYPOMANIA

Present, stop Absent, stop	PSYCHIATRIC DISORDER MAJOR DEPRESSIVE DISORDER WITH MOOD INCONGRUENT PSYCHOTIC SYMPTOMS
-------------------------------	--

### 36. ANHEDONIA

### 37. ABSENCE OF REACTIVE MOOD CHANGES

Both present, proceed to 38	Probable Major Depressive Disorder with Melancholia
Less than 2 of 2 present, proceed to 45	Probable Major Depressive Disorder

### 38. UNMOTIVATED DEPRESSED MOOD

### 39. WORSE IN THE MORNING

### 40. LATE INSOMNIA

### 41. AGITATION/ MOTOR RESTLESSNESS/ MOTOR RETARDATION

### 42. DECREASED APPETITE/

WEIGHT LOSS  
43. FEELINGS OF GUILT

At least 3 of 6 present,  
proceed to 44  
Less than 3 of 6 present,  
proceed to 45

Probable Major Depressive  
Disorder with Melancholia  
Probable Major Depressive  
Disorder

44. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
MAJOR DEPRESSIVE DISORDER  
WITH MELANCHOLIA

45. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
MAJOR DEPRESSIVE DISORDER

46. ANHEDONIA/  
DEPRESSED MOOD/  
LACK OF INTEREST

Present, proceed to 47  
Absent, proceed to 73

Possible Dysthymic Disorder  
Possible Major Depressive  
Disorder in Remission

47. HYPERSOMNIA/  
INSOMNIA

48. ASTHENIA/  
LACK OF DRIVE

49. FEELING OF INADEQUACY/  
FEELING OF WORTHLESSNESS/

50. IMPAIRMENT OF SOCIAL ADAPTATION

51. DISTURBANCE OF CONCENTRATION/  
RETARDED THINKING

52. WITHDRAWAL

53. ANHEDONIA

54. IRRITABILITY/  
HOSTILITY

55. ABSENCE OF REACTIVE MOOD CHANGES

56. MOTOR RESTLESSNESS/  
MOTOR RETARDATION

57. FEELING OF HOPELESSNESS/  
RUMINATION/

SELF-PITY	
58. TEARFUL	
59. RECURRENT THOUGHTS OF DEATH/ SUICIDAL TENDENCIES	
At least 3 of 13 present, proceed to 60	Possible Dysthymic Disorder
Less than 3 of 13 present, proceed to 68	Possible Atypical Depression
60. DELUSIONS/ HALLUCINATIONS/ INCOHERENCE/ STUPOR	
Absent, proceed to 61	Possible Dysthymic Disorder
Present, stop	PSYCHIATRIC DISORDER
61. FIRST EPISODE	
62. PROLONGED DURATION	
Both present, proceed to 63	Possible Dysthymic Disorder
Less than 2 present, proceed to 68	Possible Atypical Depression
63. MEDICAL ILLNESS	
64. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH MEDICAL ILLNESS	
Absent, proceed to 65	Possible Dysthymic Disorder
Present, stop	PSYCHIATRIC DISORDER
65. SUBSTANCE USE	
66. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH SUBSTANCE USE	
Absent, proceed to 67	Probable Dysthymic Disorder
Present, stop	PSYCHIATRIC DISORDER
67. MANIA/ HYPOMANIA	
Present, stop	PSYCHIATRIC DISORDER
Absent, stop	DYSTHYMIC DISORDER
68. MEDICAL ILLNESS	
69. DEPRESSIVE SYNDROME IN TEMPORAL	

## CONNECTION WITH MEDICAL ILLNESS

Less than 2 present, proceed to 70	Possible Atypical Depression
Both present, stop	PSYCHIATRIC DISORDER

### 70. SUBSTANCE USE

### 71. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH SUBSTANCE USE

Less than 2 present, proceed to 72	Probable Atypical Depression
Both present, stop	PSYCHIATRIC DISORDER

### 72. MANIA/ HYPOMANIA

Present, stop	PSYCHIATRIC DISORDER
Absent, stop	ATYPICAL DEPRESSION

### 73. FIRST EPISODE

Present, proceed to 74	Probable Major Depressive Disorder in Remission
Absent, stop	PSYCHIATRIC DISORDER

### 74. MANIA/ HYPOMANIA

Present, stop	PSYCHIATRIC DISORDER
Absent, stop	MAJOR DEPRESSIVE DISORDER IN REMISSION

It consists of a total number of 124 digits, based on 60 codes included in 74 variables organized into 34 decision clusters.

It is based on the third edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-III) of the American Psychiatric Association published in 1980, in which depressive disorders are divided into major depressive disorders, dysthymic disorder, atypical depression and adjustment disorder with depressed mood; major depressive disorders are divided into major depressive disorder with mood congruent psychotic symptoms, major depressive disorder with mood incongruent psychotic symptoms, major depressive disorder with melancholia, major depressive disorder and major depressive disorder in remission. In revised CODE-DD major depressive disorder is characterized by anhedonia (depressed mood, dysphoria or lack of interest) of limited duration with decreased appetite (excessive appetite, weight gain or weight loss), hypersomnia (insomnia), agitation (motor restlessness, or motor retardation), anhedonia (decreased sex drive, or lack of interest), asthenia (lack of drive),



feeling of guilt (feeling of inadequacy, or self-incrimination), disturbance of concentration (indecisiveness, or retarded thinking), and loss of desire to live (suicidal tendencies); major depressive disorder with mood congruent psychotic symptoms by delusions (hallucinations) and mood congruent psychotic symptoms; major depressive disorder with mood incongruent psychotic symptoms by delusions (hallucinations, or stupor); dysthymia by anhedonia (depressed mood, or lack of interest) of prolonged duration with hypersomnia (insomnia), asthenia (lack of drive), feeling of inadequacy, impairment of social adaptation, disturbance of concentration (retarded thinking), withdrawal, anhedonia, motor restlessness (motor retardation), feeling of hopelessness (self-pity), tearfulness, and loss of desire to live (suicidal tendencies); atypical depression by anhedonia (depressed mood, dysphoria, or lack of interest); and adjustment disorder with depressed mood by depressed mood (feeling of hopelessness, or tearfulness), and impairment of adaptation at work (impairment of social adaptation) of limited duration and in temporal connection with precipitating factor.

AMERICAN PSYCHIATRIC ASSOCIATION (1980) *DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS THIRD EDITION*. AMERICAN PSYCHIATRIC PRESS, WASHINGTON PP 35-205

ANHEDONIA/

DEPRESSED MOOD/

DYSPHORIA/

IRRITABILITY/

LACK OF INTEREST = Dysphoric mood/

Sad/

Blue/

Hopeless/

Low/

Down in dumps/

Irritable/

Loss of interest or pleasure

LOSS OF LOVED ONE

DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH LOSS OF LOVED

ONE = A normal reaction to the death of a loved one; the reaction to the loss may not be immediate but rarely occurs after the first two or three months

FEELING OF WORTHLESSNESS = Morbid preoccupation with worthlessness

IMPAIRMENT OF ADAPTATION AT WORK/

IMPAIRMENT OF ADAPTATION AT HOME/

IMPAIRMENT OF SOCIAL ADAPTATION

PROLONGED DURATION = Prolonged and marked functional impairment

MOTOR RETARDATION/

STUPOR = Marked psychomotor retardation

LACK OF INTEREST/

ANHEDONIA = Loss of interest or pleasure

DECREASED APPETITE = Poor appetite

EXCESSIVE APPETITE = Increased appetite

WEIGHT GAIN = Weight gain

WEIGHT LOSS = Weight loss

HYPERSOMNIA/

INSOMNIA = Insomnia/

Hypersomnia

AGITATION/

MOTOR RESTLESSNESS/

MOTOR RETARDATION = Psychomotor retardation/  
Psychomotor agitation

ANHEDONIA/

DECREASED SEX DRIVE/

LACK OF INTEREST = Loss of interest or pleasure or  
decrease in sexual drive

ASTHENIA/

LACK OF DRIVE = Loss of energy/  
Fatigue

FEELING OF GUILT/

FEELING OF WORTHLESSNESS/

SELF-INCRIMINATION = Feelings of worthlessness/  
Self-reproach/  
Excessive or inappropriate guilt

DISTURBANCE OF CONCENTRATION/

INDECISIVENESS/

RETARDED THINKING = Diminished ability to think or concentrate/  
Slower thinking/  
Indecisiveness

RECURRENTS THOUGHTS OF DEATH/

SUICIDAL TENDENCIES/

LOSS OF DESIRE TO LIVE = Recurrent thoughts of death/  
Suicidal ideation/  
Wishes to be dead/  
Suicidal attempt

PRECIPITATING FACTOR

DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH PRECIPITATING FACTOR = A maladaptive reaction to an identifiable psychosocial stressor that occurs within three months of the onset of the stressor months

DEPRESSED MOOD/

FEELING OF HOPELESSNESS/

TEARFULNESS = Depressed mood/

Hopelessness/

Tearfulness

IMPAIRMENT OF ADAPTATION AT WORK/

IMPAIRMENT OF SOCIAL ADAPTATION = Impairment in social or occupational functioning

MINIMAL DURATION = Symptoms have been present for a period of at least two weeks

MEDICAL ILLNESS/

DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH MEDICAL

ILLNESS= Not due to an organic mental disorder

SUBSTANCE USE

DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH SUBSTANCE USE =

Not due to an organic mental disorder

NON-AFFECTIVE PSYCHIATRIC DISORDER

DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH NON-AFFECTIVE

PSYCHIATRIC DISORDER = Not superimposed on either schizophrenia, schizophreniform disorder or paranoid disorder

HALLUCINATIONS/

DELUSIONS/

STUPOR = Delusions/

Hallucinations/

Depressive stupor

MOOD-CONGRUENT PSYCHOTIC SYMPTOMS = Mood congruent (delusions,

hallucinations or depressive stupor)

UNMOTIVATED DEPRESSED MOOD = Distinct quality of Depressed mood

WORSE IN THE MORNING = Worse in the morning

LATE INSOMNIA = Early awakening (at least 2 hours before)

FEELINGS OF GUILT = Excessive or inappropriate guilt

ANHEDONIA/

DEPRESSED MOOD/

LACK OF INTEREST = Loss of interest or pleasure in most of the activities

IMPAIRMENT OF SOCIAL ADAPTATION = Decreased effectiveness or productivity at school, work or home

WITHDRAWAL = Social withdrawal

HOPELESSNESS/

RUMINATION/

SELF PITY = Pessimistic about the future/  
 Brooding about the past events/  
 Feeling sorry for self

PROLONGED DURATION = At least 2 years

FIRST EPISODE

FULL RECOVERY IN THE PAST

PRECIPITATING FACTOR

DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH PRECIPITATING FACTOR

IMPAIRMENT IN SOCIAL ADAPTATION

MANIC/HYPOMANIC EPISODE IN PAST

#### DSM-III CLASSIFICATION OF DEPRESSIVE DISORDERS

ADJUSTMENT DISORDER WITH DEPRESSED MOOD

MAJOR DEPRESSIVE DISORDER WITH MOOD CONGRUENT PSYCHOTIC SYMPTOMS

MAJOR DEPRESSIVE DISORDER WITH MOOD INCONGRUENT PSYCHOTIC SYMPTOMS

MAJOR DEPRESSIVE DISORDER WITH MELANCHOLIA

MAJOR DEPRESSIVE DISORDER

DYSTHYMIC DISORDER

ATYPICAL DEPRESSION

MAJOR DEPRESSIVE DISORDER IN REMISSION

