

## PAUL KIELHOLZ'S CLASSIFICATION OF DEPRESSION

1. HYPOCHONDRIASIS/  
SOMATIC SYMPTOMS/  
VEGETATIVE MANIFESTATIONS
2. ANXIETY/  
ANXIOUS MOOD
3. DEPRESSED MOOD/  
DYSPHORIA
4. LACK OF DRIVE/  
MOTOR RETARDATION/  
STUPOR
5. LOSS OF DESIRE TO LIVE/  
SUICIDAL TENDENCIES

At least 3 of 5 present, proceed to 6  
Less than 3 of 5 present, stop

Possible Somatogenic Depression  
PSYCHIATRIC DISORDER

6. MEDICAL ILLNESS
7. DEPRESSIVE SYNDROME IN TEMPORAL  
CONNECTION WITH MEDICAL ILLNESS

Both present, proceed to 8  
Less than 2 present, proceed to 9

Probable Somatogenic Depression  
Possible Psychogenic Reactive  
Depression

8. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
SOMATOGENIC DEPRESSION

9. PRECIPITATING FACTOR
10. DEPRESSIVE SYNDROME IN TEMPORAL  
CONNECTION WITH PRECIPITATING FACTOR

Both present, proceed to 11  
Less than 2 present, proceed to 12

Probable Psychogenic Reactive  
Depression  
Possible Psychogenic Neurotic  
Depression

11. MANIA/  
HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER

Absent, stop	PSYCHOGENIC.REACTIVE DEPRESSION
12. EARLY INSOMNIA/ HYPERSOMNIA 13. EXCESSIVE APPETITE	
Both present, proceed to 14	Probable Psychogenic Neurotic Depression
Less than 2 present, proceed to 15	Possible Endogenous Depression
14. MANIA/ HYPOMANIA	
Present, stop Absent, stop	PSYCHIATRIC DISORDER PSYCHOGENIC NEUROTIC DEPRESSION
15. FIRST EPISODE	
Present, proceed to 16 Absent, proceed to 17	Probable Endogenous Depression Probable Endogenous Periodic Depression
16. MANIA/ HYPOMANIA	
Present, stop Absent, stop	PSYCHIATRIC DISORDER ENDOGENOUS DEPRESSION
17. MANIA/ HYPOMANIA	
Present, stop Absent, stop	PSYCHIATRIC DISORDER ENDOGENOUS.PERIODIC DEPRESSION

It consists of a total number of 25 digits, based on 21 codes included in 17 variables organised into 10 decision clusters, yielding 4 diagnoses.

It is based on Paul Kielholz's paper on "Diagnostic aspects in the treatment of depression," published in his book on *Depressive Illness* in 1972, in which depression is divided into somatogenic depression, psychogenic reactive depression, psychogenic neurotic depression, endogenous depression and endogenous periodic depression. In revised CODE-DD the depressive syndrome is characterised by hypochondriasis (somatic symptoms, or vegetative manifestations), anxiety (anxious mood), depressed mood (dysphoria), lack of drive (motor retardation, or stupor) and loss of desire to live (suicidal tendencies); endogenous depression

by the depressive syndrome in the presence of first episode; periodic depression by the depressive syndrome in the absence of first episode; psychogenic neurotic depression by the depressive syndrome in the presence of early insomnia (hypersomnia) and excessive appetite; psychogenic reactive depression by the depressive syndrome in temporal connection with precipitating factor; and somatogenic depression by the depressive syndrome in temporal connection with medical illness.

KIELHOLZ P (1972) DIAGNOSTIC ASPECTS IN THE TREATMENT OF DEPRESSION. IN P KIELHOLZ (ED) DEPRESSIVE ILLNESS. HANS HUBERT PUBLISHERS, BERN pp. 11-12

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SOMATOGENIC DEPRESSION

PSYCHOGENIC REACTIVE DEPRESSION

PSYCHOGENIC NEUROTIC DEPRESSION

ENDOGENOUS DEPRESSION

ENDOGENOUS PERIODIC DEPRESSION