WING, COOPER AND SARTORIUS' CLASSIFICATION OF DEPRESSIVE **DISORDERS**

1. DEPRESSED MOOD

Possible Class D or Present, proceed to 2

Depressive Psychosis

PSYCHIATRIC DISORDER Absent, stop

2. DELUSIONS/

HALLUCINATIONS

3. MOOD-CONGRUENT PSYCHOTIC SYMPTOMS

Both present, proceed to 4 Probable Class D or Depressive

Psychosis

Possible Class R or Retarded Depression Less than 2 present, proceed to 5

4. MANIA/

HYPOMANIA

Present, stop PSYCHIATRIC DISORDER Absent, stop CLASS D OR DEPRESSIVE

PSYCHOSIS

5. AGITATION/

FEELINGS OF GUILT/

FEELING OF INADEQUACY/

FEELING OF WORTHLESSNESS

MOTOR RESTLESSNESS

MOTOR RETARDATION/

RETARDED THINKING/

STUPOR

Present, proceed to 6 Probable Class R or Retarded Depression Possible Class N or Neurotic Depression

Absent, proceed to 7

6. MANIA/

HYPOMANIA

Present, stop PSYCHIATRIC DISORDER CLASS R OR RETARDED Absent, stop

DEPRESSION

7. ANXIETY

Present, proceed to 8 Probable Class N or Neurotic Depression Absent, stop

PSYCHIATRIC DISORDER

8. MANIA/ HYPOMANIA

Present, stop Absent, stop PSYCHIATRIC DISORDER CLASS N OR NEUROTIC DEPRESSION

It consists of a total number of 19 digits, based on 15 codes included in 8 variables organised into 7 decision clusters, yielding 3 diagnoses.

It is based on Wing, Cooper and Sartorius' book, *Measurement and Classification of Psychiatric Symptoms*, published in 1974, in which depression is divided on the basis of psychopathologic symptoms into class D depression or depressive psychosis, class R depression or retarded depression and class N depression or neurotic depression. In revised CODE-DD class D or depressive psychosis is characterised by depressed mood with delusions (hallucinations) and mood congruent psychotic symptoms; class R or retarded depression by depressed mood with agitation (motor retardation, feeling of guilt, feeling of inadequacy, feeling of worthlessness, motor restlessness, retarded thinking or stupor); and class N or neurotic depression by depressed mood with anxiety.

WING JK, COOPER JE, SARTORIUS N (1974) MEASUREMENT AND CLASSIFICATION OF PSYCHIATRIC SYMPTOMS. CAMBRIDGE UNIVERSITY PRESS: GREAT BRITAIN

WING, COOPER AND SARTORIUS' CLASSIFICATION OF DEPRESSIVE DISORDERS

CLASS D OR DEPRESSIVE PSYCHOSIS CLASS R OR RETARDED DEPRESSION CLASS N OR NEUROTIC DEPRESSION