

EUGENE PAYKEL'S CLASSIFICATION OF DEPRESSION

1. DEPRESSED MOOD
2. FEELINGS OF GUILT/
FEELING OF INADEQUACY
3. FEELING OF HOPELESSNESS
4. FEELING OF HELPLESSNESS
5. APATHETIC INDIFFERENCE/
IMPAIRMENT OF ADAPTATION AT HOME/
IMPAIRMENT OF ADAPTATION AT WORK/
IMPAIRMENT OF SOCIAL ADAPTATION/
LACK OF INTEREST
6. ANXIETY/
ANXIOUS MOOD
7. LACK OF INSIGHT
8. UNMOTIVATED DEPRESSED MOOD
9. SOMATIC SYMPTOMS/
VEGETATIVE MANIFESTATIONS
10. DECREASED APPETITE
11. HYPOCHONDRIASIS
12. DELUSIONS/
SUSPICIOUSNESS
13. LATE INSOMNIA
14. MOTOR RETARDATION/
RETARDED THINKING/
STUPOR
15. AGITATION/
MOTOR RESTLESSNESS
16. HOSTILITY

At least 8 of 16 present, proceed to 17
Less than 8 of 16 present, proceed to 18

Probable Psychotic (Group 4A) Depression
Possible Anxious (Group 4B) Depression

17. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
PSYCHOTIC (GROUP 4A) DEPRESSION

18. DEPRESSED MOOD
19. SUICIDAL TENDENCIES
20. FEELING OF HELPLESSNESS
21. APATHETIC INDIFFERENCE/

IMPAIRMENT OF ADAPTATION AT HOME/
 IMPARMENT OF ADAPTATION AT WORK/
 IMPAIRMENT OF SOCIAL ADAPTATION/
 LACK OF INTEREST

- 22. ASTHENIA
- 23. ANXIETY/
ANXIOUS MOOD
- 24. SOMATIC SYMPTOMS/
VEGETATIVE MANIFESTATIONS
- 25. DIURNAL VARIATION
- 26. DEPERSONALISATION
- 27. OBSESSIVE THOUGHTS
- 28. SELF-PITY

At least 5 of 11 present, proceed to 29
 Less than 5 of 11 present, proceed to 30

Probable Anxious (Group 4B) Depression
 Possible Hostile (Group 4C) Depression

- 29. MANIA/
HYPOMANIA

Present, stop
 Absent, stop

PSYCHIATRIC DISORDER
 ANXIOUS (GROUP 4B) DEPRESSION

- 30. DEPRESSED MOOD
- 31. SUICIDAL TENDENCIES
- 32. APATHETIC INDIFFERENCE/
 IMPARMENT OF ADAPTATION AT HOME/
 IMPAIRMENT OF ADAPTATION AT WORK/
 IMPAIRMENT OF SOCIAL ADAPTATION/
 LACK OF INTEREST
- 33. ASTHENIA
- 34. EARLY INSOMNIA
- 35. MIDDLE INSOMNIA

At least 3 of 6 present, proceed to 36
 Less than 3 of 6 present, proceed to 37
 Personality Disorder

Probable Hostile (Group 4C) Depression
 Possible Young (Group 4D) Depressive with

- 36. MANIA/
HYPOMANIA

Present, stop
 Absent, stop

PSYCHIATRIC DISORDER
 HOSTILE (GROUP 4C) DEPRESSION

37. DEPRESSED MOOD
 38. REACTIVE MOOD CHANGES
 39. SUICIDAL TENDENCIES
 40. IRRITABILITY

At least 2 of 4 present, proceed to 41	Possible Young (Group 4D) Depressive with Personality Disorder
Less than 2 of 4 present, stop	PSYCHIATRIC DISORDER

41. EARLY ONSET

Present, proceed to 42	Probable Young (Group 4D) Depressive with Personality Disorder
Absent, stop	PSYCHIATRIC DISORDER

42. MANIA/
 HYPOMANIA

Present, stop	PSYCHIATRIC DISORDER
Absent, stop	YOUNG (GROUP 4D) DEPRESSIVE WITH PERSONALITY DISORDER

It consists of a total number of 67 digits, based on 40 codes included in 42 variables organised into 9 decision clusters, yielding 4 diagnoses.

It is based on Eugene Paykel's report, "Classification of Depressed Patients: A Cluster Analysis Derived Grouping," published in the *British Journal of Psychiatry* in 1971 in which -- with the employment of cluster analysis -- depressed patients are divided into 4 groups: psychotic (Group A) depression, anxious (Group B) depression, hostile (Group C) depression and young (Group D) depression with personality disorder. In revised CODE-DD psychotic (Group A) depression is characterised by depressed mood, feeling of guilt (feeling of inadequacy), feeling of hopelessness, feeling of helplessness, apathetic indifference (impairment of adaptation at home, impairment of adaptation at work, impairment of social adaptation, or lack of interest), anxiety (anxious mood), lack of insight, unmotivated depressed mood, somatic symptoms (vegetative manifestations), decreased appetite, hypochondriasis, delusions (suspiciousness), late insomnia, motor retardation (retarded thinking, or stupor), agitation (motor restlessness) and hostility; anxious (Group B) depression by depressed mood, suicidal tendencies and feeling of helplessness, apathetic indifference (impairment of adaptation at home, impairment of adaptation at work, impairment of social adaptation, or lack of interest), asthenia, anxiety (anxious mood), somatic symptoms (vegetative manifestations), diurnal variation, depersonalisation, obsessive thoughts and self pity; hostile (Group C) depression by depressed mood, suicidal tendencies, apathetic indifference (impairment of adaptation at home, impairment of adaptation at work, impairment of social adaptation, or lack of interest), asthenia, early insomnia and middle insomnia; and young (Group D) depression with personality disorder by depressed mood, reactive mood changes, suicidal

tendencies and irritability with early onset.

PAYKEL ES (1971) CLASSIFICATION OF DEPRESSED PATIENTS: A CLUSTER ANALYSIS DERIVED GROUPING. BRIT J PSYCHIAT 118: 275-288

EUGENE PAYKEL'S CLASSIFICATION OF DEPRESSION

PSYCHOTIC (GROUP 4A) DEPRESSION

ANXIOUS (GROUP 4B) DEPRESSION

HOSTILE (GROUP 4C) DEPRESSION

YOUNG (GROUP 4D) DEPRESSIVE WITH PERSONALITY DISORDER