

CODE-UD
ST. LOUIS DIAGNOSTIC CRITERIA OF DEPRESSION FOR USE IN RESEARCH
FEIGHNER
10/03/05

1. ANXIOUS MOOD(14)/
DEPRESSED MOOD(41)/
DYSPHORIA(60)/
FEELING OF HOPELESSNESS(73)/
IRRITABILITY(117)/
PESSIMISTIC OUTLOOK(157)

Present, proceed to 2
Absent, stop

Possible Primary Depression
PSYCHIATRIC DISORDER

2. DECREASED APPETITE(32)/
WEIGHT LOSS(217)
3. HYPERSOMNIA(97)/
INSOMNIA(115)
4. ASTHENIA(17)/
LACK OF DRIVE(118)/
FEELING OF LOSS OF VITALITY(76)
5. AGITATION(7)/
MOTOR RESTLESSNESS(140)/
MOTOR RETARDATION(141)
6. APATHETIC INDIFFERENCE(15)/
DECREASED SEX DRIVE(33)/
LACK OF INTEREST(120)
7. FEELINGS OF GUILT(79)/
SELF-INCRIMINATION(177)
8. DISTURBANCE OF CONCENTRATION(55)/
RETARDED THINKING(171)
9. DESIRE TO DIE(53)/
LOSS OF DESIRE TO LIVE(128)/
RECURRENT THOUGHTS OF DEATH(164)/
SUICIDAL TENDENCIES(197)

At least 5 of 8 present,
proceed to 10
4 of 8 present, proceed to 11
Less than 4 of 8 present, stop

Possible Definite Primary
Depression
Possible Probable Primary
Depression
PSYCHIATRIC DISORDER

10. ACCEPTABLE DURATION(3)

Present, proceed to 12

Possible Definite Primary

Absent, stop	Depression PSYCHIATRIC DISORDER
11. ACCEPTABLE DURATION(3)	
Present, proceed to 16	Possible Probable Primary Depression
Absent, stop	PSYCHIATRIC DISORDER
12. NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS(148)	
13. DEPRESSION IN TEMPORAL CONNECTION WITH NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS(48)	
Less than 2 present, proceed to 14	Possible Definite Primary Depression
Both present, proceed to 20	Probable Definite Secondary Depression
14. MEDICAL ILLNESS(131)	
15. DEPRESSION IN TEMPORAL CONNECTION WITH MEDICAL ILLNESS(44)	
Both present, proceed to 20	Probable Definite Secondary Depression
Less than 2 present, proceed to 21	Probable Definite Primary Depression
16. NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS(148)	
17. DEPRESSION IN TEMPORAL CONNECTION WITH NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS(48)	
Less than 2 present, proceed to 18	Possible Probable Primary Depression
Both present, proceed to 22	Probable Probable Secondary Depression
18. MEDICAL ILLNESS(131)	
19. DEPRESSION IN TEMPORAL CONNECTION WITH MEDICAL ILLNESS(44)	
Both present, proceed to 22	Probable Probable Secondary Depression
Less than 2 present, proceed to 23	Probable Probable Primary Depression

20. HYPOMANIA(100)/
MANIA(130)

Present stop
Absent, stop

PSYCHIATRIC DISORDER
DEFINITE SECONDARY
DEPRESSION

21. HYPOMANIA(100)/
MANIA(130)

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
DEFINITE PRIMARY
DEPRESSION

22. HYPOMANIA(100)/
MANIA(130)

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
PROBABLE SECONDARY
DEPRESSION

23. HYPOMANIA(100)/
MANIA(130)

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
PROBABLE PRIMARY
DEPRESSION

It consists of a total number of 45 digits, based on 34 codes included in 23 variables organised into 12 decision clusters, yielding 4 diagnoses.

It is based on Feighner, Robins, Guze, Woodruff, Winokur and Munoz's paper published in the *Archives of General Psychiatry* in 1972, in which depression is divided into definite primary depression, probable primary depression, definite secondary depression and probable secondary depression. In revised CODE-DD the depressive syndrome is characterised by anxious mood (depressed mood, dysphoria, feeling of hopelessness, irritability or pessimistic outlook) of acceptable duration with decreased appetite (weight loss), hypersomnia (insomnia), asthenia (lack of drive, or loss of vitality), agitation (motor retardation or motor restlessness), apathetic indifference (decreased sex drive, or lack of interest), feeling of guilt (self-incrimination), disturbance of concentration (retarded thinking) and desire to die (loss of desire to live, suicidal tendencies or recurrent thoughts of death). The signal difference between primary and secondary depressions is the presence, in case of secondary depression, of non-affective psychotic illness or medical illness in temporal connection with the depressive syndrome; and between definite or probable depressions is the presence in case of definite depression of at least 1 more symptom.

FEIGHNER JP, ROBINS E, GUZE, SB, WOODRUFF RA, WINOKUR G, MUNOZ R
 (1972) DIAGNOSTIC CRITERIA FOR USE IN PSYCHIATRIC RESEARCH. ARCH
 GEN PSYCHIAT 26: 57-63

Robins E, Guze SB (1972) Classification of affective disorders: the primary-secondary, endogenous-reactive and the neurotic-psychotic concepts. In: TA Katz, J Shield (eds) Recent Advances in Psychobiology of the Depressive Illnesses. Washington: US Government Printing Office

Dysphoric mood characterized by symptoms, such as depressed, sad, blue, despondent, hopeless down in the dumps, irritable fearful, worried or discouraged = ANXIOUS MOOD/

DYSPHORIA/
 DEPRESSED MOOD/
 FEELING OF HOPELESSNESS/
 IRRITABILITY/
 PESSIMISTIC OUTLOOK

MANIC/HYPOMANIC EPISODE IN PAST (CODE-DD)

Poor appetite or weight loss = DECREASED APPETITE/
 WEIGHT LOSS

Sleep difficulty (insomnia or hypersomnia) = HYPERSOMNIA/
 INSOMNIA

Loss of energy = ASTHENIA/
 FEELING OF LOSS OF VITALITY/
 LACK OF DRIVE

Agitation or retardation = AGITATION/
 MOTOR RETARDATION/
 MOTOR RESTLESSNESS

Loss of interest in usual activities,
 or decrease in sexual drive = DECREASED SEX DRIVE/
 LACK OF INTEREST

Feelings of self-reproach or guilt = FEELINGS OF GUILT/
 SELF-INCRIMINATION

Complaints of or actually diminished ability to think or concentrate =
 DISTURBANCE OF CONCENTRATION/
 RETARDED THINKING

Recurrent thoughts of death or suicide including thoughts of wishing to be dead =
DESIRE TO DIE/
LOSS OF DESIRE TO LIVE/
RECURRENT THOUGHTS OF DEATH/
SUICIDAL TENDENCIES

A psychiatric disease lasting at least one month = ACCEPTABLE DURATION

Pre-existing non-affective psychiatric illness which may or may not be present =
NON-AFFECTIVE PSYCHOTIC ILLNESS
DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH NON-AFFECTIVE
PSYCHOTIC ILLNESS

Life-threatening or incapacitating medical illness which precedes and parallels the symptoms
of depression = MEDICAL ILLNESS
DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH
MEDICAL ILLNESS

ST. LOUIS DIAGNOSTIC CRITERIA OF DEPRESSION FOR USE IN RESEARCH

DEFINITE SECONDARY DEPRESSION
DEFINITE PRIMARY DEPRESSION
PROBABLE SECONDARY DEPRESSION
PROBABLE PRIMARY DEPRESSION