

RASKIN AND CROOK'S CLASSIFICATION OF DEPRESSION

1. DEPRESSED MOOD
2. FEELINGS OF IMPOVERISHMENT
3. FEELING OF HOPELESSNESS
4. WORSE IN THE MORNING
5. LATE INSOMNIA/
MIDDLE INSOMNIA
6. DECREASED APPETITE/
WEIGHT LOSS

At least 4 of 6 present, proceed to 7

Probable Type 3 or Endogenous
Depression

Less than 4 of 6 present, proceed to 8

Possible Type 2 or Neurotic Depression

7. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
TYPE 3 OR ENDOGENOUS
DEPRESSION

8. DEPRESSED MOOD
9. WORSE IN THE EVENING
10. EARLY INSOMNIA/
REACTIVE MOOD CHANGES

All 3 present, proceed to 11

Probable Type 2 or Neurotic Depression

Less than 3 present, proceed to 12

Possible Type 4 or Poor Premorbid
Personality Depression

11. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
TYPE 2 OR NEUROTIC DEPRESSION

12. EARLY INSOMNIA/
FEELINGS OF GUILT/
IDEAS OF REFERENCE/
SUSPICIOUSNESS/
SUICIDAL TENDENCIES

13. DEPRESSED MOOD
14. IMPAIRMENT OF SOCIAL ADAPTATION
IN PAST

All 3 present, proceed to 15	Probable Type 4 or Poor Premorbid Personality Depression
Less than 3 present, proceed to 16	Possible Type 1 or Agitated Depression

15. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
TYPE 4 OR POOR PREMORBID
PERSONALITY DEPRESSION

16. RESTRICTED THINKING/
DISTURBANCE OF CONCENTRATION/
FEELINGS OF GUILT/
FEELING OF HOPELESSNESS/
FEELINGS OF IMPOVERISHMENT/
IDEAS OF REFERENCE
RETARDED THINKING/

17. DEPRESSED MOOD

18. AGITATION/
MOTOR RESTLESSNESS

All 3 present, proceed to 19	Probable Type 1 or Agitated Depression
Less than 3 present, stop	PSYCHIATRIC DISORDER

19. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
TYPE 1 OR AGITATED DEPRESSION

It consists of a total number of 37 digits, based on 23 codes included in 19 variables organised into 8 decision clusters, yielding 4 diagnoses.

It is based on Raskin and Crook's paper, "The endogenous-neurotic distinction as a predictor of response to antidepressant drugs," published in *Psychological Medicine* in 1976, in which, with the employment of an "inverse factor analysis," depressed patients are grouped into four diagnostic types: type 1 or agitated depression, type 2 or neurotic depression, type 3 or endogenous depression and type 4 or poor premorbid personality depression. In revised CODE-DD type 1 or agitated depression is characterised by constricted thinking (disturbance of concentration, feeling of guilt, feeling of hopelessness, feeling of impoverishment, ideas of reference or retarded thinking), depressed mood and agitation (motor restlessness); type 2 or neurotic depression by depressed mood, worse in the evening and early insomnia (reactive mood changes); type 3 or endogenous depression by depressed mood, feeling of impoverishment, feeling of hopelessness, worse in the morning, late insomnia (middle insomnia) and decreased appetite (weight loss); and type 4 or poor premorbid personality

depression by early insomnia (feeling of guilt, ideas of reference, suspiciousness, suicidal tendencies), depressed mood and impairment of social adaptation in the past.

RASKIN A, CROOK TH (1976) THE ENDOGENOUS-NEUROTIC DISTINCTION AS A PREDICTOR OF RESPONSE TO ANTIDEPRESSANT DRUGS. PSYCHOLOGICAL MEDICINE 6: 59-70

RASKIN AND CROOK'S CLASSIFICATION OF DEPRESSION

TYPE 3 OR ENDOGENOUS DEPRESSION

TYPE 2 OR NEUROTIC DEPRESSION

TYPE 4 OR POOR PREMORBID PERSONALITY DEPRESSION

TYPE 1 OR AGITATED DEPRESSION