

WEST AND DALLY'S CRITERIA OF ATYPICAL DEPRESSION

1. ANXIOUS MOOD/
DEPRESSED MOOD
2. ANXIETY/
PHOBIAS
3. EARLY INSOMNIA
4. SOMATIC SYMPTOMS

All 4 present, proceed to 5
Less than 4 present, stop

Probable Atypical Depression
PSYCHIATRIC DISORDER

5. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
ATYPICAL DEPRESSION

It consists of a total number of 8 digits, based on 8 codes included in 5 variables organized into 2 decision clusters, yielding 1 diagnosis.

It is based on West and Dally's paper on "The effects of iproniazid in depressive syndromes," published in the *British Medical Journal* in 1959, in which atypical depression is defined. In revised CODE-DD it is characterized by anxious mood (depressed mood), anxiety (phobias), early insomnia, and somatic symptoms.

WEST ED, DALLY PJ (1959) EFFECTS OF IPRONIAZID IN DEPRESSIVE SYNDROMES. BRIT MED JOURNAL 1: 1491-1494

WEST AND DALLY'S CRITERIA OF ATYPICAL DEPRESSION

ATYPICAL DEPRESSION