

DSM-I CLASSIFICATION OF DEPRESSIVE REACTIONS

1. DEPRESSED MOOD

| | |
|-----------------------|---|
| Present, proceed to 2 | Possible Involutional Psychotic Reaction Depressed Type |
| Absent, stop | PSYCHIATRIC DISORDER |

2. FIRST EPISODE

3. LATE ONSET

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|------------------------------------|---|
| Both present, proceed to 4 | Possible Involutional Psychotic Reaction Depressed Type |
| Less than 2 present, proceed to 10 | Possible Psychotic Depressive Reaction |

4. ANXIETY

5. INSOMNIA

6. DELUSIONS/ FEELINGS OF GUILT/ FEELINGS OF IMPOVERISHMENT SELF-INCRIMINATION

7. AGITATION/ MOTOR RESTLESSNESS

8. HYPOCHONDRIASIS

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|--|---|
| At least 2 of 5 present, proceed to 9 | Probable Involutional Psychotic Reaction Depressed Type |
| Less than 2 of 5 present, proceed to 10 | Possible Psychotic Depressive Reaction |

9. MANIA/ HYPOMANIA

| | |
|---------------|---|
| Present, stop | PSYCHIATRIC DISORDER |
| Absent, stop | INVOLUTIONAL PSYCHOTIC REACTION DEPRESSED TYPE |

10. PRECIPITATING FACTOR

11. DEPRESSIVE SYNDROME IN TEMPORAL CONNECTION WITH PRECIPITATING FACTOR

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|--|---|
| Both present, proceed to 12 | Possible Psychotic Depressive Reaction |
| Less than 2 present, proceed to 22 | Possible Psychoneurotic Depressive Reaction |
| 12. DEPRESSIVE EVALUATIONS | |
| 13. DELUSIONS/ HALLUCINATIONS | |
| 14. MOTOR RETARDATION/ STUPOR | |
| 15. RETARDED THINKING | |
| 16. AGITATION/ MOTOR RESTLESSNESS | |
| 17. IMPAIRMENT OF ADAPTATION AT WORK/ IMPAIRMENT OF SOCIAL ADAPTATION | |
| At least 2 of 6 present, proceed to 18 | Probable Psychotic Depressive Reaction |
| Less than 2 of 6 present, proceed to 19 | Possible Psychoneurotic Depressive Reaction, Depressed Type |
| 18. MANIA/ HYPOMANIA | |
| Present, stop | PSYCHIATRIC DISORDER |
| Absent, stop | PSYCHOTIC DEPRESSIVE REACTION |
| 19. DELUSIONS/ HALLUCINATIONS | |
| Absent, proceed to 20 | Possible Psychoneurotic Depressive Reaction |
| Present, proceed to 22 | Possible Manic Depressive Reaction Depressed Type |
| 20. ANXIETY/ FEELINGS OF GUILT/ FEELING OF INADEQUACY/ FEELING OF WORTHLESSNESS | |
| Present, proceed to 21 | Probable Psychoneurotic Depressive Reaction |
| Absent, proceed to 22 | Possible Manic Depressive Reaction, Depressed |

21. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
PSYCHONEUROTIC DEPRESSIVE
REACTION

22. AGITATION/
ANXIETY/
DEPRESSIVE EVALUATIONS/
MOTOR RESTLESSNESS/
MOTOR RETARDATION/
PERPLEXITY/
STUPOR/
UNMOTIVATED DEPRESSED MOOD

Present, proceed to 23
Absent, stop

Probable Manic Depressive
Reaction, Depressed Type
PSYCHIATRIC DISORDER

23. MANIA/
HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
MANIC DEPRESSIVE REACTION
DEPRESSED TYPE

It consists of a total number of 46 digits, based on 27 codes included in 23 variables organized into 12 decision clusters, yielding 4 diagnoses.

It is based on the *Diagnostic and Statistical Manual of Mental Disorders* of the American Psychiatric Association published in 1952 in which depressive disorders are divided into involuntal psychotic reaction depressed type, psychotic depressive reaction, psychoneurotic depressive reaction, and manic-depressive psychosis, depressed type. In revised CODE-DD involuntal psychotic reaction depressed type is characterized by depressed mood which is of late onset, with anxiety, insomnia, delusions (feeling of guilt, feeling of impoverishment, or self-incrimination), agitation (motor restlessness) and hypochondriasis; psychotic depressive reaction by depressed mood which is in temporal connection with precipitating factor, with depressive evaluations, delusions (hallucinations), motor retardation (stupor), retarded thinking, agitation (motor restlessness) and impairment of adaptation at work (impairment of social adaptation); psychoneurotic depressive reaction by depressed mood with temporal connection with precipitating factor, with anxiety (feeling of guilt, feeling of inadequacy, or feeling of worthlessness); manic-depressive reaction depressed type by depressed mood with agitation (anxiety, depressive evaluations, motor restlessness, motor retardation, perplexity, stupor, or unmotivated depressed mood).

AMERICAN PSYCHIATRIC ASSOCIATION (1952) DIAGNOSTIC AND STATISTICAL
MANUAL OF MENTAL DISORDERS (DSM-I). AMERICAN PSYCHIATRIC
ASSOCIATION, WASHINGTON, pp. 24-34

DSM-I CLASSIFICATION OF DEPRESSIVE REACTIONS

INVOLUTIONAL PSYCHOTIC REACTION DEPRESSED TYPE

PSYCHOTIC DEPRESSIVE REACTION

PSYCHONEUROTIC DEPRESSIVE REACTION

MANIC DEPRESSIVE REACTION DEPRESSED TYPE