# EY, BERNARD AND BRISSET'S CLASSIFICATION OF DEPRESSION

1. DEPRESSED MOOD/ UNMOTIVATED DEPRESSED MOOD

2. FEELINGS OF GUILT/ FEELING OF HOPELESSNESS/ FEELING OF INADEQUACY/ SELF-INCRIMINATION/ SELF-PITY

3. ABULIA/ MOTOR RETARDATION/ RETARDED THINKING

At least 2 of 3 present, proceed to 4 Less than 2 of 3 present, proceed to 18 Possible Stuporous Melancholia Possible Neurotic Depression

- 4. MEDICAL ILLNESS
- 5. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH MEDICAL ILLNESS

Less than 2 present, proceed to 6 Both present, proceed to 66

Possible Stuporous Melancholia Possible Symptomatic Depression

- 6. SUBSTANCE USE
- 7. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH SUBSTANCE USE

Less than 2 present, proceed to 8 Both present, proceed to 66

Possible Stuporous Melancholia Possible Symptomatic Depression

- 8. NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS 9. DEPRESSIVE SYNDROME IN
  - TEMPORAL CONNECTION WITH NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS

Less than 2 present, proceed to 10 Both present, proceed to 66

Possible Stuporous Melancholia Possible Symptomatic Depression

10. STUPOR

Present, proceed to 11 Absent, proceed to 12

Probable Stuporous Melancolia Possible Delusional Melancholia 11. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER
Absent, stop STUPOROUS MELANCHOLIA

12. DELUSIONS/ HALLUCINATIONS

Present, proceed to 13

Absent, proceed to 15

Possible Delusional Melancholia

Possible Anxious Melancholia

13. MOOD-CONGRUENT PSYCHOTIC SYMPTOMS

Present, proceed to 14 Probable Delusional Melancholia Absent, stop PSYCHIATRIC DISORDER

14. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER
Absent, stop DELUSIONAL MELANCHOLIA

15. AGITATION/
ANXIETY/
ANXIOUS MOOD/
MOTOR RESTLESSNESS

Present, proceed to 16 Probable Anxious Melancholia
Absent, proceed to 17 Probable Simple Melancholia

16. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER
Absent, stop ANXIOUS MELANCHOLIA

17. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER
Absent, stop SIMPLE MELANCHOLIA

18. DEPRESSED MOOD

19. REACTIVE MOOD CHANGES

20. WORSE IN THE EVENING

21. FEELING OF INADEQUACY

22. ANGUISH/ ANXIETY/ ANXIOUS MOOD

At least 2 of 5 present, proceed to 23

Possible Neurotic Depression

Less than 2 of 5 present, proceed to 39

Possible Depressive Psychopathy

23. PRECIPITATING FACTOR

24. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH PRECIPITATING FACTOR

Both present, proceed to 25 Less than 2 present, proceed to 32 Possible Reactive Depression Possible Neurotic Depression

25. MEDICAL ILLNESS

26. DEPRESSIVE ILLNESS IN TEMPORAL CONNECTION WITH MEDICAL ILLNESS

Less than 2 present, proceed to 27 Both present, proceed to 66

Possible Reactive Depression Possible Symptomatic Depression

27. SUBSTANCE USE

28. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH SUBSTANCE USE

Less than 2 present, proceed to 29 Both present, proceed to 66

Possible Reactive Depression Possible Symptomatic Depression

29. NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS

30. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS

Less than 2 present, proceed to 31 Both present, proceed to 66

Probable Reactive Depression Possible Symptomatic Depression

31. MANIA/ HYPOMANIA

Present, stop Absent, stop

PSYCHIATRIC DISORDER REACTIVE DEPRESSION

32. MEDICAL ILLNESS

33. DEPRESSIVE SYNDROME IN TEMPORAL

## CONNECTION WITH MEDICAL ILLNESS

Less than 2 present, proceed to 34 Both present, proceed to 66

Possible Neurotic Depression Possible Symptomatic Depression

34. SUBSTANCE USE

35. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH SUBSTANCE USE

Less than 2 present, proceed to 38 Both present, proceed to 66

Possible Neurotic Depression Possible Symptomatic Depression

36. NON-AFFECTIVE PSYCHOTIC
PSYCHIATRIC ILLNESS
37. DEPRESSIVE SYNDROME IN
TEMPORAL CONNECTION WITH
NON-AFFECTIVE PSYCHOTIC
PSYCHIATRIC ILLNESS

Less than 2 present, proceed to 38 Both present, proceed to 66

Probable Neurotic Depression Possible Symptomatic Depression

38. MANIA/ HYPOMANIA

Present, stop Absent, stop PSYCHIATRIC DISORDER NEUROTIC DEPRESSION

39. PROLONGED DURATION

Present, proceed to 40 Absent, stop

Possible Depressive Psychopathy PSYCHIATRIC DISORDER

- 40. IMPAIRMENT OF SOCIAL ADAPTATION IN PAST
- 41. DISPLEASURE
- 42. HOSTILITY/ IRRITABILITY
- 43. COMPLAINTIVENESS/ SELF-PITY
- 44. HYPOCHONDRIASIS

At least 2 of 5 present, proceed to 45 Less than 2 of 5 proceed to 52 Possible Depressive Psychopathy Possible Neurasthenia

- 45. MEDICAL ILLNESS
- 46. DEPRESSIVE SYNDROME IN TEMPORAL

#### CONNECTION WITH MEDICAL ILLNESS

Less than 2 present, proceed to 47 Both present, proceed to 66

Possible Depressive Psychopathy Possible Symptomatic Depression

47. SUBSTANCE USE

48. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH SUBSTANCE USE

Less than 2 present, proceed to 49 Both present, proceed to 66

Possible Depressive Psychopathy Possible Symptomatic Depression

49. NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS

50. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS

Less than 2 present, proceed to 51 Both present, proceed to 66

Probable Depressive Psychopathy Possible Symptomatic Depression

51. MANIA/ HYPOMANIA

Present, stop Absent, stop PSYCHIATRIC DISORDER DEPRESSIVE PSYCHOPATHY

52. ASTHENIA/

FEELING OF LOSS OF VITALITY

Present, proceed to 53 Absent, stop

Possible Neurasthenia PSYCHIATRIC DISORDER

53. IMPAIRMENT OF ADAPTATION AT HOME/ IMPAIRMENT OF ADAPTATION AT WORK/ IMPAIRMENT OF SOCIAL ADAPTATION

- 54. LACK OF DRIVE
- 55. DEPRESSED MOOD
- 56. RETARDED THINKING
- 57. FEELING OF HOPELESSNESS/ PESSIMISTIC OUTLOOK
- 58. SOMATIC SYMPTOMS/ VEGETATIVE MANIFESTATIONS

At least 3 of 6 present, proceed to 59

Possible Neurasthenia

Less than 3 of 6 present, stop

PSYCHIATRIC DISORDER

## 59. MEDICAL ILLNESS

# 60. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH MEDICAL ILLNESS

Less than 2 present, proceed to 61 Possible Neurasthenia

Both present, proceed to 66 Possible Symptomatic Depression

61. SUBSTANCE USE

62. DEPRESSIVE SYNDROME IN

TEMPORAL CONNECTION WITH

SUBSTANCE USE

Less than 2 present, proceed to 63 Possible Neurasthenia

Both present, proceed to 66 Possible Symptomatic Depression

63. NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS

64. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH NON-AFFECTIVE PSYCHOTIC PSYCHIATRIC ILLNESS

Less than 2 present, proceed to 65 Probable Neurasthenia

Both present, proceed to 66 Possible Symptomatic Depression

65. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER

Absent, stop NEURASTHENIA

66. DEPRESSED MOOD

Present, proceed to 67 Probable Symptomatic Depression Absent, stop PSYCHIATRIC DISORDER

67. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER
Absent, stop SYMPTOMATIC DEPRESSION

It consists of a total number of 96 digits, based on 47 codes included in 67 variables organised into 36 decision clusters, yielding 9 diagnoses.

It is based on Ey, Bernard and Brisset's *Manuel De Psychiatrie*, published in 1960 in which depressive disorders are divided into melancholia, neurotic depression, reactive depression,

symptomatic depression, depressive psychopathy and neurasthenia, and melancholia is subdivided into stuporous melancholia, delusional melancholia, anxious melancholia and simple melancholia. In revised CODE-DD simple melancholia is characterised by depressed mood (unmotivated depressed mood), feeling of guilt (feeling of hopelessness, feeling of inadequacy, self-incrimination, or self-pity) and abulia (motor retardation or retarded thinking); stuporous melancholia by depressed mood (unmotivated depressed mood), feeling of guilt (feeling of hopelessness, feeling of inadequacy, self-incrimination, or self-pity) and abulia (motor retardation or retarded thinking) with stupor; delusional melancholia by depressed mood (unmotivated depressed mood), feeling of guilt (feeling of hopelessness, feeling of inadequacy, self-incrimination, or self-pity) and abulia (motor retardation or retarded thinking) with delusions (hallucinations); anxious melancholia by depressed mood (unmotivated depressed mood), feeling of guilt (feeling of hopelessness, feeling of inadequacy, self-incrimination, or self-pity) and abulia (motor retardation or retarded thinking) with agitation (anxiety, anxious mood, or motor restlessness); neurotic depression by depressed mood with reactive mood changes, worse in the evening, feeling of inadequacy and anguish (anxiety, anxious mood); reactive depression by depressed mood in temporal connection with precipitating factor, with reactive mood changes, worse in the evening, feeling of inadequacy and anguish (anxiety, or anxious mood); depressive psychopathy by depressed mood, which is of prolonged duration, with impairment of social adaptation in past, displeasure, hostility (irritability), complaintiveness (self-pity) and hypochondriasis; neurasthenia by asthenia (feeling of loss of vitality) with impairment of adaptation at home (impairment of adaptation at work, or impairment of social adaptation), lack of drive, depressed mood, retarded thinking, feeling of hopelessness (pessimistic outlook) and somatic symptoms (vegetative manifestations); and symptomatic depression by depressed mood in temporal connection with medical illness, substance use, or non-affective psychotic illness.

EY H, BERNARD P, BRISSET CH (1960) MANUEL DE PSYCHIATRIE. MASSON ET C, EDITEURS: PARIS, FRANCE

EY, BERNARD AND BRISSET'S CLASSIFICATION OF DEPRESSION

STUPOROUS MELANCHOLIA
DELUSIONAL MELANCHOLIA
ANXIOUS MELANCHOLIA
SIMPLE MELANCHOLIA
REACTIVE DEPRESSION
NEUROTIC DEPRESSION
DEPRESSIVE PSYCHOPATHY
NEURASTHENIA
SYMPTOMATIC DEPRESSION